ACTIVE SHOOTER!

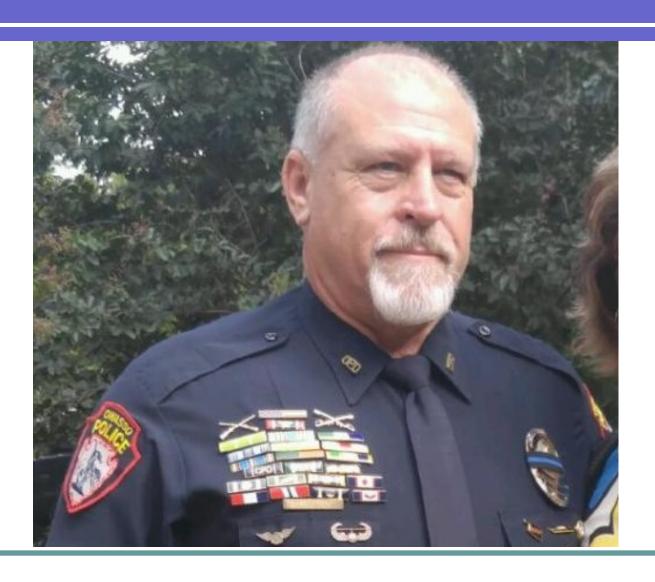
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20 years SOT Team, SOT Instructor

25 years training Law Enforcement, Private Security and Civilians

ACTIVE SHOOTER!



ACTIVE SHOOTER!

- This class is for adults who want to understand how to protect themselves and the people around them!
- There is graphic discussion and graphic content that may upset you and your senses, BE AWARE!
- If you are easily offended, DON'T TAKE THIS CLASS!

Active Shooter!

Objectives:

1. Recognize an Active Shooter (Attacker)
 Situation

2. Formulate a PLAN

3. Deal with the aftermath

- Who is it?
- What's happening, what's that noise?
- Where is it happening?
- When will it end?
- Why is it happening to ME?

• Who is it?

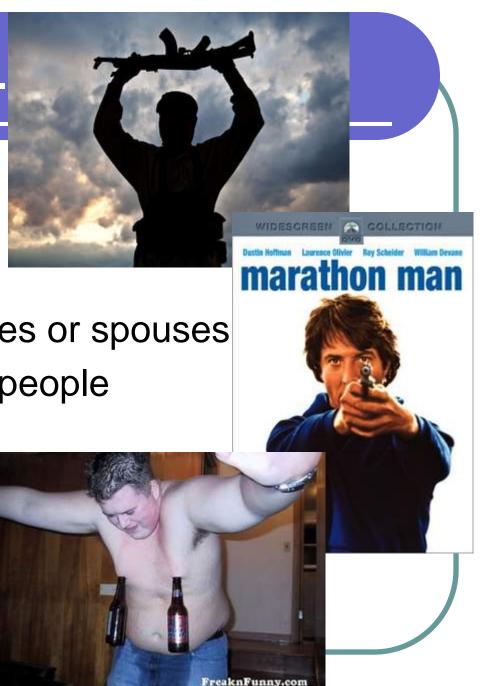
Terrorists

Angry ex-employees or spouses

Mentally unstable people

Drug abusers





• What's happening?



- Someone is attacking your friends, your FAMILY, the people around you!
- They may have guns, knives, clubs, bombs, etc.
- People are bleeding, broken, and dying!





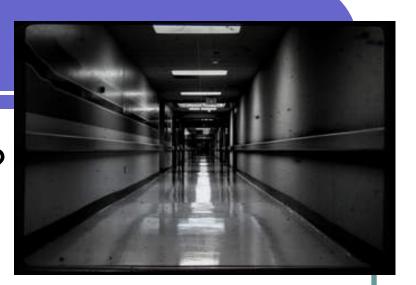
- What is that noise?
 - You may hear noises similar to. . .
 - Fire crackers
 - Cars backfiring
 - Books being slammed on a desk or floor.
 - People will be screaming and running.
 - Wounded people moaning, crying, begging for help.

• Where is it happening?



- In that room?
- In this parking lot?







• When will it end?



- When the attacker runs out of ammo or gets too tired to continue the attack.
- When the attacker kills everyone he's after.
- When the attacker kills themselves.
- When someone kills or captures the attacker.

- Why is it happening to me?
 There is no good answer to this question.
 - We have to accept the fact the there are evil people and evil drugs in our society.



If any of these things are happening,

DON'T BE COMPLACENT!





HAVE A PLAN!

Have a plan!

If you FAIL to plan,PLAN to fail!

1st step in the PLAN. .

RUN, RUN, RUN, RUN!



All you need to take with you, besides
 people, is your cell phone and your car keys!

Don't wrestle with people!

You can replace everything in your purse, your wallet, your car, your office.

BUT,

YOU CAN'T BE REPLACED!



Where to start planning.



- Know where the exits are!
 - Find more than one exit.
 - Know which way the exit doors open.
 - Know what's outside the door.

Run as fast and as far as you can!

- Be realistic in your "run" plan.
 - How fast can you run?
 - How far can you run?
 - Where will you run?



 Let your family & friends know where you're running to.

- You won't be "missing".
- They will know how you're doing.
- They can get aid to you more quickly.

Don't try to call the Police while you are running!

Get as far away as you can! When you get there, rest a minute, once you have caught your breath, call.

Not being able to get through is a good sign, that means many other people are calling as well. But. . .

Step 1 in your PLAN,

RUN!

- As far and as fast as you can.
- Take your friends, phone, and keys with you.
- Tell others where you are running to.

2nd step in the PLAN.

 If you can't run, if you're exits are blocked...

HIDE!



- Something you need to know;
 - Concealment:
 - Will hide you from the bad guy but will not protect you from bullets.
 - Cover:
 - Will STOP BULLETS, it will both hide and protect you.

Know the difference and which you're hiding behind!

Lock and barricade the door!

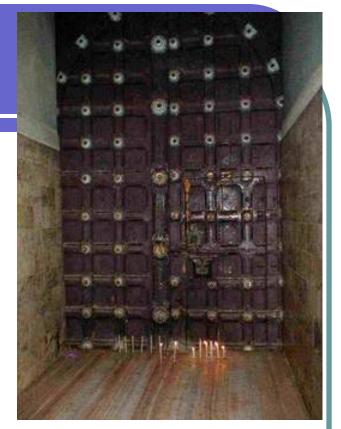
Use anything you can move!

Filing Cabinets

Couches

Chairs

Tables



Hide in an interior closet, a bathroom, etc!

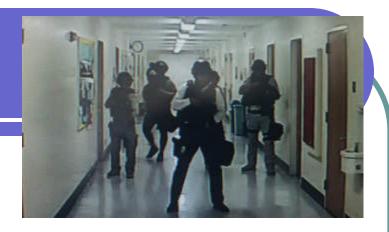
Someplace that will **stop** bullets (COVER)

Turn your cell phone **OFF**!

- Don't make any noise!
 - Take your shoes off if you're on a hard floor.

- Don't move around!
 - Make yourself as comfortable as you can, it may be a long time until law enforcement shows up.

Have a plan! Hide



- When Security or Police arrive, they will announce their arrival.
 - Don't jump up and go running to them!
 - STAY IN PLACE, call 911 and tell the dispatcher where you are and that you hear the officers.
 - FOLLOW THEIR INSTRUCTIONS!

• Did I mention?

It's best to. . .



STAY IN PLACE!

- If you panic and decide to run to the officers.
 (Don't, but if you do, DON'T, but,)
 - Keep your hands up and visible.
 - Keep your fingers open, show your palms.
 - Stand to the side of the passageway.
 - Don't talk to or try to grab the officers.
 - They will knock you down,
 - Push you out of the way,
 - Shove you aside

STAY IN PLACE AND OUT OF THE WAY!



Step #2,

- Lock and barricade the door
- Use COVER, not concealment
- TURN OFF YOUR PHONE, don't make noise.
- Make yourself comfortable
- Stay in place!

• Step 3...

FIGHT!



When you make the decision to fight, this
 IS the biggest decision of your life!



YOUR family's LIVES!

YOUR friend's LIVES!

YOUR LIFE!



Fight to Survive!

- Use <u>anything</u> nearby as a weapon!
 - Anything!
 - GUNS
 - Pencils
 - Letter Openers
 - Coffee Mugs
 - Desk Drawers
 - Fingernail Files

Pens

Knives

Table Legs

Flower Vases

Rulers

Baseball bats

ANYTHING!

It's better to have it and not need it,
 than need it and not have it!

Figure out what weapons you have at your disposal long before you need them!









* WARNING *

Boring cop training to follow!

* WARNING *

THE O.O.D.A. LOOP

- Observe
 - See what's happening.
- Orient
 - Figure out what's happening.
- Decide
 - What to do.
- Act
 - Perform

 If you break the OODA loop. You get a brief pause in the fight.



Take this time to GET AHEAD!!

- Make your first strike the most devastating!
 - Aim for vital parts of the body!
 - Eyes
 - Throat
 - Major Blood Vessels
 - Large Nerve Groups

Remember, DEVASTATING!



Devastate the eyes!

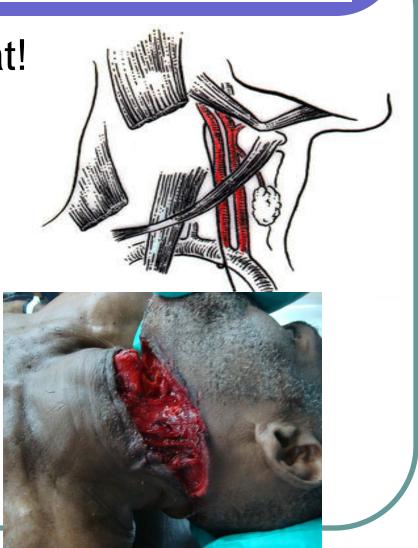




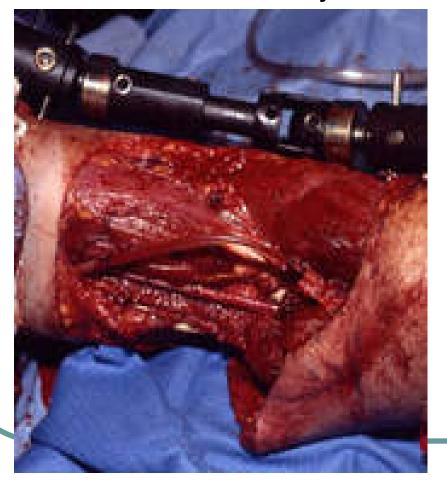
Devastate the throat!

Blood and Air



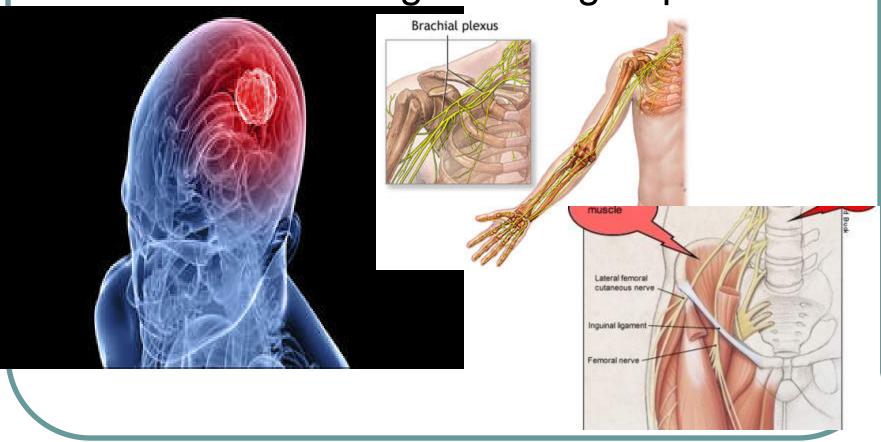


Devastate the major blood vessels!





Devastate the large nerve groups!



 During the fight, understand that you may get hurt, cut, or shot.

- There may be LOTS of blood.
- Lots of pain.
- Lots of noise.

You made the decision to LIVE!

FIGHT to LIVE!

FIGHT to SURVIVE!



- Devastate the bad guy!
 - KILL HIM, don't let him kill you!
- Stay in the fight, no matter how long it takes!
 - Cut, Stab, Hit, Poke, Bite, Beat. . .

Don't give up!

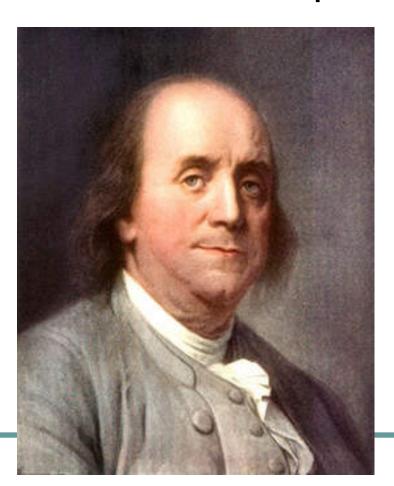


Don't give up!

- Remember, you're not fighting just for you,
 - You're fighting for your family!
 - Children
 - Spouse
 - Mom & Dad
 - You're fighting for your friends!
 - Co-workers
 - Neighbors
 - Card players
 - Church Goers



"Prepare for the worst, hope for the best.



- Three types of people
 - Sheep
 - Go thru life thinking life is green grass and clover
 - Wolves
 - Go thru life killing, eating, stealing, raping, the sheep
 - Sheep Dogs
 - Go thru life being aware and ready to protect the sheep

 Now you have the information to be prepared. . .

- •Prepare!
 - Your family needs you to be there for them!

- Nurse who just took the class.
 - She had thought thru her plan
 - She was mentally prepared.
 - When she couldn't run, she hid.
 - She barricaded the door.
 - She gathered her weapons.

Everyone around her froze and had no idea what to do. Don't be like "them" (sheep)!

Have a plan!

You now have your plan.

RUN, HIDE, FIGHT!

Aftermath

Fix your wounds.

 Fix your family, friends and other wounded.

 Have your support group in place and ready to help.