



Maria del Carmen Trapp, PhD earned Doctor of Philosophy in Counseling Psychology from the University of Oklahoma. Board certified by the Oklahoma Board of Examiner of Psychologists, Dr. Trapp joined the Department of Psychiatry and Behavioral Sciences as an Assistant Professor in March 2018. She has worked in clinical practice in a variety of settings for many years. She has continuously worked for women, children, families and those who are under served groups of our community. She is published in the areas of depression and patterns of change. She has taught at the university level for several years both with undergraduate and graduate students. Dr. Trapp was a featured contributor on News Channel 4 every Monday on the 4:30 news from 2003-2007 and continues to appear as an expert in issues relating to psychology and families. She has served as president of the Oklahoma Psychological Association and in various other leadership roles in that organization. Dr. Trapp endeavors to continue her work with individuals who are seeking greater balance in their lives and to build and promote positive skills to achieve that. She hopes to begin actively participating in research as well as engaging in the training of Psychiatry and Psychology interns, residents, and fellows.