



Randy L. Aldret, EdD, ATC, LAT, CSCS is the Assistant Dean for Research and Faculty Development at the Edward Via College of Osteopathic Medicine, Louisiana Campus in Monroe, LA. Prior to his appointment at VCOM-LC, Dr. Aldret was an Associate Professor of Kinesiology and Director of the Athletic Training Program at the University of Louisiana at Lafayette. He is a state licensed and nationally certified athletic trainer (AT) with 20+ years of clinical practice, a certified strength and conditioning specialist (CSCS), with experience in the high school, arena football and collegiate settings, with additional teaching experience serving as an adjunct professor at two other schools (University of Tulsa and Radford University). Dr. Aldret concurrently served as assistant athletic trainer in the UL athletic department during the Fall of 2013 & 2014, where he was part of the medical staff for two Ragin' Cajuns New Orleans Bowl victories. He was awarded the School of Kinesiology Faculty Member of the Year Award in 2016, and was recently completed his term as Director of Continuing Education for the Louisiana Athletic Trainers Association.

Dr. Aldret now assists the ULM Athletic Department with medical services for their athlete population and via assessment of how physiological and psychological stressors inhibit athlete performance. His research interests are best practices in athletic training education, diabetes management in athletics, and his sustained research track is in athletic performance and examination and diagnosis of concussion. Dr. Aldret is married to the former Stephanie Hendricks of Oklahoma City, who is his research partner, and the Chair of Family Medicine, OMM and Sports Medicine for VCOM-Louisiana. Both Dr. Aldret's were part of the medical staff for Team USA at the 2019 ParaPan American Games and have been selected to join the US Paralympic Team in Tokyo for the 2020 Olympic Games.