Oklahoma Health Professionals Program Update 2023

Oklahoma Health Professionals Program [OHPP] Mission

Arrangement for evaluations

Arrangement for treatment

Monitoring of treatment

Advocate for Participants

Professions monitored

- Medical Doctors
- Osteopathic Doctors
- Dentists
- Veterinarians
- Physician Assistants
- Psychologists
- Podiatrists
- Optometrists- pending

Conditions monitored

- Substance Use Disorders
- Alcohol Use Disorders
- Disruptive Behavior
- Sexual Boundary Issues
- Mental Health Disorders

Average Number of Participants Monitored 2022

87

Average Number of MD's Monitored 2022

Oklahoma Health Professionals Success Rate

80%

Early Relapse with Detection and Treatment

Greater than 95%

OHPP Referral Sources

- Hospital CMOs
- Medical Boards
- Attorneys (legal issues)
- Self Referrals (Spouses, Significant Others, Relatives, Colleagues

New Changes 2022

Genotox

DNA based home urine testing

New Changes 2022

Proof Home Based PETH Tests

(Blood Alcohol Tests)

New Changes 2022

Recovery Trek

Monitoring a participant without a diagnosis

Considered inappropriate by FSPHP

• Oklahoma State statues 59 O.S. 698.7 and QAC 775:10-5-26 suggest you need a diagnosis to monitor someone in Oklahoma according to Cori Loomis (health law attorney in Oklahoma)

Participation in OHPP

Must have an evaluation by a board approved Provider

Must undergo treatment by a board approved Provider if recommended

Safe Harbor

Healthcare Providers are more likely to seek help for Substance or Alcohol Use Disorders, Behavioral Issues, or Mental Health Issues if they remain anonymous to their boards

Osteopathic Initial application license questions

- 12. Do you currently, or within the last two years, have any condition or diagnosis for any mental or physical illness that would hinder your ability to practice osteopathic medicine?

 If Yes, give full details on a separate page. Also, please provide a separate letter addressed to each physician, therapist, and/or institution authorizing them to release whatever information this Board may require. This letter will be used to verify your information and obtain records concerning your care and treatment.
- 13. Within the last two years, have you had an interruption in your training or medical practice because of a physical, mental, emotional, or chemical impairment?

If Yes, provide full details, including information concerning your diagnosis and treatment and date of occurrence, treating physician(s), etc., in a separate notarized statement. Furnish a separate letter addressed to each, authorizing them to release whatever information this Board may require, including your medical records.

Osteopathic renewal license application questions

- 7. Do you currently have any mental, physical or emotional condition that may impair your ability to practice osteopathic medicine safely? If you are a participant in the Oklahoma Health Professionals Program ("OHPP"), whether voluntarily or by Board Order, you may respond "No." Please contact the Executive Director of the Board if you have any questions about responding to this question. Yes, or No; if Yes: explain in detail.
- 8. Within the last twelve (12) months, or since your last renewal, have you received, entered, or completed a treatment program for alcohol or substance abuse? If you received, entered, or completed a treatment program as a participant in the Oklahoma Health Professionals Program ("OHPP"), whether voluntarily or by Board Order, you may respond "No." Please contact the Executive Director of the Board if you have any questions about responding to this question. Yes, or No; if Yes: explain in detail.

Breath Alcohol Device Summary

Those that can't keep up with their device have an alternative- to much staff time spent on these participants

Some participants consider the frequent testing in lieu of the breath alcohol device punitive

Breath Alcohol Testing(BAT) policy update 9-19-2022

- Participants with a severe or moderate Alcohol Use Disorder may be placed on a BAT for the first 2 years of their monitoring contract. This would include 3 tests daily the first year and 2 tests daily the second year at OHPP approved times. The participant is allowed to test within 1 hour before or within 1 hour after. If the test is done later than 1 hour after it will be considered late.
- A participant is allowed 3 late or 3 missed tests, separately or combined, in a 90 day period. They will be fined \$150.00 for the first offense, \$300.00 for the second offense, and \$1000.00 for the third offense. A participant's participation in OHPP will be terminated for a forth offense and the board will be notified of the noncompliance issue if the participant is known to the board.
- The only excuses accepted for a late or missed test will be a broken device or the inability to test due to involvement in a medical activity that does not allow one to test. An example would be a surgical procedure. OHPP will need to be notified in advance on these circumstances.
- A positive test may result in a PETH depending on the level and circumstances.

- An alternative testing schedule is available for those that do not want to use a BAT. The first year would require monthly random Blood alcohol tests (PETH tests). These tests can be done virtually at home with a finger stick sample. 26 random UDSs would also be required the first year. 2 to 4 hair follicle/nail tests per year may be ordered based on the substance abuse history. The second year would require 8 PETH tests and 18 UDSs along with possible hair follicle/nail tests. The third year would require 6 random PETH tests and the fourth and fifth year would require 4 random PETH tests. UDSs would never drop below 18 and hair follicle/nail tests would be decided on a individual basis
- If a relapse occurs then the testing routine will start again from the beginning
- If one has a history of cocaine, amphetamine, or Ketamine use, more frequent UDSs may be ordered.
- All participants on a BAT will undergo a minimum of 18 UDSs per year and quarterly PETH tests. Hair follicle/nail tests will be decided on an induvial basis.

OHPP Fee Update

Initial setup Fee \$500.00
Yearly Fee \$1,200.00
(can be paid monthly)
Fee Advancement Available

Kratom

Mitragyna Speciosa

Withdrawal 5 to 10 Days

OHPP's special characteristics

 Legal authority- OHPP can receive reports of impairment in lieu of a report to the boards

 OHPP has special accountability and mandatory reporting obligations designed to protect the public

OHPP's special characteristics

Trusted verification- OHPP is trusted by employers, state boards, medical specialty boards, and credentialing entities to provide verification

No conflict of interest- OHPP does not evaluate or treat participants. This avoids a relationship that could result in a conflict of interest with the obligation to act in the interest of the public

OHPP's special characteristics

 Case management- OHPP collects and manages protected health information on participants. All staff of OHPP have undergone training for CFR-42.2 regulations

FSPHP member clicks

• Federal website for discussions of issues that arise

FSPHP Peer review Program 2023

91 criteria

\$15,000.00

FSPHP Evaluation and Treatment program Accreditation 2023

All facilities will need to be certified to participate with state PHP programs

FSPHP Public Policy Committee

Compendium of Policies (2023)