



Stephanie N. Aldret, DO, CAQSM is a graduate of Oklahoma State University Center for Health Sciences in Tulsa, OK. She completed an Internship and Residency in Family Medicine at Oklahoma State University as well as a Fellowship in Sports Medicine at Edward Via College of Osteopathic Medicine in Blacksburg, VA, where she served as one of the team physicians for Virginia Tech and Radford University. She is board certified in Family Medicine, Osteopathic Manipulative Medicine, and Sports Medicine by the AOBFP. She is Discipline Chair for Family Medicine and Sports Medicine at Edward Via College of Osteopathic Medicine-Louisiana Campus. She previously was faculty for the Louisiana State University Health Sciences Center Lafayette Primary Care Sports Medicine Fellowship and Family Medicine Residency and practiced non-operative sports medicine with an emphasis on concussion

management, osteopathic manipulation, and musculoskeletal ultrasound at Louisiana Orthopaedic Specialists in Lafayette, LA.

Dr. Aldret serves as one of the team physicians for the University of Louisiana at Monroe and USA Gymnastics-Trampoline and Tumbling and is part of the volunteer medical pool for USA Wrestling and USA Figure Skating. She has also provided medical care for the 2019 Para-Pan American Games, 2018 Winter Paralympic Games, Paralympic Qualifying events, Oklahoma Special Olympics, University of Louisiana at Lafayette, roller derby, rodeo, hockey (professional and junior hockey), and professional baseball. She and her husband have been selected to provide medical coverage for Team USA at the 2020 Paralympic Games in Tokyo. Dr. Aldret currently serves on the EPIC Advisory Committee and as the Immediate Past-President of the Louisiana Osteopathic Medical Association, a Louisiana delegate to the American Osteopathic Association House of Delegates, and a member of the Rules Committee for the United Federation of Osteopathic Societies.