



Michele L. Neil-Sherwood, DO, FACOI, is the founder and CEO of the Functional Medical Institute in Tulsa, OK, a medical clinic dedicated to individual health interests and medical needs. She is a sought after international speaker on the subject matter of health and wellness and avoiding debilitating chronic disease. She and her husband have been featured on multiple television networks and she has authored a column in the Huffington post, First for Women, Woman’s World as well as other publications.

She received her Doctor of Osteopathic Medicine degree from the Oklahoma State University College of Osteopathic Medicine. She is a board-certified internist and completed her internal medicine residency at OSU Medical Center for Healthcare Sciences. She is a fellow of the American College of Internal Medicine. She is also board certified in sports medicine and obtained a sports medicine fellowship through the University of Oklahoma and EOOO- Tulsa OK.

Dr. Neil-Sherwood has an extensive background in fitness and understands the importance of nutrition/supplementation, stress management and hormone balance. Her most recent accomplishment is as Co-Author of Amazon best-selling book “The Quest for Wellness” followed by “Fork your Diet” and the latest “The garden of Eaten”! She and her husband have just finished producing “Fork Your Diet” the movie. She and her husband carry the wellness torch across the country to educate on the importance of a living a healthy lifestyle.