### When the DEA calls....

LIFE IS ABOUT TO GET VERY INTERESTING



#### DRUG ENFORCEMENT ADMINISTRATION UNITED STATES DEPARTMENT OF JUSTICE OKLAHOMA CITY DISTRICT OFFICE

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### History of an impaired physician

- Physician burnout practice, family stressors
- Anesthesia, Emergency Medicine, Psychiatry, Family Practice
- Self medication for pain management
- Recreational use
- Avoiding the withdrawal symptoms
- Physician access
- Conspiracy of Silence
- Alcohol is legal

## SIGNS OF AN IMPAIRED PHYSICAIN

Withdrawal from social settings Decreased work performance Frequent absences Disruptive behavior Excessive sweating Patient/staff complaints Mood swings

#### STATISTICS

2009 Mayo clinic study physicians in a recovery program

one in ten physicians 50% misused alcohol 36% abused opioids

### Treatment for the impaired physician

- 1. 12 step programs
- 2. Residential treatment centers
- 3. Confidential Health professional's programs
- 4. Alcohol vs drugs legal or illegal

Health professionals' program

- 1. History
- 2. Evaluation by Independent Consultants
- 3. Reporting to the Medical Board?
- 4. Case by case basis
- 5. Mandatory weekly meetings
- 6. Random drug testing
- 5. DEA/OBN

Prognosis

75-90 % abstinence

much higher than general population need to keep licensed

# IT DOES NOT HAVE TO BE THE END OF THE WORLD

Don't wait till you are caught

DUI

Impairment on the job

DEA/OBN