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okosteo.org

# Oklahoma D.O. | PAGE 4

# OKLAHOMA OKLAHOMA



### 6 OOA GIVES OSU FIRST-YEAR STUDENTS TOOLS & SUPPORT

The OOA continues to provide first-year medical students with the tools and support they need as they begin their osteopathic journeys.



### 12 OSU-COM CELEBRATES 50TH ANNIVERSARY

OSU-CHS hosts North Hall ribbon cutting as they celebrate the 50th anniversary of the OSU College of Osteopathic Medicine.



### 20 14TH ANNUAL RESEARCH POSTER SYMPOSIUM

Students and Residents have the opportunity to show-case their research at the OOA's 2023 Winter CME Seminar and win a cash prize.

#### **FALL 2022**

Allison LeBoeuf, *Editor-in-Chief* Mykayla Caplinger, *Editor*  Cover Photograph: "Talimena Drive" by *Leith Laws* 

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# OOA GIVES OSU MED STUDENTS TOOLS, SUPPORT AS THEY BEGIN SCHOOL



First-year medical students Rylee Dunlap, left, and Alexandra Shumard are gifted stethoscopes by the Oklahoma Osteopathic Association in the Tandy Conference Center.

By Sara Plummer

The OSU College of Osteopathic Medicine and the Oklahoma Osteopathic Association have a relationship that dates back to the school's founding 50 years ago.

"OOA was instrumental in getting the College of Osteopathic Medicine started, and many of our association's presidents, leaders and most accomplished members have been graduates of OSU-COM," said OOA CEO and Executive Director Allison LeBoeuf. "It's a relationship we cherish and foster, supporting our medical students with resources and a community of physician mentors to encourage the next generation of OOA members and osteopathic physicians within our state."

The OOA was founded in 1900 — before Oklahoma was even a state — as an affiliate of the American Osteopathic Association, and today it represents more than 2,000 D.O. physicians,

residents, interns and medical students in the state.

Each year, OOA supplies the incoming medical students with their white coats and OOA board members present students with their first stethoscope at an informal presentation and meet and greet during their first week of classes.

"It's amazing to see the spark of excitement in the students' eyes when they receive their stethoscope and shake the hands of the OOA board members handing it to them. We've received some lovely thank-you notes from the students, and it's nice to know that the contributions of OOA members that enable us to provide these stethoscopes and white coats to the incoming class have such a personal impact," LeBoeuf said.

Dr. Natasha Bray, interim dean of OSU-COM at the Cherokee Nation, said OOA advocates for practicing physicians and supports medical students in order to ensure the future of the profession for Oklahoma and its citizens.

"Osteopathic physicians in Oklahoma support one another and our students. Students are the future of our profession, they will provide vital care to our families and communities," Bray said. "OOA supports our students in very tangible ways by providing them with their first white coat and stethoscope as well as scholarships, but they also provide mentoring and education as our students develop their professional identity."

LeBoeuf said the OOA board members and staff look forward to meeting the incoming class each year and talking about how they and the organization can best serve the students on their journey into the practice of medicine.

**#OOAScopes** 

"We want to prepare each generation of OSU medical students with the proper tools to practice excellent medicine and show them how valued they are within our state as future Oklahoma physicians," LeBoeuf said. "OSUCOM students, before they even begin their first day of classes, are important advocates for the health and well-being of their future patients and can be very effective in helping to shape the laws and regulations that will impact their future practice."



First-year medical students stand with OOA Executive Director, Allison LeBoeuf, and OSU Professor & OOA Board Member Christopher Thurman, DO, after receiving their stethoscopes.

s	tethoscope Spons	orship Program	46	
Name on Card: <u>Card Number:</u> <u>Exp. Date:</u>		Sponsored By:  Degree:		B
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The Oklahoma Osteopathic Association and Oklahoma Educational Foundation for Osteoapthic Medicine partner annually to provide incoming first-year medical students Cardiology-IV stethoscopes. We are offering osteopathic physicians the opportunity to sponsor a stethoscope to future osteopathic physicians. Names will be included with the gifted Litmann Stethoscope to connect the sponsoring physician with the student recipient.

# AOA CATEGORY 1-A CREDITS WHENEVER • WHEREVER

The CME Center, a collaboration with other state associations, is a hub for ondemand programs, webinars, and live educational opportunities addressing a broad spectrum of topics covering practice management, healthcare regulation and relevant clinical issues.

Visit www.thecmecenter.org, create an account & access over 150+ CMEs instantly!
With more constantly being added,
DO CME is the place to get the latest on-demand lectures.



To watch OOA sponsored lectures on The CME Center, scan the QR Code or visit www.thecmecenter.org/topicarea/ooa-oklahoma





#### Oklahoma Osteopathic Association's

# DOCTOR OF THE DAY

The Oklahoma Osteopathic Association is sponsoring the Doctor of the Day Program during the month of March at the Oklahoma State Capitol. The Doctor of the Day program provides a great opportunity to serve our state's leaders and learn about the legislative process at the same time.

Physicians are needed to serve in March on Mondays, Tuesdays and Wednesdays from 8:30 a.m. - 4:30 p.m., and Thursdays from 8:30 a.m. - noon. Each doctor can expect to see a handful of patients, be introduced in both the House and Senate chambers, and meet with their legislators. The OOA will provide talking points so you'll know the most pressing issues affecting you and your patients.

If you're interested in serving, please scan the QR code or contact Mykayla Laws at mykayla@okosteo.org or 405-528-4848 to sign up. Thank you for your willingness to serve our great state!

#### March 2023

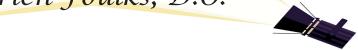
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	$\top$





# MEMBER SPOTLIGHT

Arlen Foulks, D.O.



· What is your specialty?

#### Neonatal-Perinatal Medicine

· How many years have you been in practice?

11

· What college of osteopathic medical school did you attend? Oklahoma State University Center for Health Sciences

What year did you graduate?

2005

· What's your favorite hobby?

#### Anything with my wife and kids

· What's something you've always wanted to try, but never have?

#### Parachuting

· Who was your childhood hero? What did they do that inspired you?

> My mother, she kept our family organized, is always very compassionate to others, and she demonstrated how to accomplish things with hard work

- · What is the best piece of advice that was given to you? "If you never ask then the answer will always be no"
- · What advice do you have for the younger generation?

Don't be afraid to ask questions or ask to be shown how to do something, it is how we learn

· Which famous person would you like to meet?

#### Dwayne Johnson

· What is the most important thing about the work you

Giving babies a chance to make it in this world and be a part of their parents' lives

• What was a highlight of this last year?

Getting to Travel and meet in person

Were you ever in the military?

#### No

- · What is your favorite holiday and why? Christmas. I love what it stands for due to my christian beliefs and I like that most people tend to do things for others during this time
- What is your all-time favorite song? I Can Only Imagine
- Where is the best vacation spot?

I really love to go to the mountains in Montana in the summer/fall





· Do you have a favorite sports team? If so, who?

#### OKC Thunder

· What is the sweet treat that you would break a diet for?

#### **Donuts**

NOMINATE PHYSICIANS OR FRIENDS OF THE PROFESSION FOR THE 123RD ANNUAL CONVENTION

# Awards

The Oldahoma Orteopathia Association's Boreau on Amards will determine award recipients to be bonased during the OOM's ISSed Amend Convention. These awards represent the highest honor the OOM can bestow in recognition of outstanding service and contribution to the arteopathia profession in Oklahoma.

Numinations are now being assepted through Tressley, Jamesry \$1,2025, to honor deserving physicians and friends of the profession at the 125rd Amisol Convention. Only OOA members can submit on OOA Awards numination form.

Nominations may be salamitted to Audrey Hendricks by small at audrey-advanted org or fact or 495-528-6162.





#### 2023 WINTER CME SEMINAR

TIME TO CATCH UP
JANUARY 20 - 22, 2023
HARD ROCK HOTEL & CASINO
CATOOSA, OK

AMANDA G. FOSTER, DO, FACOP, CHAIR

#### **123**RD ANNUAL CONVENTION

May 4 - 7, 2023 Sheraton Oklahoma City Downtown Hotel Oklahoma City, OK

REBECCA D. LEWIS, DO, FACOFP, CONVENTION CHAIR JONATHAN B. STONE, DO, MPH, FAAPMR, PROGRAM CHAIR

# OSU-CHS HOSTS NORTH HALL RIBBON CUTTING, CELEBRATES MED SCHOOL 50TH ANNIVERSARY



From left, Dr. Eric Pfeifer, chief medical examiner; Rep. Kevin Wallace; OSU President Kayse Shrum, DO; Sen. Roger Thompson; and OSU- CHS President Johnny Stephens take part in the ribbon cutting ceremony at North Hall on the OSU-CHS campus on Thursday, July 28.

#### By Sara Plummer

OSU Center for Health Sciences commemorated the opening of the campus' newest building North Hall with a ribbon-cutting ceremony, as well as celebrated the 50th anniversary of the OSU College of Osteopathic Medicine during an event Thursday, July 28, in the lobby of the new facility.

The 120,000-square-foot North Hall building is home to the new Office of the Chief Medical Examiner in Tulsa as well new anatomy and neuroanatomy labs, three classrooms, 65 graduate program student study carrels, 21 conference and meeting rooms and department and administrative office spaces.

"All of us are so very grateful for the culture we have in the Cowboy family, and part of that culture is not going at it alone. We believe in collaboration and partnership, and it's our valued partners who helped us get here today," said OSU-CHS President Johnny Stephens. "This building represents the growth both in our Physician Assistant program and in our graduate programs at OSU-CHS. New facilities like this help us attract and educate the state's best and brightest students and gives us room to grow in the future."

Working with state legislators including Sen. Roger Thompson and Rep. Kevin Wallace helped secure a portion of the funding for the facility that more than doubles the square

footage of the Medical Examiner's office in Tulsa and greatly increases the size of the anatomy lab and offers a dedicated neuroanatomy lab for medical, physician assistant and graduate program students.

"I appreciate my good friends at OSU and the Medical Examiner's office coming together to work on a plan for a space that meets the critical needs of such an important function of state government," Thompson said. "I also appreciate OSU's leadership in the health care realm in the state and am always very supportive of President Kayse Shrum and Dr. Stephens' vision. I have no doubt that many more great things are to come from this campus and am grateful for OSU's many prosperous partnerships with the State of Oklahoma."

Wallace recalled a few years ago when OSU and the Office of the Chief Medical Examiner brought forward a plan for a joint space that would not only meet the needs and accreditation requirements of the Medical Examiner's office, but would also allow more lab and educational space for OSU to continue training the state's next generation of doctors.

"It was easy to be supportive of the joint effort and I know I speak for my colleagues in the House of Representatives when I say we are appreciative of the collaboration among the two entities to make this state-of-the-art facility a reality for the state," Wallace said.

Dr. Eric Pfiefer, chief medical examiner, said nestled in the heart of North Hall is an advanced and unparalleled facility.

"In my position, I've seen medical examiner's offices across the country, and this one is without equal," Pfeifer said, and the same could be said for OSU-CHS' lab spaces. "What's going to come out of this school will rock the medical world."

The North Hall project started when Shrum was still president of OSU-CHS and dean of the medical school, and it's just the latest example of collaboration and partnership, which has become a hallmark of the institution in its 50-year history.

"At OSU we are proud of the partnerships that we have forged with public, private and philanthropic entities across our great state," Shrum said. "It's also a wonderful day to mark the 50th anniversary of our College of Osteopathic Medicine and to consider the impact a facility like this will have on our mission of preparing the next generation of physicians and health care professionals to serve Oklahoma."

Several notable alumni also attended the event and spoke of their ongoing relationship with the school including Dr. Trudy Milner, who graduated from OSU-COM in 1988 and now serves on the OSU/A&M Board of Regents.

"I started my journey to become a physician in 1984. I had been working as a nurse and had two young daughters, so I was not the typical medical student," Milner said. "And while the progress all around us at OSU-CHS is truly something to behold, I can tell you the quality of education goes back to day one at this medical school. I have always been so proud to call myself an alumna of OSU's College of Osteopathic Medicine."

Dr. Dennis Blankenship graduated from OSU-COM in 2001 and now serves as the interim dean of his alma mater.

"When I set out to be a physician, my dream was to return to my hometown and practice primary care. During my journey, I fell in love with emergency medicine and my path changed as I found a new passion in teaching," Blankenship said. "I began training students and residents in emergency medicine and that continues to be one of the best parts of my job today. I'm so proud of our college and our students and graduates."

Stephens said it's hard to believe that it's been 50 years since the college of established to train physicians for rural and underserved Oklahoma.

"I am proud to say we are fulfilling this mission every day with over 3,800 alumni and more than 800 doctors practicing across the state," he said. "As we celebrate 50 years of our College of Osteopathic Medicine on our campus, we look forward to continuing our mission to educate primary care physicians for rural and underserved Oklahoma."



North Hall on the OSU Center for Health Sciences campus



SIGNATURE:

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#### 2022 OOPAC CONTRIBUTION LEVELS

PLATIN	NUM PAC PARTNER \$2,500	)+	ARTNER \$1,000-\$2,499				
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	2022	OOPAC Investment					
MY PERSON	My personal check made payable to "OOPAC" is enclosed in the amount of \$						
I WOULD LI	KE TO MAKE A ONE-TIME (	contribution. Please charc	ge my credit card \$				
I COMMIT T	TO MONTHLY CONTRIBUTI	ions to OOPAC. Please char	GE MY CREDIT CARD:				
\$2,508	(\$209 per month)	■ \$1,200 (\$100 PER <i>N</i>	MONTH)				
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Address:							
City, State, Zip	:						

I DECLARE THAT THIS CONTRIBUTION IS FREELY AND VOLUNTARILY GIVEN FROM MY PERSONAL PROPERTY. I HAVE NOT DIRECTLY OR INDIRECTLY BEEN COMPENSATED OR REIMBURSED FOR THE CONTRIBUTION. THIS PERSONAL CONTRIBUTION IS NOT DEDUCTIBLE AS A DONATION OR BUSINESS EXPENSE.

PLEASE MAIL TO: OOPAC, 4848 N. LINCOLN BLVD., OKLAHOMA CITY, OK 73105-3335

You may also call the OOA office at 405-528-4848 and give over the phone



JOIN THE OKLAHOMA

# OSTEOPATHIC STUDY GROUP

Come learn with St. Anthony's Family Medicine
Residency study group! Enjoy sharing research and
participating in workshops demonstrating new
developments with fellow medical professionals.
Open to all osteopathic physicians, residents,
students, massage therapists, physical therapists and
occupational therapists. The goal of this group is to
look for health in our patients and help it express
itself!

In person meetings and virtual options are available. In person meetings will, tentatively, be held at 608 NW 9th, Suite 1000 (on the first floor). Parking and entry is on the south side of the building.

#### **UPCOMING MEETINGS**

Quarterly Zoom meeting:

October 9, 2022, from 2-5pm

Local in person meetings:

November 13, and December 11, 2022 – time TBA

Quarterly Zoom meeting:

January 8, 2023 – 2-5 pm
case presentations from the OSU COM OMM
resident(s)

Local in person meetings:

February 12, and March 12, 2023 - 2-5 pm

Quarterly Zoom meeting:

April 9, 2023, hosted by the OKC group – 2 5pm – Fascial columns, specific topic TBA

Please contact Sabrina L. Schrader, DO at sabrina.L.schrader@ssmhealth.com with any questions.

# NEW ANATOMY, NEUROANATOMY LABS MAJOR UPGRADE FOR STUDENTS AND FACULTY



Dr. Ian Browne (left) talks with medical students Kathryn Smith, Jordan Valenzuela, Ryan Sherry and Keri Mitchell (right) during orientation in the new anatomy lab in North Hall on the Center for Health Sciences campus.

#### By Sara Plummer

As part of the new North Hall building on the OSU Center for Health Sciences campus, medical and graduate students now have access to new, modern anatomy and neuroanatomy labs that greatly expand the available space of the former lab.

"It's at least three times as big," said Thom Garrison, lab coordinator and director of the OSU Body Donor Program. "Everything was in the same space. Now we have an entryway with storage spaces for student belongings, dedicated wash stations, tables and chairs for study."

And there is just more square footage in the lab itself.

"Students bumping elbows with students at the next table was fairly common in the old lab. Students have more space to move around and work on their assigned cadavers. We also have more storage space for equipment, skeletal and anatomical models," Garrison said. "The cadaver storage unit is twice the capacity and is located in its own secured area of the lab."

The neuroanatomy lab is also a major upgrade from the previous lab space, said Professor of Anatomy Kent Smith, Ph.D.

"In the past, all neuroanatomy courses were taught in the gross anatomy lab meaning multiple medical and graduate student courses all shared space, which was very challenging for students and faculty," Smith said. "Now, like at our OSU College of Osteopathic Medicine at the Cherokee Nation campus in Tahlequah, there are two separate labs: one for gross anatomy where whole bodies will be studied and one for neuroanatomy where only brains will be studied."

Smith said the neuroanatomy lab will accommodate new graduate courses in addition to the regular neuroanatomy courses that were offered in the past.

The additional lab space also allows room to grow with 16 stations now available in the gross anatomy lab, each with its own area for daily supply storage, dry erase board and countertop space for laptops or books.

This semester there are 13 stations being used in each of the three anatomy classes with students divided into groups of four at each station.

"The AV system is a welcomed upgrade— a two-camera system, bigger and better monitors and audio throughout the lab," he said. "The new lighting is also a vast improvement. No more shadows over the cadaver, which makes for a much better dissection environment."

There is also a dedicated temporal bone lab so students can study the area of the head where the ear is located using real bone and tissue, and not just rely on models, Garrison said.

The new lab spaces also honor those who made the decision to donate their or their family member's body to the Body Donor Program.

"They are our honored guests and we're privileged to have them here," Garrison said.

Each group of students is assigned a donated body at the beginning of the semester, and they will dissect and learn from their cadaver during their time in the lab.

Clinical Assistant Professor of Anatomy Ian Browne, Ph.D., said that the assigned body is the students' first patient.

"They're probably the best anatomy professor they'll ever have," Browne said. "They were members of the community and they cared about the community. They gave this gift so our students could go out and care for the community."



# Advertising Opportunities

Oklahoma Osteopathic Association

#### Digital

#### Homepage Ad

Display your company's logo or targeted message on the OOA's homepage, which has an average of 660 unique page views each month.

#### Social Media Post

Reach the OOA's 1,400+ Facebook fans, 1,800 Twitter followers and 300 Instagram followers with your company's message. Your content is subject to approval by the OOA and is limited to once per quarter per company.

#### OOA Report Blurb

The OOA Report is a weekly email statement sent to nearly 2,100 physicians, residents and medical students mainly in Oklahoma but also including a handful of out-of-state members representing 17 states around the country. Average open rate is 30%. Highest open rates occur in January, April and October.

#### CME App Tab

Reach attendees at any of our three continuing medical education seminars with a sponsored tab in our app. Each CME has its own app which attendees use to access the schedule, speaker information and lecture slides. The tab includes an image of your choice plus a description of your company or product, as well as links to your website and social media. For more information on our CMEs, please look at the descriptions in the Exhibiting section.

#### **Publications**

#### Oklahoma D.O. Journal

Electronic journal is also distributed through the weekly OOA Report e-newsletter to nearly 2,100 physicians, residents and medical students and shared via the OOA's social media.

#### OOA Annual Directory

This yearly directory is mailed to over 1,200 OOA members and used by many on a regular basis to connect with their colleagues.

#### Marketing Piece in CME Packet

Printed piece of your choice will be included in every registrant packet at the chosen CME seminar. Your materials would need to be received two weeks prior to the seminar.

#### Convention Program

Reach nearly 400 physicians with an ad in our annual convention program. Each registrant receives one in their packet and it contains all of the vital information for the conference including the lecture schedule and social events.

#### **Exhibiting**

#### Summer CME

Generally held in the Greater Oklahoma
City area in August, this seminar draws
between 100-120 physicians for this three
day event. This intimate seminar features
hybrid exhibit packages, CME App tab, two
OOA report blurbs, and marketing piece in
CME packet. Your fee also includes a list of
all the attendees and a print copy of the
most recent OOA Annual Directory.

#### Winter CME

This CME attracts around 300 physicians and other health care professionals who are interested in discovering how your products and services will advance and improve their work. Each exhibitor will have an opportunity to introduce themselves in the lecture hall as well as hosting individual booths near the food and beverage area where guests congregate.

#### Annual Convention

Held in April at the Sheraton Hotel in downtown Oklahoma City, this convention draws between 350-400 physicians across the United States both in-person and virtually. Choose from various booth options which will be set up in the dining and beverage area of the convention providing opportunities to connect with attendees. Convention includes four hours of exclusive, non-competing exhibit hours. Complimentary pre- and post-show attendee mailing list.

For more information contact Mykayla Caplinger at mykayla@okosteo.org





#### KAYSE SHRUM, D.O. INDUCTED INTO OKLAHOMA WOMEN'S HALL OF FAME

Congratulations to Dr. Dennis Blankenship on becoming dean of OSU-COM and to Dr. Natasha Bray on becoming dean of OSU-COM at the Cherokee Nation!

Credit to Sara Plummer



OSU College of Osteopathic Medicine Dean Dennis Blankenship, left, OSU-COM at the Cherokee Nation Dean Natasha Bray, and OSU Center for Health Sciences President Johnny Stephens.

#### OOA CALENDAR OF EVENTS

October 4, 2022 Bureau on Membership

October 5, 2022

Bureau on Legislation Dinner Bureau on Legislation Meeting

October 6, 2022

Bureau on Convention Bureau on Finance OSU-COM Advisory Council Bureau on Postgraduate Education Board of Trustees Meeting November 29, 2022
Bureau on Membership

November 30, 2022

Board of Trustees & Past Presidents (& Spouse) Christmas Party

December 1, 2022

Bureau on Convention Bureau on Finance Bureau on Constitution & Bylaws Bureau on Postgraduate Education OEFOM Board of Trustees Board of Trustees Meeting

SCAN ME



#### What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.

#### **BECOME A MEMBER TODAY!**

FOOA regular member dues are \$50 annually (November 1 – October 31). Membership for the spouses of medical students and residents is FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both OOA & FOOA dues if you'd prefer).

FOOA Member Name:			Amount Enclosed (\$50 for each FOOA membership;
Mobile Phone:		Spouses of Medical Students & Residents is FREE)	
Email:			¢
☐ OOA Member Spouse, Parent or Other L	_oved One		\$
☐ Resident Spouse ☐ Medical Student	t Spouse		
	ke check payable to the	e Oklahoma Osteopathic Asso	ociation.)
Credit Card No.:		Card	Exp. Date:
Signature:			:
Name (please print as it appears on card): _			
Billing Address:			
City:	S	State: 2	Zip:



Showcase your research during the Oklahoma Osteopathic Association's 2023 Winter CME Seminar for the chance to win scholarships sponsored by the Oklahoma Osteopathic Association, Osteopathic Founders Foundation and Oklahoma Educational Foundation for Osteopathic Medicine.

Award Sp	onsors	Deadlines	S. C. Street, Square,
OOA	\$2,500	11/11/2022	Abstracts & Posters
OEFOM	\$2,000	01/9/2023	Finalists' Presentations
OFF	\$1,500	01/21/2023	Award Presentations

Oklahoma Osteopathic Association's

# 14TH ANNUAL RESEARCH Poster Symposium

Medical students and residents are invited to showcase their research during the Oklahoma Osteopathic Association's 2023 Winter CME Seminar! All entrants must be a current medical student or physician currently in a postgraduate training program. Osteopathic and Allopathic medical students and residents are both invited to participate. Ongoing research for your residency or medical school can be submitted. Literature research submissions are also eligible for this symposium. The judging panel will select first, second and third place winners, and the top three finalists will present their research on Saturday, January 21, 2023. All students and residents in postgraduate training programs receive free registration to the 2023 Winter CME and are encouraged to attend.

#### MISSION

The mission of the Oklahoma Osteopathic Association's Research Poster Symposium is to showcase current osteopathic research and stimulate interest in future research projects. This will be accomplished through the exchange of ideas and information between participants of the symposium and attendees of the OOA Winter CME seminar.

#### AWARDS

- First place will be awarded \$2,500, sponsored by the Oklahoma Osteopathic Association.
- Second place will be awarded \$2,000, sponsored by the Oklahoma Educational Foundation for Osteopathic Medicine.
- Third place will be awarded \$1,500, sponsored by the Osteopathic Founders Foundation.
- \*In order to receive award money, winners must present their research at the Winter CME Seminar.
- All participants—whether students, interns, residents or fellows—will be eligible to win.
- All participants will receive a participation gift if they wish. The three winners will receive award money and a certificate of special recognition.
- All participants are encouraged to attend the presentation of awards Saturday, January 21, 2023 as part of the OOA's 2023 Winter CME Seminar.
- Research of the three winners will be published in a future edition of the Oklahoma D.O.







### **ABSTRACTS**

Please read all guidelines before you submit your abstract. Abstracts must be sent to mykayla@okosteo.org by 5 p.m. on Friday, November 11, 2022.

#### REQUIREMENTS

- Only one abstract will be allowed per individual. Multiple submissions from the same person will be automatically rejected.
- Length is not to exceed 250 words. The 250-word limit applies only to the body of the abstract. The limit does not include the list of authors and their respective institutions, nor does it include the title.
- Format:
  - Abstract should be double spaced and sent (in Microsoft Word.doc format) via email to mykayla@okosteo.org. Your email should include the following information:
    - Name
    - Research Title
    - Cell phone number
    - Email address
    - Mailing Address
    - Year of osteopathic or allopathic medicine school and school name or year of postgraduate training, specialty and postgraduate institution.
  - The title needs to be centered and bold-faced.
  - Immediately under the title, list your name and year (OMS I, OMS II, PGY I, PGY II, etc.).
  - List authors and their respective institution(s). The student or physician who will
    present the poster must be listed as the first author. The principal investigator must
    be listed as the last author. Only the entrant is required to be a student or physician
    in training.
  - The body must include purpose of research and brief overview on method, result and conclusion.
  - No diagrams or tables should be included in the abstract.
  - Do not include references.
  - Your abstract can be about previously reported or current results. If your abstract
    has been previously accepted and/or presented at other conferences and/or
    published, please provide the following relevant information (this information will
    not be considered as part of the 250-word limit):
    - Conference name
    - Conference location
    - Date
    - Format or journal name
    - Journal volume
    - Journal edition
    - Journal date
    - Page numbers

Abstracts that do not meet the requirements stated above will need to be reformatted before acceptance. Individuals whose abstracts are accepted will be notified via email.

#### CRITERIA FOR EVALUATING ABSTRACTS

The judging panel will be evaluating the abstracts submitted based on the following criteria:

- Statement of the hypothesis.
- Clear organization of the project.
- Effective use of the scientific method is evident.
- All significant variables have been identified. Efforts to eliminate bias between control and experimental groups are clear.
- The conclusion is consistent with the data and/or observations.
- Potential pitfalls of methodology or interpretation have been addressed.
- The potential significance of the experiments is placed in the proper perspective.
- Abstract is in required form and organized, well written, concise, and readable.
- The project demonstrates a novel approach and/or idea.

### POSTERS

Research posters must be received in digital format by 5 p.m. on Friday, November 11, 2022. Please send digital posters to mykayla@okosteo.org.

#### REQUIREMENTS

- Submit digital posters in the form of a PowerPoint slide (no animations), high resolution JPEG or PDF via email by the submission deadline.
- By submitting a poster to the OOA Research Poster Symposium, you certify that the
  poster is your original work or—if original work conducted by you and another author—
  any co-authors are appropriately credited for their contribution and have been
  informed of the submission. Infringements will result in disqualification from the
  symposium.
- Any research involving human research subjects must attach a copy of IRB approval with your abstract.
- Posters should be free of commercial bias, product endorsement or marketing.

#### CRITERIA FOR EVALUATION

- Research posters will be judged to include the following key components:
- Clear statement of a research question
- Abstract
- · Evidence to support research
- Explanation of methodology
- Graphic materials to illustrate results, such as a table or graph
- Significance of findings
- Cited references

The judging panel will judge each poster individually using the following objectives:

#### Quality of Argument

- Is there a clear statement of research question or relationship being investigated?
- Does the poster require additional explanation? Does it stand alone?
- Is there a logical and thorough explanation of the research question?
- Are all components of the research given appropriate levels of attention?
- Is there adequate consultation of sources cited correctly?
- Are the research objectives outlined precisely?
- Was an appropriate research methodology selected and explained effectively?
- Is the significance of findings stated clearly?

#### Quality of Evidence

- Is there a clear statement of research question or relationship being investigated?
- Does the poster require additional explanation? Does it stand alone?
- Is there a logical and thorough explanation of the research question?
- Are all components of the research given appropriate levels of attention?
- Is there adequate consultation of sources cited correctly?
- Are the research objectives outlined precisely?
- Was an appropriate research methodology selected and explained effectively?
- Is the significance of findings stated clearly?

#### Quality of Evidence

- Is the argument well supported by extensive primary research, evidence and examples?
- Are accurate evidence and examples provided?

#### Use of Graphics

- · Are figures, tables, illustrations, maps and other illustrative material used effectively?
- Are the illustrations correctly cited and presented well?
- · Does the visual material integrate well into the evidence of the argument?
- Is the material presented well organized?

#### Relevance

Is the research presented relevant to osteopathic physicians today?

### **PRESENTATIONS**

Finalists will be notified by December 31, 2022. In order to receive award money, winners must present their research at the 2023 Winter CME Seminar. The first, second and third place winners will present their research for 15 minutes each on Saturday, January 21, 2023 at 2:15 p.m. Presentations should be free of commercial bias, product endorsement or marketing. Any supporting materials for presentations, such as PowerPoints, must be submitted to mykayla@okosteo.org by 5 p.m. on Friday, January 6, 2023.

### IMPORTANT DATES

•	Friday, November 11, 2022	Abstracts & posters due to mykayla@okosteo.org
•	Friday, December 16, 2022	Grant applications due
٠	Monday, January 9, 2023	Finalists' presentations due by email
		to mykayla@okosteo.org
٠	Saturday, January 21, 2023	Finalists' presentations from 2:15 p.m3:15 p.m.
•	Saturday, January 21, 2023	Presentation of awards, time to be determined

## ONESTIONS

Anyone with questions regarding the OOA's 2023 Research Poster Symposium can contact Mykayla at mykayla@okosteo.org



OKLAHOMA OSTEOPATHIC ASSOCIATION



Designated funds are used to support student scholarships annually to enrich the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine, located in Tulsa, and the Cherokee Nation, and to maintain the Oklahoma Osteopathic Educational Center.

The Oklahoma Educational Foundation for Osteopathic Medicine was founded in 1967 with the mission of providing support to past, present, and future osteopathic physicians through scholarships and other financial aid. In 1985, the OEFOM Board of Trustees decided to build a safe haven for the osteopathic community located at 4848 N Lincoln Blvd, naming it the Oklahoma Osteopathic Educational Center. Thirty-seven years later, the mission and vision remain the pillars of the OEFOM. However, time has moved on, and the funds have dwindled due to COVID-19 hardship scholarships, building maintenance, multiple student scholarships, stethoscope donations, and other day-to-day necessities.

I am writing to you today to ask for your consideration of a tax-deductible contribution of \$100, \$250, \$500, or \$1,000 or more to the general fund and/or the building maintenance fund. Your contribution, of any amount, to any of the following fı

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Та	k-dedu	ctible gifts can be	easily made to OEFOM in the	e following v	ways:			
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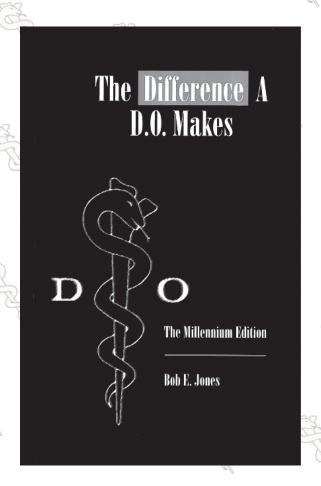
Thank you in advance for your continuing financial support that will allow the OEFOM to support osteopathic medical students and to maintain the headquarters for both OEFOM and the OOA.

Allison C. LeBoeuf, JD **OEFOM Secretary, Treasurer** 

On behalf of the OEFOM Board of Trustees



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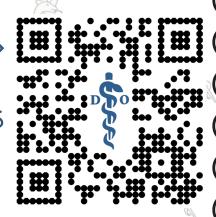
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Ebb Willis Reeves, DO, 91, of Tulsa, OK, passed away on August 22. Kind, generous, brilliant, pragmatic, thoughtful, gracious, witty, humble, loyal, a leader, a mentor, a healer, a friend, a father, a romantic - just some of the many words that come to mind when those who know him think about Ebb. He

was also the king of the slightly off-color dad joke or humorous rewrite of traditional song lyrics to entertain his kids and grandkids.

Following graduation from the University of Texas at Austin in 1952, Ebb was a pharmacist at his family-owned drug store in Denton, TX – Reeves Drug. After a 24-month stint in the U.S. Army he returned to Denton, where he and his wife, Barbara Wheeless Reeves, had three children. He continued his pharmacy career while attending medical school at the Kansas City College of Osteopathy and Surgery. Ebb graduated second in his class and expanded his family with one more child before moving to Tulsa, a city he would call home and where he would build his professional life for most of the rest of his time on earth.

Ebb was not in Tulsa long when he lost his wife, Barbara, to encephalitis. He continued to raise his four children as a single working dad, with much help from his family, friends and his new Tulsa community. In 1970 he married Norma Kay Thompson Swank and added another beloved daughter and sister to this now family of seven.

A well-respected and beloved family practice physician in Tulsa for decades, Dr. Reeves delivered more than 2000 babies and cared for multiple generations of families. He was active in his professional associations, serving as the president of the Oklahoma Osteopathic Association and as a lifetime member of the American Osteopathic Association. He also led the medical team at the Oklahoma Osteopathic Hospital (now the OSU Medical Center) as the Chief of Staff in 1977-78. Over the life of his career, he held many other leadership positions,

including as Chairman of the Osteopathic Hospital Founders Association, Chairman of the Board of Trustees of the University of Health Sciences College of Osteopathic Medicine in Kansas City, Trustee of the Oklahoma State University Medical Center Trust and many more.

He was frequently honored for his service and dedication to the medical profession and to his community. Dr. Reeves was named the Outstanding Physician at the Oklahoma Osteopathic Hospital in 1990, received the Distinguished Public Service Award from the Oklahoma State College of Osteopathic Medicine in 1990 and the Doctor of the Decades Award from the Oklahoma Osteopathic Association in 2011. Also in 2011, he was named an ICON for Oklahoma State University for his service to the school and the integral role he played in connecting the osteopathic college as a vital addition to the university.

He moved from Tulsa to St. Louis where he was an administrator for the Deaconess Medical Center until his retirement in 1996. He lived out his retirement years in Tulsa, where he continued to act as a surveyor of internships and training programs for the American Osteopathic Association and to serve on the Credentialing Subcommittee for Blue Cross & Blue Shield of Oklahoma.

Throughout his career, he considered it an honor and a privilege to help educate and support medical students as a teacher, a mentor and a professional guide. In fact, his final wish was that his body be donated for scientific use at an osteopathic college so students can perfect and better their craft and to pay it forward for a profession that had served him well.

Ebb Reeves is survived by his beloved wife, Kay, and his five children: Pamela Reeves Thomas; David Reeves and his wife, Cindy; John Reeves and his wife Heather; Ellen Swank; and Sally Reeves Ray and her husband Bill. He was also a beloved Papa to 15 grandchildren and GG-Pa to four great-grandchildren. He is also survived by his sister, Anna Reeves Holzer, and her three sons, his sister-in-law, Mona Whitmire and her husband Mark, as well as her two children and many other nieces, nephews, great-nieces and great-nephews.





*Christopher Back, DO*, 67, of Fort Gibson, OK was born Jan. 23, 1955, in Pryor, OK, to Marvin and Pauline Back and peacefully passed away July 9, 2022, in Tulsa, OK with his loving daughter at his side.

He met and married his future wife, Cindy Back, on June 23, 1979, in Tulsa, OK, a special friendship that lasted 47 years.

He received both his Bachelor of Science Degree in Physiology and his Master's Degree in Archaeology at Oklahoma State University in Stillwater, OK. He went on to get his Doctorate Degree of Medicine from Oklahoma State University of Osteopathic Medicine in Tulsa, OK, followed by an internship at Metropolitan Hospital in Saint Petersburg, FL.

Dr. Back started his medical practice in Fort Gibson, Ok in 1982, serving the community and surrounding areas as the only doctor until his health started declining in 2006.

He was a member of the Fraternal Order of Freemasonry, as well as 32degree Scottish Rite, Tulsa, OK. Dr. Back was a member of the American Osteopathic Association, a lifetime alumni member of Oklahoma State University and a member of Oklahoma State Posse Club. He was very instrumental in organizing and chartering both the Lion's Club and Chamber of Commerce, Fort Gibson, OK.

Dr. Back was proud of his community, and he was a perfectionist with his patients, he was available every day of the week for them along with making personal house calls and opening a free clinic one night of the week.

His passion was living history and Civil War reenacting, he traveled all over the U.S. portraying an individual in that time period. Dr. Back also traveled on his motorcycle with his Harley Davidson friends and enjoyed their company tremendously. Playing the guitar and singing with his companions was special to him. He also enjoyed the new parapsychology group that he formed at the Fort Gibson library. His hobbies included fixing motorcycles and guitars. Dr. Back's greatest love was his family, his children were his pride and joy. He loved taking them to historical places on vacation and seeked out new and exciting adventures for them.

He was kind, compassionate and loving, he had a witty sense of humor that is truly going to be missed. Dr. Back was preceded in death by his loving son, Froston Back. Dr. Back is leaving behind his daughter, D'Evereux Fondren, Boston, MA, whom he cherished with all his heart. A loving companion, Cindy Back, San Antonio, TX, a dear sister-in-law, Cathy Kaiser of Savannah, GA, a niece Anita Kaiser, of Savannah, GA, a niece and nephew, Rebecca and J.J. Johnson, of Savannah, GA, a great-niece, Jaylee Johnson, of Savannah, GA, two brothers Pat and Mike Back, Salina, OK and a sister Joy Back, Salina, OK.





*Carole Coder Howard*, *DO*, age 69, of Broken Arrow, OK departed this life on Tuesday, June 28, 2022. She was born September 20, 1952 to James and Anne (Gorton) Coder of La Belle, Missouri. Carole attended school through the 12th grade in LaBelle. She was joined in marriage to James Lewis Howard on December 20, 1970.

Carole attended Northeast Missouri State Teachers College from 1970 to 1972 and graduated from Kirksville College of Osteopathic Medicine in 1976. She and her husband interned at Suncoast Osteopathic Hospital in Florida from 1976-77. Carole then entered practice with her husband James and brothers, Dr. Jim Coder and Dr. Art Coder, at Broken Arrow Family Clinic in 1977. She was later joined by her niece, Dr. Rachel Whitehouse and nephew, Dr. Brian Coder.

Carole is survived by three sons whom she deeply loved, David Lewis (Peterli) of Lexington, James Daniel of Broken Arrow and Thomas Aubrey (Alexandra) of Kalamazoo, MI; as well as eight grandchildren: Jade Hoffman(Chase), Dakota Howard, Grant, Morgan, Paige, Grayson, Olivia and Felicity Howard; her brother Dr. James Coder (Joani) and sister-in-law Vendia; along with numerous nieces, nephews, great nieces and nephews and cousins.

She was preceded in death by her husband of 34 years, James Howard, her brother Arthur, her parents James and Anne Coder, and three grandchildren, Thomas Riley, Aubrey Jewel, and Cordelia Rose Howard.

During her lifetime, Carole enjoyed spending time with her family, golfing, fishing and going on amazing trips with loved ones. She was also a very accomplished pianist.



*Wilmer Fast, DO*, passed on Sunday July 3, 2022 at Pike Peak Hospice in Colorado Springs, Colorado. He was born on the family farm southeast of Fairview on December 24, 1926 to Henry J. and Elizabeth Patskowsky Fast.

He accepted Christ as his personal savior at age twelve. He became a member of the South Fairview Mennonite Brethren Church the following summer.

Wilmer graduated from Progressive Grade School in 1941, Fairview and High School in 1945. He earned his Bachelor of Science degree in 1950 from Phillips University in Enid.

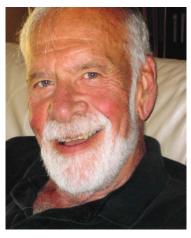
He graduated from Kansas City University of Medicine and Biosciences in 1960.

He married Naomi M. Hein in Fairview on July 25, 1948. The couple moved to Hennessey and had a Family Practice of Medicine from 1962-1988 when they retired.

Wilmer and Naomi had a daughter Mary Kay who was born in Kansas City during their time there.

He is survived by daughter Mary Kay Kimmel and husband David of Colorado Springs; one grandson Chris Kimmel and wife Jenn of whom they were also very proud. Chris is a graduate of Washington & Lee University in Lexington, Virginia and received his law degree from Richmond University. Wilmer was preceded in death by both parents, his wife Naomi, and one brother Marvin Fast.





Robert Myron Fogel DO, was a 1958 graduate of the Philadelphia College of Osteopathic Medicine. He was certified in anatomical, clinical and forensic pathology and served as medical examiner in Oklahoma during the "Dixie Mafia" days, performing autopsies and testifying in court cases. Bob served as an instructor in pathology at the Kansas City College of Osteopathic Medicine, Kirksville College of Medicine, and at the Oklahoma College of Medicine and Surgery while a member of the professional medical staff at Oklahoma Osteopathic Hospital.

Dr. Fogel's academic and administrative appointments included service as professor and chair of the Department of Pathology at the Philadelphia College of Osteopathic Medicine. Prior to that, he was with the University of Medicine and Dentistry of New Jersey College of Osteopathic Medicine, first as acting dean, then as acting associate dean for clinical affairs, finally

as professor and chairman of clinical pathology. In 2009, he moved to the Island of St. Kitts where he taught pathology at the University of Medicine and Health Sciences, returning to Tulsa in retirement in 2012.

Dr. Fogel was recognized by the American College of Osteopathic Pathology with its Distinguished Service Award and the O. J. Snyder Memorial Award from the Philadelphia College of Osteopathic Medicine. While he was happy with those awards, he was most proud of being named Professor of the Year numerous times in every institution where he taught. His students often said he taught them to "think like doctors" when they began practicing medicine.

In his spare time, Bob enjoyed golf and snow skiing. He loved to sail and was a prolific writer, both professionally and as a hobby. His favorite place to be was near water, whether the lake at his former farm in Mannford or the ocean in St. Kitts.

Dr. Fogel was predeceased by his parents, Albert and Gussie Fogel, his brother, Sydney and his son-in-law, Scott Messler. He is survived by his wife of forty years, Pamela Ross-Fogel and his six children: Michelle Inforzato, Robert Fogel (Dina Mahfouz Ghobashy), Valerie Fogel Inforzato (Todd Bellamy), Karen Messler, Kimberly Greving (Daniel), and Anthony Fogel (Iris Enriquez Yepiz). He has twelve grandchildren and four great grandchildren. We will all miss him dearly.

One of his classes gave this description: Honorable Pathologist, Noble Teacher and, most of all, Caring and Passionate Human Being." They were so right!



#### GET INVOLVED WITH THE OOA BY JOINING A BUREAU!

The Oklahoma Osteopathic Association has many ways for members to get involved and help guide the future of the association. One of the best ways you can make a difference is by participating in one of our bureaus.

If you are interested in joining one or more of these bureaus, check the boxes that apply and mail this form back to us.

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