



Kendi L. Hensel, DO, PhD, FAAO earned her Doctor of Osteopathic Medicine degree from the Oklahoma State University College of Osteopathic Medicine in Tulsa, Oklahoma in 1998. After completing her combined residency in family practice and neuromusculoskeletal medicine/osteopathic manipulative medicine from the University of New England College of Osteopathic Medicine in Biddeford, Maine, she became board certified in NMM/OMM and family practice. After achieving board certification in both specialties, she returned to her native Texas in 2004 to join the faculty of the Texas College of Osteopathic Medicine at the University of North Texas Health Science Center in Fort Worth. She is director of the NMM/OMM residency, and is a NIH-funded researcher and treatment provider on several clinical research studies on the efficacy and mechanism of action of OMM. Dr. Hensel wasn't finished with school. In 2009, she was awarded her PhD in OMM Clinical Research and Education from the University of North Texas Health Science Center and in 2018, she became a Fellow of the American Academy of Osteopathy. Dr. Hensel currently serves as president of the American Academy of Osteopathy.