## OKLAHOMA D.O.

Summer 2022 Vol. 86, NO. 1

THE JOURNAL OF THE OKLAHOMA OSTEOPATHIC ASSOCIATION



Jonathan K. Bushman, DO OOA President 2022-2023



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## OKLAHOMA DO



6 PRESIDENTIAL INAUGURAL ADDRESS Jonathan K. Bushman, DO, begins his term as OOA President with his address to the membership. Read Dr. Bushman's vision and plan for leading the OOA in the coming year.

#### 122ND ANNUAL CONVENTION



9 122nd ANNUAL CONVENTION RECAP & HONOREES A look back at the Oklahoma Osteopathic Association's successful 122nd Annual Convention "What's Next?", held April 28 -May 1, 2022.



36 SIZZLIN' SUMMER CME
Beat the heat with this Summer's CME
Seminar set for August 12-14, 2022,
in Edmond, OK. We would love to see
everyone in person, or tune in from home
via Zoom. The full schedule includes
exciting networking and social opportunities
and great ways for you to get in your AOA
Category 1-A and AAFP credit hours.

#### **SUMMER 2022**

Allison C. LeBoeuf, JD, *editor-in-chief* Mykayla Caplinger, *editor* Avery Cluck, *editor* 

#### TABLE OF CONTENTS

- 6 Presidential Inaugural Address of Jonathan Bushman, DO
- 9 122nd Annual Convention Honorees
- 15 OEFOM Scholarship Recipients
- 16 Member Spotlight
- 18 122nd Annual Convention Photos
- 22 OOA Mentorship and Networking Opportunities
- 24 Connect with the OOA
- 26 OSU's Operation Orange Summer Camp Turns Ten Years Old
- 27 Facts on Vax
- 30 Advertising Opportunities with the OOA
- 38 OEFOM Donations
- 40 Executive Director's Report
- 43 OOA Calendar
- 44 Member Birthdays
- 46 Member News
- 47 In Memoriam



## Jonathan K. Bushman, D.O. OOA President 2022-2023

he mission of the Oklahoma Osteopathic Association is to advocate for the osteopathic profession and promote the health and well-being of all Oklahomans. THAT is why we are here tonight.

I recall being that annoying child that asked "Why?" repeatedly in relation to just about every topic growing up. As much as I may have come across as an annoying little brother to my older sister Jaime and brother Jared, I truly was a curious little thinker. I – like so many kids – must have believed my parents had the answer to everything! The question of "Why?" continues to drive me, inspire me, educate me, and give me purpose.

I imagine every person in this room has found themselves in the middle of life asking these very questions: Why am I here? Why me? Why do we do it this way? Why are we doing this? For some of you, you're asking that question right now!

I can assure you that through many days, weeks, months, and years, I have found myself asking these very questions. Through the rigorous days of studying during the first couple years of medical school, the never-ending days during rotations and residency, the often disheartening and long medical group meetings, some less than invigorating CME lectures, I've been seemingly unable to avoid those questions. And – you guessed it – even OOA Board meetings have left me bewildered as to "Why?" How do I begin to answer these questions, though?

I believe we must look at Andrew Taylor Still, the founder of osteopathic medicine. Suffering from daily headaches, Dr. Still found himself wandering to his horse stalls in the afternoon where he would tie a bridle between two posts, rest his head on the bridle just below his occipital crest, and relax with slow, methodical breathing for 5-10 minutes to relieve him of his tension headaches. It was this practice and asking "Why?" that Dr. Still concluded that rational treatment is based upon an understanding of the basic principles of body unity, self-regulation, and the interrelationship of structure and function. This is one of the four key tenets of osteopathic medicine. Thank you, Dr. Still, for asking "Why?" and for your contribution to the osteopathic profession!

INAUGURAL

ADDRESS

Earlier this evening, we were honored to have Kirt Bierig, D.O. provide the invocation. In early 1983, Dr. Bierig was fresh out of medical school and building a practice in Alva, Oklahoma. It was then that my mother – two days after her 28th birthday and with no idea what my future might hold – named me Jonathan Kirt after my childhood physician. I was around 25 years old and in the middle of medical school before I was even made aware of this. I had the opportunity to rotate with Dr. Bierig during my 3rd year of medical school and have since had a great friendship with him. I now have the pleasure of providing Dr. Bierig with primary care within this funny circle of life. Thank you, Dr. Bierig, for allowing us to be each other's "Why".

During late high school, I had the amazing ppportunity to play highly competitive summer baseball in

Woodward, Oklahoma with the Travelers. Among many great coaches, I was introduced to and worked alongside Butch Schoenhals, DO with our pitchers as I was a catcher. Referred to as "Doc", Butch was a practicing neurosurgeon in Oklahoma City and a Traveler alum that had found a passion in giving back to young athletes. His passion and enthusiasm for baseball cannot be matched. I'll never forget walking into the clubhouse with my Dad after a summer game to ask Dr. Schoenhals about going to medical school someday. He responded so directly, "Why not?! I can't imagine anyone better suited to be physician than you!" Thanks to your support, I never questioned myself after that day. Four years of working with you and your neurosurgical group through college provided me a priceless pre-medical education. Thank you, Dr. Schoenhals, "Doc". I was part of the "Why" you gave up your weekends not on call to drive or fly two hours one-way to support so many young men! Thank you for letting me be your "Why".

In 1999, the Northwest Oklahoma Osteopathic Foundation Board met to discuss the possibility of introducing an osteopathic family medicine residency in Enid. Through countless hours, meetings, and advocacy, the first class was accepted in 2009. In 2010. I became one of three residents to include Jon Mills, D.O. and Best Chen, D.O. Twelve years later, we are all still practicing in Enid! That goes to show the power and necessity of rural postgraduate medical education. Fast forward to 2019, and I found myself as the sitting Board President attempting to reestablish a recently closed program. It was a humbling experience to realize that the very conversations we were having had occurred 20 years prior and had led to my opportunity to receive osteopathic postgraduate training in Enid. When considering why the Foundation has continued to push for another residency program, I can't help but think of the many upcoming and future colleagues that we could impact. Thank you for letting me be your "Why".

As a final rotation in medical school, I had the opportunity to do an Administrative Medicine month with C. Michael Ogle, D.O. While not the most rigorous academic rotation, I was overwhelmed with the vast amount of responsibility and directions that Dr. Ogle's practice and leadership roles had taken

him. Nevertheless, I was inspired by the diversity of work, the professional and leadership interactions, and most importantly, his reasons for doing it. It was clear that he loved osteopathic medicine, the profession, the patients, and teaching. I recall asking Dr. Ogle, "What if I wanted to do what you do?" I was referring to owning my own business, serving the OOA, and teaching. He said, "Give it eight years, and I think you'll be there."

I don't know why he chose eight years, but as luck would have it, I resigned from my employed practice and launched my own business eight years later while at the same time precepting students and sitting on the OOA Board. I know he was part of the Foundation Board and orchestration of the residency program as

well as nominating me to serve on the OOA. Thank you, Dr. Ogle, for letting me be your "Why".











I had the recent opportunity to speak with Daniel Pink, the editor-in-chief of the Yale Law Review and #1 New York Times Best Seller of "Drive: The Surprising Truth About What Motivates Us and The Power of Regret: How Looking Backward Moves Us Forward." His work has inspired me to think about my motivations and regrets in more ways than one.

Thank you, Mom and Dad, for never letting me stop asking questions! Your patience with me and continual support is something that I often took for granted. As the years have passed and as much as the pandemic has impacted our world, the moments we have together such as tonight take on an ever-greater importance. I've always strived to make you proud. Thank you for always being there, and thank you for letting me be part of your "Why".

To my siblings, Jaime and Jared, whether I admitted it when we were kids or not, I always felt the two of you were smarter than me. I still do. You set the bar high for me, and I wouldn't be who I am without your influence, encouragement, and love.

Now the tough part. Teenagers and a two-year-old! Avery (16 years old) and Aidan (13 years old). Wow! How time has passed! Avery, you were 4 months old when I started medical school. Aidan, you were born by emergency C-section due to a placental abruption just 6 weeks into my clinical rotations in 3rd year. It's hard enough for medical students and young physi-

cians to sacrifice so much time away from friends and family, but in many ways, you paid a much greater cost. You've both kept me more grounded than I could have done on my own. Through life's challenges and tough days, my love for you and your presence in my life has taught me that being a father is not only the hardest part of life, but it can be the most rewarding part of life as well. I am so proud of the both of you, and I can't wait to see "What's Next" for you. You are my "Why". To Andrew, at two years old, tonight is just a memory to be shared with you in the coming years. Thank you, too, for the passion you bring to life, and thank you for helping me again find wonder in the simple things of life. Trying to see life again through the eyes of a two-year-old can be quite fun!

Last, but certainly not least, is my beautiful wife Andrea. I've met my match in someone who can ask "Why?" as much or more than I. You have helped me to embrace simplicity, pursue and enjoy the beauty of nature, and keep an open mind with a world full of different opinions. We've been through a lot together in our nearly five years of marriage – many things we could never have predicted. I am so thankful that you have chosen to partner with me in this crazy life. And I choose you. And I'll choose you over and over. Without pause, without a doubt, in a heartbeat. I'll keep choosing you. You are my "Why".

I want to continually be reminded of why I do what I do and why I am who I am.



2022-2023 OOA Board of Trustees: (Front L to R) Christopher C. Thurman, DO; Jason L. Hill, DO; Jonathan K. Bushman, DO; Rebecca D. Lewis, DO; Jonathan B. Stone, DO; Ashton B. Clayborn, DO (Back L to R) Allison C. LeBoeuf, JD; Amanda G. Foster, DO; Douglas C. Nolan, DO; Justin S. Sparkes, DO; Mark A. Keuchel, DO; Mark Callery, DO; Teresa Hardesty, DO

### DOCTOR OF THE DECADES

The OOA "Doctor of the Decades" award recipient shines like the star. This Oklahoma native has always had a mission to help those in need. Starting their osteopathic career in pediatrics, they quickly progressed through the ranks at the Oklahoma State University to achieve President of the Center for Health Sciences and the Dean of the College of Osteopathic Medicine. However, the rise didn't stop there. This recipient is the predecessor of Burns Hargis as the President of the entire Oklahoma State University system. This person is Kayse M. Shrum, D.O.

As the President and Dean of the College of Osteopathic Medicine, Dr. Shrum spearheaded the construction of the Tandy Academic Building and established the nation's first tribally affiliated medical school with the Cherokee Nation. President Shrum also helped secure a landmark \$197.5 million investment from Purdue Pharma to create a center of

excellence in opioid treatment and studies to address the addiction epidemic — the National Center for Wellness and Recovery.



In March 2019, Oklahoma Governor Kevin Stitt appointed her as Secretary of Science and Innovation, a role in which she led Oklahoma's rapid response in COVID-19 testing.



Dr. Shrum is the 19th president of Oklahoma State University and during her first year as the System President, she initiated the development of an OSU Energy Institute, engaging entrepreneur Harold Hamm through a \$25mm personal contribution and Continental Energy through a \$25mm corporate gift, creating the third-largest gift in OSU's history; launched a system-wide strategy process to drive toward a comprehensive university strategy with definitive decisions about the future of the institution; created University-level Institutes, including the new Oklahoma Aerospace Institute for Research and Education (OAIRE), which brings together OSU's historic strength in aerospace engineering, flight training and aeronautics; and, most importantly, helped lead the Big 12 through an historic conference realignment.

Dr. Kayse Shrum is the wife of nearly 30 years to her husband Darren, and mother to her six children: Colton, Kyndall (and son-in-law Gutherie), Joseph, Clinton, Karsen, and Kayson.

## OUTSTANDING & DISTINGUISHED SERVICE



Michael K. Cooper, D.O., was born in Southwestern Oklahoma. By the third grade, he already knew what he wanted to be when he grew up – a doctor. While still attending Shawnee High School, he began taking more pre-med college-bound classes. This young man continuously shined throughout those high school years and was bound to catch someone's eye. Over summer break, he advanced his skill sets in EMT certification and worked in a hospital as well as an ambulance service before advancing to his college education. He continued his educated at Oklahoma State University where he earned his Bachelor of Science in Physiology and Anatomy in 1983. While in graduate school, he pursued work as an EMT and a teacher's assistant in Physiology and Anatomy.

These moving parts helped flow this young man's life into receiving an acceptance letter to begin medical school. Dr. Michael Cooper graduated and earned his Doctor of Osteopathic Medicine degree from OSU College of Osteopathic Medicine-Tulsa in 1990.

Dr. Cooper pursued a rotating internship in Oklahoma City. The same day he graduated that internship, he married Diane. After the marriage, they relocated to Enid for his two-year Family Practice residency. After his residency, he selected Claremore, OK and joined Gary Sutton, D.O. and Gary Steinbrook, D.O. where they delivered many generations of children. Throughout his 29 years as a D.O., Dr. Cooper traveled on several medical mission trips to Venezuela and various cities in Mexico. Obtaining numerous great career highlights, he holds the title of OOA Past President from 2014-2015 and served on many boards after his term following his presidency and was awarded the A.T. Still Award of Excellence. He's a mentor to first-year OSU medical students. Dr. Michael K. Cooper has accomplished and continuously accomplishes a variety of different awards, titles, and achievements.







## DOCTOR OF THE YEAR



This year's most prestigious honors, the "Doctor of the Year" award goes to a physician who provides their community with compassionate and comprehensive medical services, is directly involved in community affairs, and supports their associations. Being politically active for the D.O.s, helping his wife build animal habitats, and juggling events prove that Bret S. Langerman, D.O., continues to be an amazing and talented doctor every year.

Dr. Langerman was born and raised on the southside of Oklahoma City and grew up in the halls of Hilcrest Hospital. Being intertwined with the doctoral lifestyle, it was no question after he graduated from

U.S. Grant High School that he would become a D.O. He continued his pre-medical education at the University of Oklahoma for three years and earned his Doctor of Osteopathic Medicine degree from the Oklahoma State University College of Osteopathic Medicine, becoming a D.O. just like his father and older brother. He completed his residency in family medicine through Hillcrest Hospital from 1995 to 1997 and in 2001 he went back and completed a residency in emergency medicine.

Humbly a family man, he supports his wife and two daughters. He enjoys time with his children and all their events, but he also enjoys going to his folk's place by the lake to get away going to his kids' events and working in his office.











Oklahoma D.O. | PAGE 11

#### A.T. STILL AWARD OF EXCELLENCE



Jason K. Regan, D.O., is a Native Choctaw from McAlester, Oklahoma. After receiving his Bachelors of Science in Biology from Southeastern Oklahoma State University, Dr. Regan completed his Doctorate of Osteopathic Medicine from OSU-COM in 1998. He then completed a four year combined Residency in Internal Medicine and Pediatrics at the University of Oklahoma College of Medicine in Tulsa, OK. He was selected as Chief Resident during his final year of training. He is dual Board Certified by the American Board of Internal Medicine and the American Board of Pediatrics. Dr. Regan has served the Choctaw Nation as an Emergency Medicine Physician since 2002. He is currently the Physician Director of the Laboratory Services and the Director of Radiology Services. Addition-

ally Dr. Regan has served as Chief of Staff at CNHSA in 2004, 2005, 2006, 2007 and 2011. Dr. Regan is an active member of First Baptist Church McAlester, and he and his wife have a son and daughter. When Dr. Regan has free time he coaches his children's baseball, softball and football teams.

Dr. Regan embodies the teachings of Dr. Still and impacts generations of Oklahomans. His key role in establishing the Choctaw Nation Family Medicine Residency was integral in meeting the needs of the people in Southeastern Oklahoma. His continued service in clinical teaching, leadership, and didactic developmental mentorship is an example to all Oklahoma D.O.s.

#### **ROOKIE PHYSICIAN OF THE YEAR**



Jared E. Lepley, DO, is a general surgeon in Oklahoma City, Oklahoma. He is a second-generation physician and Oklahoma City native who enjoys the opportunity to return to his roots to care for patients. He entered the medical field following the footsteps of his father, a local pediatrician, and quickly fell in love with surgery and mastering the latest technologies to help patients get back to feeling their best.

Dr. Leply earned his bachelor's degree in biology medical science from the University of Oklahoma before pursuing his medical degree at the OSU-COM, where he had the opportunity to participate in a number of professional studies and lectures. Dr. Lepley specializes in the areas of

robotic and minimally invasive surgeries, as well as other surgical solutions, and he is one of the top general surgeons in robotic surgery in the state of Oklahoma.

When not caring for patients, he can be found cheering on the Oklahoma City Thunder and the University of Oklahoma Sooners, spending time with his wife, who is also a physician, their daughter, and their two Australian Shepherds.

## AWARDS OF APPRECIATION



Holly Gerard, political consultant from Durant, OK is a graduate from Baylor University in Waco, Texas. Ms. Gerard has worked on campaigns from local to presidential race involvement, and has volunteered for campaigns and causes since well before she was old enough to vote. She married her husband, Terry, a third generation osteopathic physician, and they made their home in Durant, Oklahoma. Ms. Gerard has been an excellent friend to the OOA and is a founding board member of the Friends of the Oklahoma Osteopathic Association (FOOA).

For the last decade, Ms. Gerard has served Oklahoma and beyond as an effective political consultant, helping to put SE Oklahoma on the map with work for state, federal, tribal, and presidential candidates. She specializes in grassroots activist training, data-driven strategic and tactical plan development, analysis and messaging, and works to bring attention to causes that would improve communities and create stronger support infrastructures.



Scott Selman joined Rich & Cartmill, Inc. as a producer in May of 2002 after graduating with honors from the University of Oklahoma with a Bachelor's degree in Finance. In January 2009, Scott became a shareholder of Rich & Cartmill, Inc. He works mainly in the healthcare, energy, and manufacturing sectors. Mr. Selman and his wife, Meredith, have five beautiful children.

Mr. Selman has been a longtime supporter of the OOA and is the endorsed agent for Professional Liability by our association. We would like to recognize, and thank him, for his diligent efforts and years of friendship. The

contributions he has made have not gone unseen.



Jami Longacre is President of Longacre Inc., a full-service legislative consulting firm that prides itself in a proven record of success in lobbying the Oklahoma Legislature, marketing and communications expertise, and media and public relations efforts. Prior to launching her own lobbying business, Longacre, Inc., she was honored to work with Clem and Bart McSpadden of McSpadden & Associates as a legislative and marketing consultant. Today, Jami resides in Kellyville with her husband, John, and their son, Turner.

Ms. Longacre has served the OOA as our Lobbyist of record for two and a half years, and has been an invaluable asset to the association's advocacy work.

## A.T. STILL, D.O. SOCIETY

Thank you for your generous donation to the OEFOM and congratulations on your induction into the A.T. Still Society!

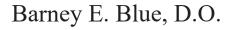




has been inducted into the

A.T. Still, DO Society

for donating \$10,000 or more to the Oklahoma Educational Foundation for Osteopathic Medicine.



Dennis J. Carter, D.O.

ACOFP Oklahoma Chapter

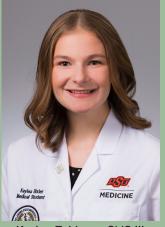
LeRoy E. Young, D.O., FAOCOPM *dist*.

Choctaw Nation Health Services Authority



## **SCHOLARSHIP** RECIPIENTS

OKLAHOMA EDUCATIONAL FOUNDATION FOR OSTEOPATHIC MEDICINE



Kaylea Feldman, OMS III \$3,000 Scholarship



Jordyn Austin, OMS II \$2,000 Scholarship



Shelby Cummins, OMS II \$2,000 Scholarship



Kirstein Lindley-Minley, OMS II \$2,000 Scholarship



Emily Sowah, OMS I \$2,000 Scholarship



Kennedy Williams, OMS II \$2,000 Scholarship



Paul Delgado, OMS I \$1,000 Scholarship



Hayden Fox, OMS II \$1,000 Scholarship



Kyrsten Bene-Valentine, OMS I \$1,000 Scholarship



Angel Giron-Lopez, OMS I \$1,000 Scholarship





#### 1.What is your name? Cheryl "Cheri" Kroeker

- 2. What is your specialty? **Family Medicine**
- 3. How many years have you been in practice?

15

4. What College of Osteopathic Medicine did you attend?

#### **Oklahoma State University**

- 5. What year did you graduate? **2004**
- 6. What do you do when you are not practicing medicine?

Working in flower beds, swimming

7. What is something you have always wanted to try, but never did?

**Ballet** 

- 8. What's your favorite holiday? Why?

  Thanksgiving it is the time
  when I get to see more of my
  extended family
- 9. What is your all-time favorite movie?

A Walk to Remember

#### **MEMBER SPOTLIGHT**

Cheryl Kroeker, D.O.



13. Where is the best location spot/what is your bucket list destination?

The Northeast during the Fall

14. What is the best piece of advice that was given to you?

I wanted to go to Vet school when I was young. My Dad told me to go to Medical School instead.

15. What advise do you have for the younger generation?

You are responsible for the trajectory of your life. If you don't like where you are it, put in the work to make the changes.

- 16. Do you know someone famous?
  No, but I would like to meet
  Kirk Cameron
- 17. What is the most important thing about the work that you do?

Taking time to listen to people. Sometimes that is all they need.

18. What was a highlight of this last year?

Riding in our Razor (UTV) in the mountains of New Mexico.

19. Do you have a favorite sports team?

Yes, OKC Thunder

20. What is the sweet treat that you would break a diet for?

Probably almost anything, but have a weakness for cupcakes.





# Oklahoma D.O. | PAGE 17

## **NEW OOA** LIFE MEMBERS



Gary W. Cannon, D.O. Tulsa, OK



Henry M. Allen, D.O. Oklahoma City, OK

Not Pictured:

David W. Asher, D.O. Tulsa, OK

Joseph A. Braden, D.O. Muskogee, OK

Gary T. Dykstra, D.O. Bartlesville, OK

G. Wayne Flatt, D.O. Sanibel, FL

Terry R. Gerard, D.O. Tulsa, OK

James I. Graham, D.O. Fairfax, OK

Christian S. Hanson, D.O. Tulsa, OK

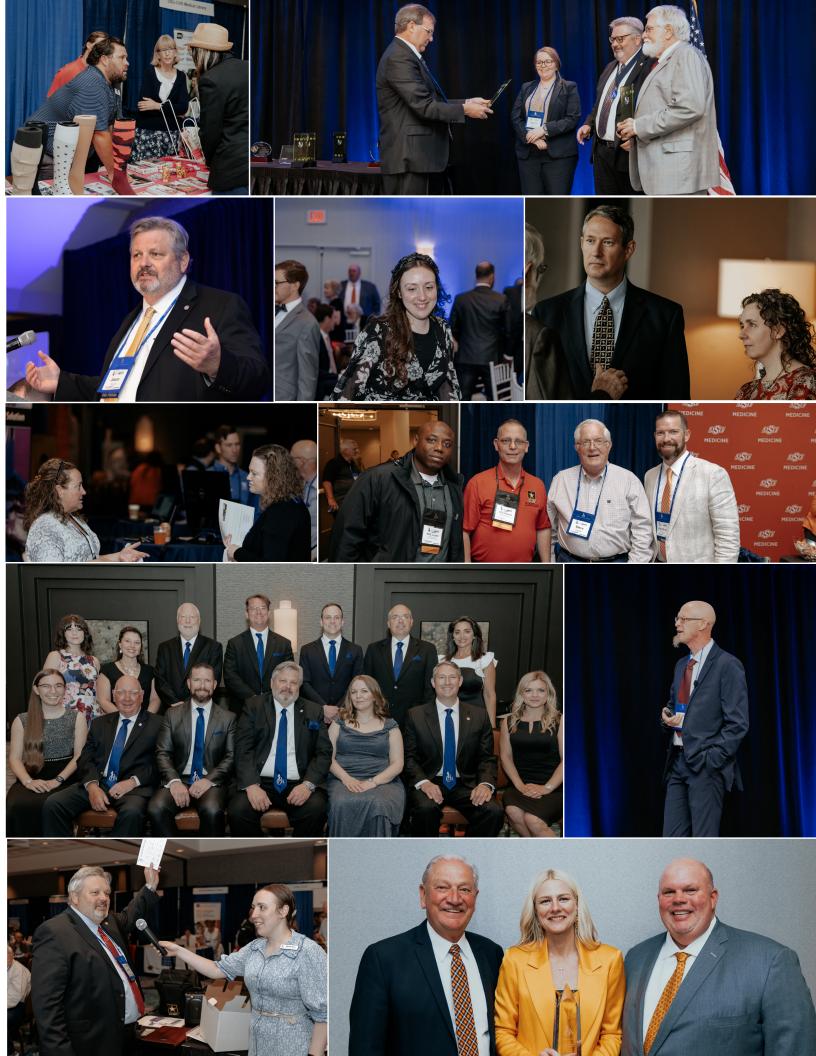
Beau C. Jennings, D.O. Broken Arrow, OK

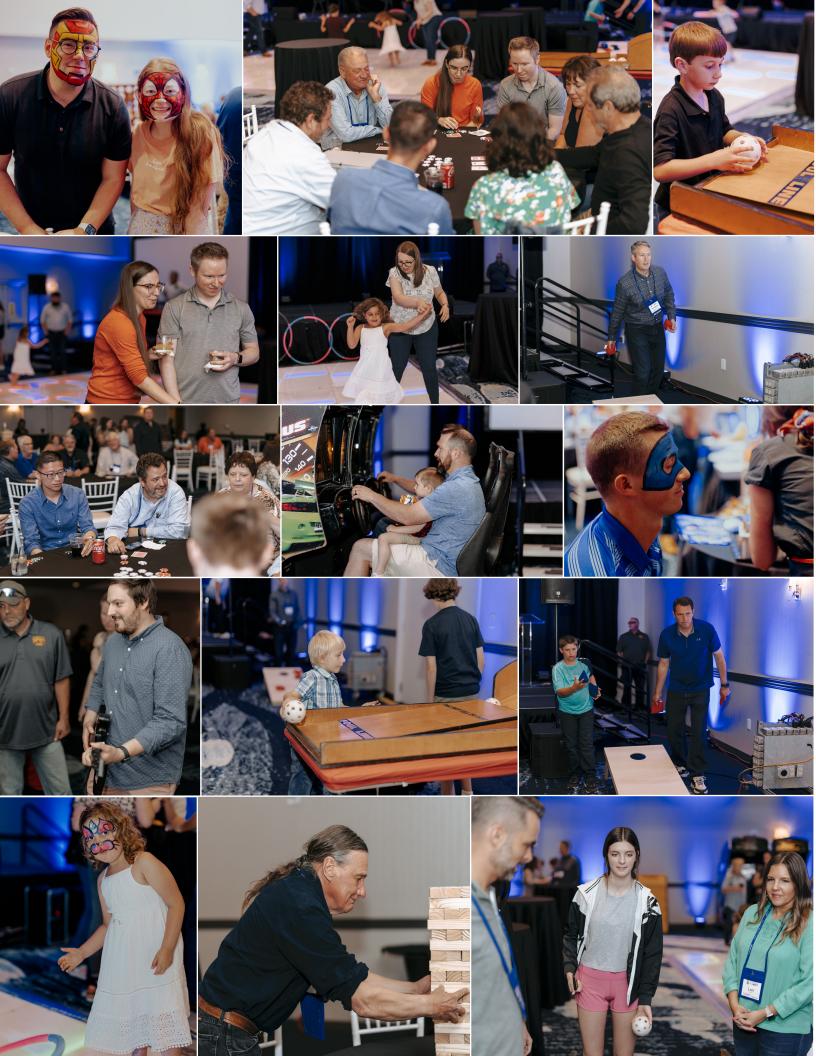
Peter C. Lafon, D.O. Drumright, OK

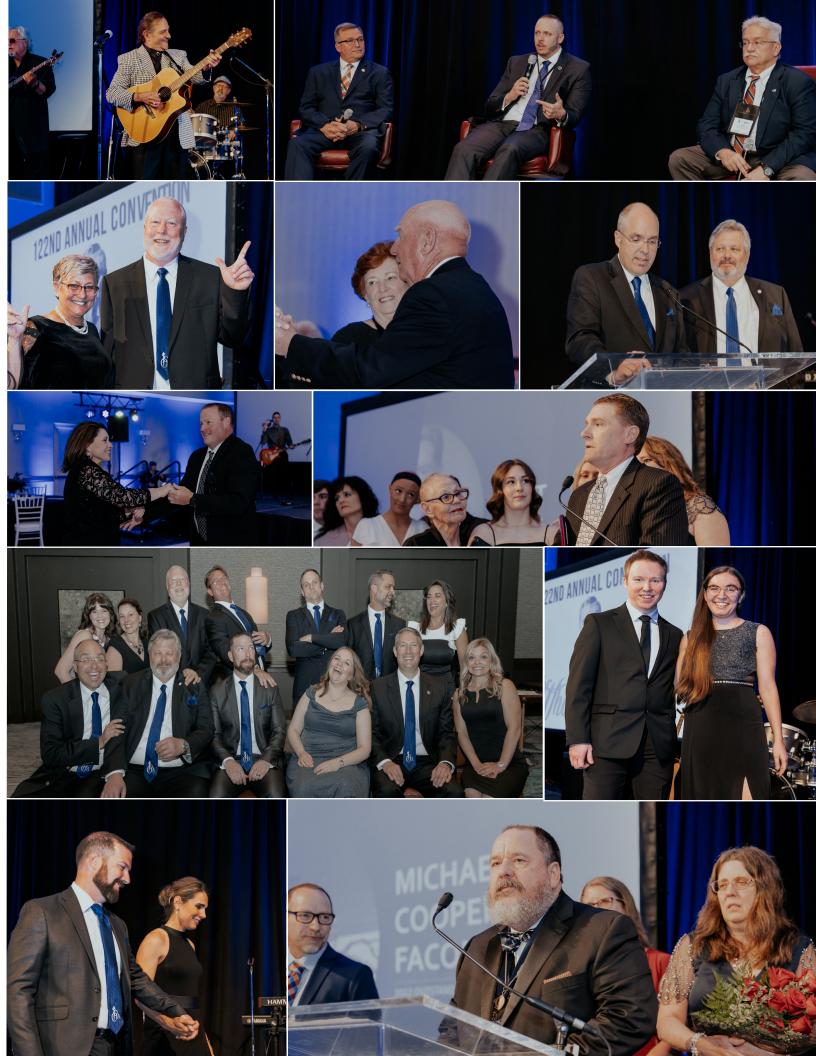
Kenneth R. Trinidad, D.O Tulsa, OK











## NETWORKING & MENTORSHIP OPPORTUNITIES

#### Mentor/Mentee Program

You can be an incredible source of information and encouragement for the next generation of osteopathic physicians by mentoring a first-year OSU-COM student.

The OOA's Mentor/Mentee program pairs residents, practicing, and retired physicians with these new medical students to help guide them through this journey's ups and downs.

While the time commitment asked of you is not significant, your knowledge and wisdom can make a significant impact on these students as they navigate medical school.

If you'd like to participate, please contact Mykayla Caplinger at mykayla@okosteo.org or 405.528.4848.

#### Lunch with Leaders

The OOA invites you to our special Lunch with Leaders during our IN-PERSON Summer CME Seminar, "Sizzlin' Summer: Beat the Heat With the Best CME," August 12-14, 2022.

We're gathering several of our OOA past presidents and current members to share their expertise, our association's rich history and, most importantly, give you a chance to network and ask questions.

It's scheduled for Noon on Saturday, August 13th at the Hilton Garden Inn & Edmond Conference Center and it's completely FREE!

All we need from you is to know you're planning to join us. Please RSVP to the OOA office by calling 405.528.4848 or emailing Mykayla Caplinger at mykayla@okosteo.org.



OOA physicians and student members pose with staff at the Oklahoma State Capitol, April 2022.



#### What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.

#### **BECOME A MEMBER TODAY!**

FOOA regular member dues are \$50 annually (November 1 – October 31). Membership for the spouses of medical students and residents is FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both OOA & FOOA dues if you'd prefer).

| 500444             |            |                     |                    |                     |      | Amount Enclosed  |
|--------------------|------------|---------------------|--------------------|---------------------|------|--|
| Mobile Phone: _    |            |                     | ome Phone:         |                     |      | (\$50 for each FOOA membership;<br>Spouses of Medical Students &<br>Residents is FREE) |
|                    |            | Parent or Other Lov |                    |                     |      | \$   |
| ☐ Resident Spous   | se 🗖       | Medical Student Տր  | oouse              |                     |      |  |
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| Signature:         |            |                     |                    |                     | CVV  | :  |
| Name (please print | as it appe | ears on card):      |                    |                     |      |  |
| Billing Address:   |            |                     |                    |                     |      |  |
| City               |            |                     |                    | State:              | 7    | in:  |

## Connect with us!

With everything vying for your attention, we know how hard it is to keep up with the latest osteopathic news. Follow these simple steps to make sure you don't miss a thing!





#### GET INVOLVED WITH THE OOA BY JOINING A BUREAU!

The Oklahoma Osteopathic Association has many ways for members to get involved and help guide the future of the association. One of the best ways you can make a difference is by participating in one of our bureaus.

If you are interested in joining one or more of these bureaus, check the boxes that apply and mail this form back to us.

**Cell Phone:** 

| Email:  |
|---|
|   |
| ☐ Bureau on Legislation: This bureau keeps members updated on the latest legislative news that will impact your practice and patients. The participants also help guide the OOA's stance on legislative issues.                         |
| ☐ Bureau on Membership: This bureau is open to any active member of the OOA and focuses on expanding our membership and bringing new benefits to members.   |
| ☐ Bureau on Postgraduate Education: This bureau primarily focuses on organizing the annual Research Poster Symposium. The symposium provides students and residents with an opportunity to showcase their research and win prize money. |
| ☐ Bureau on Continuing Medical Education: This bureau focuses on the Winter and Summer CME Seminars to help determine the program and overall purpose of each seminar.  |

#### Please send completed forms to:

Mail: 4848 N. Lincoln Blvd., Oklahoma City, OK 73105 Fax: 405-528-6102 Email: allison@okosteo.org

Name:

## OSU-CHS' OPERATION ORANGE SUMMER CAMP TURNS 10 YEARS OLD

By Sara Plummer



Students take part in an intubation exercise during Operation Orange at OSU in Stillwater in June 2021.

Ten years ago, Oklahoma State University Center for Health Sciences launched a unique summer camp experience for secondary students living in rural communities in Oklahoma.

Operation Orange, a one-day traveling medical school summer camp, aims to spark or encourage an interest in medicine and health care in middle and high school students in communities outside the larger metropolitan areas in the state.

Participants practice chest compressions and putting in a breathing tube as well as run a medical simulation case on one of the OSU College of Osteopathic Medicine's high-fidelity manikins.

They will also learn about OSU-CHS' Athletic Training program and preparing for medical school. This year, Operation Orange will be traveling to Ada, Enid, Lawton, Stillwater and Tahlequah during the first two weeks of June. When Operation Orange began, a groups of OSU medical

school students, faculty and staff traveled to four communities to host the camps.

"The inaugural Operation Orange summer camps were a huge success. More than 150 middle and high school students from across Oklahoma had the opportunity to learn more about OSU's medical school and interact with students and faculty," said Ashley Adkins, who helped organize the camps in those first years and now serves as associate vice president of facilities management at OSU-CHS.

Operation Orange was started to ultimately recruit students in rural areas of Oklahoma to medical school. "With our state facing a growing physician shortage, it has become imperative that we attract medical students who want to stay and practice in rural Oklahoma after completing their degree," OSU-CHS President Johnny Stephens said. "One of the key factors that determine where physicians will set up their medical practice is where they were raised. Physicians who grew up in rural Oklahoma are more likely to practice medicine in a rural community."

In the 10 years since Operation Orange started, the locations and number of communities visited each summer has changed and grown. For the past few years about 400 high school students have participated in the six camps offered across the state.

In fact, this summer, the OSU College of Osteopathic Medicine at the Cherokee Nation in Tahlequah will host two Operation Orange camps — one for middle school students on May 31 and one for high school students on June 1.

"We wanted to give middle school and junior high students the chance to be involved and ignite that spark in medicine and believing that they can be doctors," said Dylan Tucker, outreach coordinator at OSU-CHS.

For more information or to register for Operation Orange, go to okla.st/OpOrange.

Facts on Vax is a partnership of osteopathic organizations committed to lowering the rates of COVID-19 through prevention. The American Osteopathic Association is collaborating in partnership with the Oklahoma Osteopathic Association on an initiative to prepare osteopathic physicians to discuss the importance of COVID-19 prevention, including vaccinations with patients. Training materials and resources can be found on factsonvax.org



Osteopathic physicians and their healthcare teams must be ready to discuss concerns with patients who may be hesitant about the vaccine. The educational information below is provided by the Centers for Disease Control and Prevention.

**Amanda G. Foster, D.O.,** gave some incredibly informative lectures over vaccines during our 122nd Annual Convention and our 2022 Winter Seminar to assist our partnership. Future lectures on vaccine hesitency will be held in upcoming CME conferences.

#### **VACCINES WORK**

- Getting vaccinated against COVID-19 can lower your risk of getting and spreading the virus that causes COVID-19.
- Vaccines can help prevent serious illness and death.
- If you already had COVID-19, you should still get a COVID-19 vaccine for added protection.
- Getting a COVID-19 vaccination is a safer way to build protection than getting sick with COVID-19.
- COVID vaccination helps protect you by creating an antibody response without you having to experience sickness.
- Getting sick with COVID-19 can cause severe illness or death, even in children, and we can't reliably predict who will have mild or severe illness.
- You may have long-term health issues after CO-VID-19 infection. Even people who do not have symptoms when they are initially infected can have these ongoing health problems.
- People who are sick with COVID-19 may spread COVID-19 to others including friends and family who are not eligible for vaccination and people at increased risk for severe illness from COVID-19.

#### **VACCINES ARE SAFE**

- While COVID-19 vaccines were developed quickly, all steps have been taken to ensure their safety and effectiveness.
- Hundreds of millions of people in the United States have received COVID-19 vaccines under the most intensive safety monitoring program in U.S. history.
- A growing body of evidence shows that the benefits of COVID-19 vaccination outweigh the known and potential risks.
- Before recommending COVID-19 vaccines, including for children ages 5 years and older, scientists conducted clinical trials with thousands of adults and children and found no serious safety concerns. Learn more about the benefits of CO-VID-19 vaccination for children and teens.

SCAN THE QR CODE TO VISIT
THE FACTS ON VAX WEBSITE
FOR MORE INFORMATION

## AOA CATEGORY 1-A CREDITS WHENEVER • WHEREVER

The CME Center, a collaboration with other state associations, is a hub for ondemand programs, webinars, and live educational opportunities addressing a broad spectrum of topics covering practice management, healthcare regulation and relevant clinical issues.

Visit www.thecmecenter.org, create an account & access over 150+ CMEs instantly!

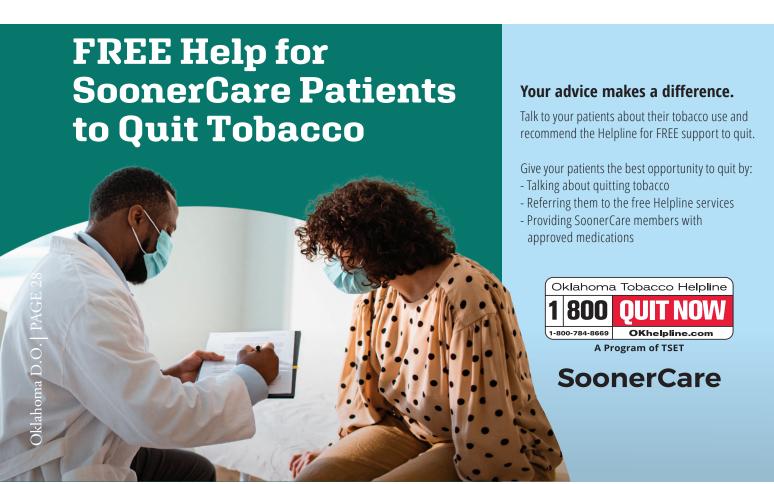
With more constantly being added,

DO CME is the place to get the latest on-demand lectures.



To watch OOA sponsored lectures on The CME Center, scan the QR Code or visit www.thecmecenter.org/topicarea/ooa-oklahoma





## STRIDE

Symposium on Tribal and Rural Innovations in Disparities and Equity for Health

#### RESEARCH POSTER COMPETITION



Learners are encouraged to submit posters related to health care disparities, social determinates of health, or health equity. This should highlight the differences in health status in any studied population compared to the comparable majority (or more commonly studied population). This work can be based upon differences in race or ethnicity, gender, gender identity, disability/ability, sexual orientation, age, rural/urban, education, housing or food security, and other parameters.

**ABSTRACTS DUE: JULY 29, 2022** 

#### **ABSTRACT SUBMISSION:**

redcap.link/STRIDE



#### **EVENT DETAILS:**

#### SATURDAY, SEPT. 10

OSU-COM at the Cherokee Nation Tahlequah, OK

osu.cloud-cme.com/STRIDE

Approved for 6 Category 1-A AOA Credits.







COLLEGE OF

OSTEOPATHIC MEDICINE

at the Cherokee Nation



#### Digital

#### Homepage Ad

Display your company's logo or targeted message on the OOA's homepage, which has an average of 660 unique page views each month.

#### Social Media Post

Reach the OOA's 1,400+ Facebook fans, 1,800 Twitter followers and 300 Instagram followers with your company's message. Your content is subject to approval by the OOA and is limited to once per quarter per company.

#### **OOA Report Blurb**

The OOA Report is a weekly email statement sent to nearly 2,100 physicians, residents and medical students mainly in Oklahoma but also including a handful of out-of-state members representing 17 states around the country. Average open rate is 30%. Highest open rates occur in January, April and October.

#### **CME App Tab**

Reach attendees at any of our three continuing medical education seminars with a sponsored tab in our app. Each CME has its own app which attendees use to access the schedule, speaker information and lecture slides. The tab includes an image of your choice plus a description of your company or product, as well as links to your website and social media. For more information on our CMEs, please look at the descriptions in the Exhibiting section.

#### Print

#### Oklahoma D.O. Journal

Mailed to over 250 physician members, this quarterly journal is also distributed through the weekly OOA Report e-newsletter to nearly 2,100 physicians, residents and medical students and shared via the OOA's social media.

#### **OOA Annual Directory**

This yearly directory is mailed to over 1,200 OOA members and used by many on a regular basis to connect with their colleagues.

#### **Marketing Piece in CME Packet**

Printed piece of your choice will be included in every registrant packet at the chosen CME seminar. Your materials would need to be received two weeks prior to the seminar.

#### Convention Program

Reach nearly 400 physicians with an ad in our annual convention program. Each registrant receives one in their packet and it contains all of the vital information for the conference including the lecture schedule and social events.

#### **Exhibiting**

#### **Summer CME**

Generally held in the Greater Oklahoma City area in August, this seminar draws between 100-120 physicians for this three day event. This intimate seminar features hybrid exhibit packages, CME App tab, two OOA report blurbs, and marketing piece in CME packet. Your fee also includes a list of all the attendees and a print copy of the most recent OOA Annual Directory.

**Association** 

#### Winter CME

This CME attracts around 300 physicians and other health care professionals who are interested in discovering how your products and services will advance and improve their work. Each exhibitor will have an opportunity to introduce themselves in the lecture hall as well as hosting individual booths near the food and beverage area where guests congregate.

#### **Annual Convention**

Held in April at the Sheraton Hotel in downtown Oklahoma City, this convention draws between 350-400 physicians across the United States both in-person and virtually. Choose from various booth options which will be set up in the dining and beverage area of the convention providing opportunities to connect with attendees. Convention includes four hours of exclusive, non-competing exhibit hours. Complimentary pre- and post-show attendee mailing list.

For more information contact Mykayla Caplinger at mykayla@okosteo.org





The Oklahoma Osteopathic Association and Oklahoma Educational Foundation for Osteoapthic Medicine partner annually to provide incoming first-year medical students Cardiology-IV stethoscopes. We are offering osteopathic physicians the opportunity to sponsor a stethoscope to future osteopathic physicians. Names will be included with the gifted Litmann Stethoscope to connect the sponsoring physician with the student recipient.

# Follow Us on Social Media



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#### Shout out to our 122nd Annual Convention

## Exhibitors



#### OKLAHOMA OSTEOPATHIC ASSOCIATION HYBRID 2022 SUMMER CME SEMINAR

#### "SIZZIN' SUMMER: BEAT THE HEAT WITH THE **BEST CME**"

As healthcare in the United States moves towards value-based care, physicians will need to focus more on long-term patient outcomes. On the forefront of these outcomes are hypertension, maternal conditions, and providing care to patients outside the hospital. Physicians must be prepared to deliver high-quality patient care both in and out of the hospital to drive improvements in patient safety and public health metrics while simultaneously navigating the limitations of the healthcare system.

#### **PROGRAM OBJECTIVE**

After this seminar, attendees will have a better understanding of best practices for a variety of conditions, updated treatment modalities, relevant information on legal and legislative topics applicable to current practice, and an enhanced understanding of the intersection of primary and specialty care.

#### **ACCREDITATION**

The OOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOA designates this program for a maximum of 17

AOA Category 1-A credits and AAFP credits (AMA PRA Category 1 Credits<sup>TM</sup>)

#### IMPORTANT INFORMATION

#### **CANCELLATIONS**

The OOA must receive requests for refunds before July 29, 2022 in order to be granted. A \$30 service fee will be charged. Registration fees are not refundable after July 29, 2022. Extenuating circumstances will be reviewed on an individual basis.

#### **MEMBERSHIP**

Membership dues must be current at the time of registration to qualify for member rates. If you would like to join or renew your membership, please mark your registration form accordingly or contact Jacob Young at 405.528.4848 or jacob@okosteo. org.

#### SPECIAL ACCOMODATIONS

Please notify OOA staff if you have any special accommodation requirements by July 29, 2022.

#### **QUESTIONS**

**Audrey Hendricks** Phone: 405.528.4848 Fax: 405.528.6102

Email: audrey@okosteo.org





**FRIDAY, AUGUST 12** 

Noon - 6 PM **Registration Opens** 

2 - 3 PM Stacia B. Shipman, DO

(certified emergency medicine, Oklahoma City,

OK)

3 - 4 PM G. Tyler Jones, DO

(certified internal medicine, Oklahoma City, OK)

4 PM **Break** 

4:15 - 5:15 PM Steffen E. Carey, DO

(certified family practice, Tulsa, OK)

5:15 - 6:15 PM Ryan T. Morgan, DO

(certified internal & obesity medicine, Oklahoma

City, OK)

#### **SATURDAY, AUGUST 13**

7 AM - 6 PM Registration Open

8 - 9 AM William P. Wylie, DO

(certified emergency medicine, Oklahoma City,

9 - 10 AM M. Blake Evans, DO

(certified obstetrics & gynecology, Oklahoma City,

10 - 10:15 AM **Break** 

10:15 - 11:15 AM L. Claire Epperson, DO

(certified internal & obesity medicine, Oklahoma

City, OK)

11:15 - 12:15 AM Gregory Root, DO

(certified internal & obesity medicine, Yukon, OK)

12:15 - 1:15 PM **Luncheon with Leadership** (Students, Residents, & Fellows

encouraged, ALL Welcome!)

1:15 - 2:15 PM Legislative Update

2:15 - 3:15 PM Proper Prescribing

3:15 - 5:15 PM Risk Management

Sign-in required to receive credit

#### SUNDAY, AUGUST 14

7 AM - NOON **Registration Opens** 

8 AM Jim G. Melton, DO

(certified peripheral vascular surgery & general

surgery, Oklahoma City, OK)

Robert J. Wittrock, DO 9 AM

(certified pediatrics, Tulsa, OK)

10 AM Patrick M. Cody, DO

(certified emergency medicine & emergency

medical services, Norman, OK)

10 AM Glennda D. Tiller, DO

(certified family medicine/OMT, Tulsa, OK)

SCAN HERE TO VISIT OUR WEBSITE

## REGISTRATION FORM

Hilton Garden Inn & Edmond Conference Center 2833 Conference Drive, Edmond, OK, 73034

For hotel reservations, call 405-285-0900

| Name                        |       | Degree        |                                     |  |  |
|-----------------------------|-------|---------------|-------------------------------------|--|--|
| Preferred First Name for Ba | dge   |               | Beat the heat with the best CME     |  |  |
| Guest(s)                    |       |               | - Dear one near with the vest Civil |  |  |
| City of Practice            | Phone | Email Address |                                     |  |  |

#### REGISTER ON/BEFORE JULY 29 AND RECEIVE A \$30 DISCOUNT ON THE REGISTRATION FEES BELOW!

#### **REGISTRATION FEES**

DO & MD Member Registration\*

DO & MD Member

Proper Prescribing & Risk Management Only Registration<sup>+</sup>

Retired DO & MD Member Registration\*

DO & MD Non-Member Registration\*

DO & MD Non-Member

Proper Prescribing & Risk Management Only Registration<sup>+</sup>

Allied Health Provider Registration\*

Allied Health Provider

Proper Prescribing & Risk Management Only Registration<sup>+</sup>

Student | Intern | Resident | Fellow Registration\*

<sup>+</sup> Four hours of AOA Category 1-A credit on SATURDAY, including Proper Prescribing course, Risk Management course

| IN-PER          | \$       | 449<br>free | VIRTUAL  | \$       | 499<br>free | \$    | Total<br>Enclosed/Due                            |
|-----------------|----------|-------------|----------|----------|-------------|-------|--|
| <b>ERSON RI</b> | \$       | 599         | JAL REGI | \$       | 649         | \$-30 | Early Bird<br>Discount<br>(on or before July 29) |
| REGISTE         | \$       | 239<br>999  | SISTRAT  |          | 289<br>1049 | \$    | Membership Fee<br>Total*                         |
| STRATION        | \$<br>\$ | 499<br>349  | VIION    | \$<br>\$ | 549<br>399  | \$    | Registration Total                               |
| _               |          |             |          |          |             |       |  |

SIZZLINI

\*if applicable

Special Needs or Dietary Requests\*

\*must be submitted by July 29, 2022

NOTE: Membership dues must be current at the time of registration and at the time of the conference to qualify for member rates. Requests for refunds must be received before July 29, 2022, and a \$30 service fee will be charged. No refunds after July 29, 2022. A printed syllabus will not be available.

| MEMBERSHIP                  |        |
|-----------------------------|--------|
| Regular Membership          | \$ 500 |
| 3 or more years in practice | \$ 400 |
| 2nd Year of Practice        | \$ 300 |
| 1st Year of Practice        | \$ 200 |
| Military                    | \$ 100 |
| Out of state                | ¢ 100  |

Updated schedule and session information will be available online (www.okosteo.org/upcoming-events) and on the OOA Summer app as it is confirmed.

#### TO COMPLETE YOUR REGISTRATION

Mail this form to 4848 N. Lincoln Blvd., OKC, OK 73105 Fax this form to 405.528.6102

Register online at www.okosteo.org/upcoming-cmes-events

#### **PAYMENT INFORMATION:**

- □ **Check enclosed** (check must be made payable to **OOA** representing payment for items checked.)
- □ **Credit Card Information Below** (all information must be provided below for your card to be processed.)

| Name on Card    |                 |
|-----------------|-----------------|
| Credit Card No. |                 |
| Exp. Date       | 3 Digit CID No. |
| Billing Address |                 |
| City            | ST & ZIP        |
| Signature       |                 |

□ VISA □ MASTERCARD □ DISCOVER □ AMERICAN EXPRESS

For hotel room reservations, call Audrey Hendricks at the OOA. Special room rate of \$109 per night.

#### **Important Proper Prescribing News**

To obtain proper prescribing credit through OSBOE a physician should attend a proper prescribing course once every year that has been approved through the licensure board (speaker and material).

<sup>\*</sup> Includes: Proper Prescribing, Risk Management, two continental breakfasts & Saturday luncheon



## DOWNLOAD INSTRUCTIONS

2022 SUMMER CME SEMINAR





## Bureau News

#### **Welcome to our new members!**

The OOA Board of Trustees welcomes the following new members to the OOA family!

#### Kenneth Brown, DO

Military Member Internal Medicine *Tulsa, OK* 

#### Robert Cortner, DO

Out-of-State Member General Practice Tulia, TX

#### Jantzen Matli, DO

First Year in Practice Member Family Practice

Gatesville, TX

## Want to join the Bureau on Membership? Bureau on Membership meets once every month on Tuesday at 7 pm.

Please contact Jacob Young at jacob@oksteo.org or 405-528-4848 for more details.

Signature



#### We Need Your Help!

Funds contributed to the OEFOM are used for student scholarships, educational activities, and to maintain the Oklahoma Osteopathic Educational Center (OOA Central Office). Please consider a tax-deductible contribution of \$25, \$50, \$100, \$250, \$500 or a \$1,000 or more to the OEFOM General Fund, Student Scholarship Fund, or the Building Maintenance Fund.

Tax-deductible gifts can be easily made to the OEFOM in the following ways:

- Make a secure donation online at https://www.okosteo.org/donate-to-oefom
- Mail this form with your check or credit card information to 4848 N. Lincoln Blvd., OKC, OK 73105.

Fax your form to the OOA's central office at (405) 528-6102.

| -                     |                       |           |                  | =        |
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| □ Please use my       | contribution where it | 's needed | the most         | _        |
| □ Contribute to a     | specified account:    |           |                  |          |
| (Genera               | al Fund, Scholarship  | Fund, Bui | lding Maintenand | ce Fund) |
| Make checks payable   | to <i>OEFOM</i> .     |           |                  |          |
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| Card No               |                       | Caro      | l Exp. Date      |          |
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Gift amount: \$

# Oklahoma D.O. | PAGE 39

# THANKYOU for your donations

#### **OEFOM General Fund**

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Laura Jane Holsey, DO
Steve Hendricks
Bret S. Langerman, DO
Troy L. Harden, DO

| <u> </u>               |                                     |
|------------------------|-------------------------------------|
| David F. Hitzeman, DO  | Memorial for Fred H. Northrop, DO   |
| David F. Hitzeman, DO  | Memorial for Thomas R. Pickard, DO  |
| Stanley E. Grogg, DO   | Memorial for Thomas R. Pickard, DO  |
| David F. Hitzeman, DO  | Memorial for Gary M. Freeman, DO    |
| Gary L. Patzkowsky, DO | Memorial for Garry T. Bull, DO      |
| Dennis J. Carter, DO   | Memorial for H. Zane DeLaughter, DO |
| Terry L. Nickels, DO   | Memorial for C.B. Pettigrew, DO     |
| Terry L. Nickels, DO   | Memorial for W.W. Stoever, DO       |
| Terry L. Nickels, DO   | Memorial for Mr. Mike Penwell       |
| Terry L. Nickels, DO   | Memorial for Rodney Lentz, DO       |
| Terry L. Nickels, DO   | Memorial for Thomas J. Stees, DO    |
|                        |                                     |

### **EXECUTIVE DIRECTOR'S REPORT**



The past year has been a period of growth and renewed engagement within the OOA. Our association has not only successfully returned to in-person conferences and events, with flexible hybrid offerings that allow for virtual participation as well, we have also made the presence of our members known and felt throughout the communities within our state through significant collaborative advocacy efforts and community involvement.

It has been our honor to nominate members to esteemed positions of service on multiple boards. This includes the appointment of Dennis J. Carter, DO (President of the OOA's Eastern District Society and OOA Past President from 2006 – 2007) to the board of the Physician Manpower Training Commission. In 2022, we also celebrate the appointment of our nominees, C. Michael Ogle, DO (OOA Past President, 2015 – 2016) and Chelsey D. Gilbertson, DO to the Oklahoma State Board of Osteopathic Examiners.

The commitment of your OOA staff to excellent service for our members remains heartfelt and strong as we welcome new team members to our ranks. We are thrilled to introduce Mykayla Caplinger (Communications Coordinator), Avery Cluck (Legislative Assistant and Foundation Coordinator), and appreciate the hard work of our summer receptionist, Claire Darrow, before she leaves for her master's program this fall.

Allison C. LeBoeuf, JD CEO/Executive Director



Scan here to view the Summer 2022 Leglistlative Update

With the addition of the Communications Coordinator position, the OOA staff and leadership have placed a heightened focus on outreach to our resident and student members, which we intend to champion into the 2023 cycle. Recognizing our new physicians in practice as the lifeblood of the Association's future, OOA and OEFOM leadership implemented resident track programming at our April 2022 Convention, gifted Littman stethoscopes to the incoming OSU-COM class of 2026 at both campuses and welcomed a new 2022-2023 resident trustee, Shanell Gray, DO, to our leadership's ranks.

The OOA remains committed to stridently representing you at the State Capitol, focusing on Scope of Practice, Licensure Boards, Medicaid, Surprise Billing, Opioids, Vaccines, and other areas. An updated report of the 2022 regular legislative session is available on our website, under the "Advocacy" tab, or at the QR code above. We are grateful for the excellent efforts of our contract lobbyist, Jami Longacre, and the continued service of our Legislative Bureau Chair and Vice Chair, LeRoy Young, DO (OOA Past President, 2011 -2012) and Timothy Moser, DO (OOA Past President, 2019 – 2020).

As Oklahoma emerges from the COVID pandemic, the OOA continues to engage actively in vaccine education by participating in coalition activities on a state and national level to provide resources and support to our members. In the wake of the isolation resulting from this pandemic, we commit to placing an equal focus on our osteopathic family and community, renewing the collegial and close-knit ties that have made our Association strong since its inception. Under the leadership of our president and board of trustees, we look forward to an exciting year ahead.



## THANK YOU FOR YOUR SUPPORT!

## YOUR MEMBERSHIP PROVIDES A STRONG VOICE AT THE CAPITOL



HELP ENSURE THE OSTEOPATHIC VOICE REMAINS STRONG AT THE CAPITOL

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TO PROTECT AND PROMOTE
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OKLAHOMA.

#### 2022 OOPAC CONTRIBUTION LEVELS

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#### PLEASE MAIL TO:

OOPAC, 4848 N. LINCOLN BLVD., OKLAHOMA CITY, OK 73105-3335

You may also call the OOA office at 405-528-4848 and give over the phone

#### **OOA CALENDAR**

#### July 11-13, 2022

AOA Annual Board of Trustees Meeting Chicago, IL

#### July 15-17, 2022

Live and In-Person AOA House of Delegates Meeting Chicago, IL

#### August 2, 2022

Bureau on Membership Meeting via Zoom

#### August 4, 2022

Bureau on Finance Meeting OSU-COM Advisory Council Meeting Bureau of Postgraduate Education Meeting OOA Board of Trustees Meeting

#### August 12-14, 2022

2022 Summer CME Seminar "Sizzlin' Summer: Beat the Heat with the Best CME" Hilton Garden Inn & Edmond Conference Center

#### August 16, 2022

Bureau on Continuing Medical Education Meeting via Zoom

#### August 30, 2022

Bureau on Mentorship Meeting via Zoom

#### September 1, 2022

Bureau on Finance Bureau on Constitution & Bylaws Bureau on Postgraduate Education OEFOM Board of Trustees OOA Board of Trustees Meeting

#### **September 27, 2022**

Champions of Health Gala Cox Business Convention Center, Tulsa



Established by voters, the Oklahoma Tobacco Settlement Endowment Trust (TSET) is a state grantmaking trust devoted to preventing cancer and cardiovascular disease, Oklahoma's leading causes of death. By awarding grants to schools, communities, state agencies and partner organizations, TSET works to improve the health of Oklahoma's citizens. It also funds research and emerging opportunities in the public and private sectors. TSET initiatives are addressing Oklahoma's most pressing public health issues — and creating healthier places for all Oklahomans to live, work, learn and play.



| 1  | Kenan L. Kirkendall, DO<br>Fei Ling Yeh, DO<br>Aunna C. Herbst, DO<br>Juliana Bizzell, DO<br>Jenney Qin, DO<br>R. Randy Hunt, DO<br>Jean-Maria C. Langley, DO | 2  | Andrew J. Hamill, DO  | 3  | Monica S. Kidwell, DO<br>Richard P. Holsopple, DO  | 4  | John C. Loose, DO<br>John W. Patterson, DO<br>George C. Obinero, DO<br>Lea M. Wolfe, DO<br>Tony R. Hill, DO<br>Aliyeah Ayadpoor, DO      | 5  | Lam D. Nguyen, DO<br>Shaye L. Burke, DO  | 6  | Herbert R. Littleton, DO<br>Karl A. Kuipers, DO<br>David F. Hitzeman, DO<br>Donald L. Riley, DO<br>Brian A. Levings, DO<br>Jacey Cha' Hutchison, DO | 7  | D. Scott Dycus, DO<br>Brent C. Nossaman, DO<br>Stephanie A. Meissen, DO<br>L. Todd Olsen, DO<br>M. Shane Hull, DO<br>Jessica R. Childe, DO |
|----|---|----|---|----|--|----|--|----|--|----|---|----|--|
| 8  | Damon L. Baker, DO<br>M. Elaine Ramos, DO<br>Heath A. VanDeLinder, DO<br>Yancy J. Gallutia, DO<br>Chelsey D. Gilbertson, DO                                   | 9  | Tyree L. Seals, DO<br>Lisa R. Waterman, DO<br>Colbi M. Smithton, DO<br>Nicole B. Washington, DO<br>Linden S. Cowley, DO | 10 | B. Baker Fore, DO<br>Douglas B. Coffman, DO<br>Renah T. Gibson, DO<br>Bryan L. Dalton, DO  | 11 | Parker L. Simon, DO<br>Samantha C. Moery, DO<br>Stephanie K. Bamhart, DO   | 12 | James M. Fitzgerald, Jr., DO<br>Charles E. Harris, III, DO<br>Megan Johanning, DO                | 13 |   | 14 | Steve E. Rose, DO<br>Mark E. Melton, DO<br>Andrea E. McEachern, DO   |
| 15 | Esther E. B. Walker, DO<br>Troy L. Harden, DO<br>Richard D. Allen, DO<br>Patrick G. Livingston, DO<br>Andrea M. Adams, DO<br>Brian A. Chalkin, DO             | 16 | William R. Kennedy, DO<br>Jimmie D. McAdams, Jr., DO<br>Jennifer E. Wilson, DO<br>Thomas E Franklin, DO                 | 17 | John Buck Hill, DO<br>Sommer M. Parschauer, DO<br>Gilbert M. Rogers, DO  | 18 | Christopher A. Taylor, DO<br>Sabra Schnee-Fisher, DO<br>Bryan C. Roehl, DO<br>Russell Kyle Brown, DO                                     | 19 | Stephanie L. Carmer, DO<br>Derek Scott Johnson, DO   | 20 | David W. Asher, DO<br>Charles F. Harvey, DO<br>Pamela A. Jarrett, DO<br>Glen H. Bailey, DO  | 21 | John S. Marouk, DO<br>Corby W. Smithton, DO  |
| 22 | Joanne Chinnici, DO<br>Ann Marie Shelby, DO<br>Katie B. Dalton, DO  | 23 | Stacy L. Noland, DO<br>Joshua Medved, DO  | 24 | Pamela B. Ghezzi, DO<br>Michael T. Cain, DO<br>Audrey M. Stanton, DO<br>Dennis E. Blankenship, DO<br>Gavin V. Gardner, DO<br>Kassandra Payne, DO | 25 | Dennis W. Brennan, DO<br>David O. King, DO<br>Jozef Dzurilla, DO<br>Stephanie A. Parker, DO<br>LeRoy E. Young, DO<br>Jason R. Graham, DO | 26 | Walter R. Hardin, DO<br>Bennie F. Cheek, DO<br>Elizabeth A. Cordes, DO<br>Scott S. Carpenter, DO | 27 | Robert C. Gaston, DO<br>Lorri J. Dobbins, DO<br>Ryan W. Schafer, DO<br>Terry R. Gerard, II, DO<br>Gretchen L. Stroud, DO                            | 28 | Jason A. Waugh, DO<br>Dina G. Azadi, DO  |
| 29 |   | 30 | J. Harley Galusha, DO<br>Bob Lee Weeks, DO<br>Ronald F. Distefano, DO<br>Natosha N. Monfore, DO                         | 31 | Jantzen Matli, DO<br>Hampton W. Anderson, III, D<br>Christopher C. Thurman, DO<br>Eric W. Metheny, DO  | 0  |  |    |  |    | Ju  | l  | 1  |

| 1  | Thomas B. Leahey, DO<br>Paul E. Weathers, DO<br>Kathryn L. Jones, DO<br>George E. Erbacher, DO<br>Jack D. Butler, DO<br>Carol K. Anderson, DO | 2  | Jerry C. Childs, Jr., DO<br>Rory C. Dunham, DO<br>Stephanie D. Burleson, DO<br>Carrie A. Harp-Wetz, DO<br>David B. Austerman, DO | 3  | Johnny O. Johnson, DO<br>Scott S. Cyrus, DO<br>Stephen A. Back, DO<br>James E. Burleson, II, DO<br>Chelsea S. Galutia, DO<br>Laura L. Arrowsmith, DO                       | 4  | William L. Lavendusky, Jr., DO<br>Judy A. Distefano, DO<br>John W. Hallford, DO<br>Jared E. Lepley, DO                                     | 5  | W. Wes McFarland, DO<br>Carolyn J. Steele, DO<br>Ruth M. Thompson, DO<br>J. Mark Knox, DO   | 6  | Jeffrey S. Krantz, DO   | 7  | George S.Stenger, DO<br>Jacob A. Moore, DO<br>Brian W. Cook, DO<br>Fred M. Ingram, DO |
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| 8  | David R. Kerr, DO<br>Tara J. Claussen, DO   | 9  | David E. Hogan, DO<br>John A. Carabello, DO<br>Sara B. Oldham, DO<br>Charles A. DeJohn, DO<br>Arturo Federico, DO                | 10 | Latricia G. Arnold, DO<br>Bobby L. Elliott, DO<br>Janel H. Johnson, DO   | 11 | Barney E. Blue, DO<br>C. Michael Johnson, DO<br>Kevin D. Carter, DO<br>Phillip R. Berry, DO  | 12 | Linda M. Rodriguez, DO<br>Kaleb T. Veit, DO   | 13 | Gary W. Cannon, DO<br>Dennis J. McClary, DO<br>Daniel P. Kite, DO<br>Jackie L. Neel, DO         | 14 | Jeremy R. Smola, DO<br>Kristopher M. Lepere, DO<br>Kenneth A. Argo, DO                |
| 15 | Jeffrey J. LeBoeuf, CAE<br>Mark A. Keuchel, DO<br>Robert E. Fox, DO<br>David T. Dotson, DO<br>Jennifer R. Ferrell, DO                         | 16 | Lynda J. Weeks<br>Bobby C. Kang, DO<br>Harold Blankenship, DO  | 17 | Kenneth W. Brown, DO<br>Jeffrey R. Morris, DO  | 18 | Michael L. Oliver, DO<br>Scott Blair, DO<br>Rebekah J.M. Kriegsman, DO   | 19 | S. Emilee Wood, DO<br>John S. Moore, DO<br>Sheila M. Taber, DO<br>Brandon A. Conkling, DO<br>Carl R. Smith, DO  | 20 | Erica Waddington, DO<br>Anthony Economou, DO<br>Loyal R. Stierlen, DO<br>C. David DeJarnett, DO | 21 | Ethel Vasquez-Harmon, DO  |
| 22 | Dominic J. Totani, DO<br>Bryan S. Simms, DO<br>Dana Terrell, DO   | 23 | M. Jean Root, DO<br>Jon T. Maxwell, DO<br>Donald T. Brock, DO<br>David W. Lee, DO<br>Katherine D. Cook, DO                       | 24 | Charles P. W. Crowell, III, DO<br>Richard M. Blubaugh, DO<br>Clayton W. Flanary, DO<br>Matthew E. Stiger, DO<br>Victoria S. Chain, DO                                      | 25 | Barry S. Rodgers, DO<br>Kevin B. Lane, DO<br>Rita S. Westenhaver, DO<br>Brad A. Liston, DO<br>Elise Kuykendall, DO<br>Richard G. Allen, DO | 26 | Richard A. Hastings, II, DO<br>Randall D. Behrmann, DO<br>Robert H. Cortner, Jr., DO<br>Gary L. Postelwait, DO<br>Stephen L. Sutton, DO<br>Laura M. Black-Wicks, DO<br>Colby D. Mayo, DO<br>Hanna Crow, DO<br>Michael Moore, DO | 27 | Joan E. Stewart, DO<br>Michael K. Cooper, DO<br>Jay A. Clemens, DO                              | 28 | Thomas D. Schneider, DO<br>Rhonda L. Casey, DO<br>J. Scott Clark, DO                  |
| 29 | Jequita D. Snyder, DO   | 30 | Thomas J. Carlile, DO<br>David L. Shadid, DO<br>Gary D. Lovell, DO   | 31 | Stephanie M. Bryan, DO<br>Tracy L. Langford, DO<br>Matthew B. Mote, DO<br>Jerry J. Cole, DO<br>Steven P. Sanders, DO<br>William R. Anderson, DO<br>Brooks B. Zimmerman, DO |    |  |    | C   | 7  | Aug   | U  | st  |

| 1  | Ross E. Pope, DO<br>Tammie L. Koehler, DO<br>Michael A. Baxter, DO<br>Erich H. Muckala, DO<br>Stacey Thao Phan, DO<br>Jana N. Baker, DO<br>Paul M. Dichter, DO | 2  | Gary L. Patzkowsky, DO<br>James D. McKay, DO<br>Debra A. Crawford, DO<br>Timothy E. King, DO   | 3  | J. William Anthamatten, DO<br>Peter P. Chan, DO<br>David C. Jennings, DO  | 4  | John T. Main, DO<br>Neal O. Moore, DO<br>Susanne P. Thompson, DO<br>Shelton D. Knudsen, DO     | 5  | Uyen Nguyen, DO<br>Andrea S. Hakimi, DO<br>Kevin G. Baker, DO<br>Madhuri J. Lad, DO<br>Catherine A. Bolton, DO<br>Michael E. Lenhart, DO | 6  | Rodger C. mattson, DO<br>John D. Wells, DO<br>Jim Davis, DO<br>Steven D. King, DO<br>Andrew R. Briggeman, DO<br>Victoria Mills, DO<br>Kendall W. Southern,<br>DO | 7  | Arthur G. Wallace, Jr., DO<br>Lawrence E. Vark, DO<br>William B. Price, Jr., DO<br>James R. Beymer, DO<br>Megan M. Hanner, DO<br>Michael Tollett, DO<br>Jaye Bea Downs, DO |
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| 8  | Brendon D. McCollom, DO<br>Jeffrey M. Williams, DO<br>Douglas M. Vaughn, DO  | 9  | Paul S. Ruble, DO<br>Rajendra K. Motwani, DO<br>G. Davin Haraway, DO<br>Kelly S. Andrzejczyk-Beatly, DO<br>Carolyn J. Pimsler, DO  | 10 | Colin A. Marouk, DO<br>Cynthia K. Bruns, DO<br>Sarah L. Carter-Layman, DO<br>Laren Hightower, DO  | 11 | Stephen R. Barnes, DO<br>Gary R. Denny, DO   | 12 | Samuel W. Price, DO<br>Micheal Durham, DO<br>John S. Dennis, DO<br>Scott A. Cordray, DO<br>D. Brent Rotton, DO<br>Dawna L. McCreight, DO | 13 | Ronnie L. Keith, DO<br>John C. Stepanek, DO<br>Tyson R. Trimble, DO  | 14 | Robert L. Winter, DO   |
| 15 | Jim D. Blunk, DO<br>Peter C. Lafon, DO<br>Jay C. Belt, DO<br>Thomas V. Nunn, DO<br>Mark D. Garcia, DO<br>Alfred C. Husen, DO                                   | 16 | Stuart W. Schrader, DO<br>Steve S. Kim, DO<br>Duane A. Lukasek, DO   | 17 | Rebecca D. Lewis, DO<br>H. David Martin, DO<br>R. Gene Moult, DO<br>Christine Matarese, DO<br>Michael R. Schiesel, DO<br>Julie L. Wiley, DO       | 18 | Michael A. Lee, DO<br>Ryan W. Oden, DO<br>Kevin D. Dare, DO<br>Leslie M. Ching, DO             | 19 | Scott A. Williams, DO<br>Sarah L. Oberste, DO<br>Celeste Boeckman, DO  | 20 | Patrick B. O'Hayre, II, DO<br>Carole C. Howard, DO<br>Randel D. Estep, DO<br>Ronnie L. Carr, DO  | 21 | Christopher C. Schmidt, DO<br>Gregory J. Zeiders, DO<br>Jeffrey L. Shipman, DO<br>Thomas L. Harrison, DO   |
| 22 | Samuel J. Pangburn, DO<br>Tammi M. Lahr, DO<br>Annie G. Cacy, DO   | 23 | David W. Behm, DO<br>Michael P. Souter, DO<br>Lance E. Rosson, DO<br>Philip J. Traino, Jr., DO<br>Joe A. Witten, DO<br>E. Beth Harp, DO<br>Michael C. Rommen, DO<br>James Hensel, DO | 24 | John B. Hughes, DO<br>John D. DeWitt, DO<br>Kathy D. Johnson-Turner, DO<br>Melinda Dandridge, DO<br>Ashley N. Estep, DO<br>Charles A. Jantzen, DO | 25 | Michael N. Fish, DO<br>Manuel O. Crespo, DO<br>Jeffrey E. Chasteen, DO<br>Caryn J. Roelofs, DO | 26 | Mitchell L. Earley, DO<br>Afsar M. Emery, DO<br>Michael W. Griffin, DO   | 27 | Gary K. Goforth, DO<br>Robert L. Shepler, DO<br>Melinda S. Powers, DO<br>Steve P. Sanders, DO<br>JoeBob Kirk, DO   | 28 | Harvey A. Drapkin, DO<br>Dustin O. Hayes, DO<br>Kris Parchuri, DO  |
| 29 | Robert V. Hensley, DO<br>Martin D. McBee, DO<br>Eric S. Mills, DO<br>William H. A. Martin, DO  | 30 | Kathleen Murray, DO<br>Bob J. Thompson, DO<br>William H. Chesser, DO<br>Alvin J. Bradford, DO  |    |   |    |  |    | o<br>Ch  |    | emb  |    | <u></u>  |



#### KAYSE SHRUM, D.O. INDUCTED INTO OKLAHOMA WOMEN'S HALL OF FAME

Oklahoma State University President Kayse Shrum, DO, was inducted to the Oklahoma Women's Hall of Fame on April 29th. A lifelong Oklahoman, Shrum is the 19th president and first woman to lead the OSU system. She earned her Doctor of Osteopathic Medicine degree from the OSU College of Osteopathic Medicine. Shrum excelled as a faculty member at her alma mater and was named president of OSU Center for Health Sciences in 2013, becoming the youngest and first female president and dean of a medical school in the state of Oklahoma.

Credit to Shannon Rigsby with OSU News



#### RECOGNIZING TRUDY MILNER, D.O. FOR SERVICES WITH A&M AND OSU

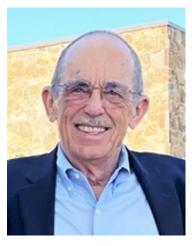
Trudy Milner, DO, was recognized for her service as outgoing chairwoman for the A&M Board of Regents. Dr. Milner, an alumnae of OSU College of Osteopathic Medicine has advocated for the mission and growth of OSU Center for Health Sciences, OSU-Tulsa as a member of the Board of Trustees and the OSU System as a whole. Her service is greatly appreciated!

Credit: Dr. Johnny Stephens via Facebook

We would love to include your good news in the next edition of Okahoma D.O.! Contact Mykayla Caplinger at mykayla@okosteo.org or 405.528.4848 to submit yours today.







*Carl Bryan Pettigrew, D.O.* was born on October 12,1942 in Prairie Grove, Arkansas to Atha Jean and Carl Pettigrew. He departed this life on May 18, 2022 at his home in Oklahoma City, Oklahoma at the age of 79. He loved being an Oklahoman and served in the Oklahoma National Guard.

C.B. graduated from Stilwell High School, where he served as the president of the Future Farmers of America for the Stilwell chapter. After high school, he attended medical school at Kirksville College of Osteopathic Medicine in Missouri. Dr. Pettigrew established his medical practice in Moore, Oklahoma and then in Oklahoma City and was certified by the Oklahoma College of Osteopathic Medicine and Surgery.

Dr. Pettigrew was a member of the American Board of Independent Medical Examiners, American College of Occupational Environmental Medicine, American Osteopathic College of Occupational and Preventive Medicine, American College of Osteopathic Family Physicians, and the American Academy of Disability Evaluating Physicians.

In addition, he was a member of the Mason's and a long-time Shriner member of the Royal Order of Jesters #78 in Oklahoma City. He was also a certified Open Water Scuba Diver and loved to travel and scuba dive with his family and friends. He loved to read books, travel and play poker with his buddies from Oklahoma City.

C.B. loved his weekends in Stilwell on the family farm that is now spanning four generations and most of all being with his grandchildren. He had a dry sense of humor and was always an early adopter of new technology and would remind his children and grandchildren that he was up to date on the newest trends.

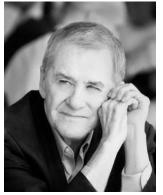
C.B. was preceded in death by his parents Atha Jean and Carl Pettigrew; his uncle Robert "Cullen" and Virginia Bean; his aunt Heloise and uncle Tommy Tompkins; his brother Bob Pettigrew; and nephew Steven Ketcher.

He is survived by his sister Carolyn and her husband Tyke Toeller of Ft. Smith; John and his wife Retha Pettigrew of Stilwell; his son Bryan Pettigrew and wife Melinda and grandchildren Carter and Callie of Overland Park, Kansas; his son Blake Pettigrew and grandchildren Vivian, Lucy and Landon of Southlake, Texas; his daughter Jennifer Schmitt and her husband Pete and grandchildren Madalynn and Eileen of San Francisco, California; nephew Danny Ketcher and wife Kay of Stilwell; nephew Jerry Ketcher and his wife Ashley of Little Elm, Texas; niece Shandra Maxwell and husband Jeff of Siloam Springs, Arkansas; nephew Jon Pettigrew of Springfield, Missouri; nephews Josh Pettigrew and Lance Pettigrew of Stilwell and numerous other extended family members in Oklahoma, Arkansas, and Texas.

C.B.'s wishes were to be cremated and for his ashes to be spread on the family farm that he grew up on. He had so many fond memories of watching his family hunt, fish, go on long walks on the mountain and riding four wheelers around the property.

Obituary from The Oklahoman, May 26, 2022





*Thomas J. Stees*, *D.O.*, *FACOI*, physician, educator, innovator, and Panera Bread franchisee, passed from this life peacefully on Sunday June 5, 2022, after a lengthy illness. He was born on April 8, 1939, in Wichita, Kansas, the second of four children to Dr. Charles and Ione Harris Stees.

His formative years were spent at Woodland Elementary and John Marshall Junior High. He graduated from Wichita High School North in 1957. Many years later he could still do the "War Cry," their famous drum beat song. Tom attended Ottawa University in Ottawa, Kansas, where he met and married the love of his life for 61 years, Carolyn Sue Thompson.

He received his Doctor of Osteopathic Medicine from Kirksville College of Osteopathic Medicine in 1966. For the next four years he and Sue resided in Tulsa where Dr. Stees completed an internship and internal medicine residency at Oklahoma Osteopathic Hospital and where their two daughters, Rebecca and Laura were born.

Dr. Stees was in private practice as Medical Specialists in St. Louis, Mo. from 1971-1993. There he not only cared for patients, but also helped train students, interns, and residents. In 1993 he and Sue returned to Tulsa where Dr. Stees was Chair of the Department of Internal Medicine at Oklahoma State University College of Osteopathic Medicine. He continued to serve as a teacher and mentor to young doctors. He left his mark on so many physicians.

During his practice career he received numerous awards and recognitions. Most important to him would be the Award of Excellence by the Oklahoma Osteopathic Association; the first Internist of the Year by the American College of Osteopathic Internists; Lifetime Achievement Award by the Des Peres Hospital, St. Louis; and most recently the Staab Legacy Award for Excellence by Oklahoma State University.

He always had an academic curiosity. Seeing the needs, he developed programs in nutritional support and vascular evaluation in St. Louis and was the innovator for the Wound Care and Ryan White clinics at OSU.

Late in his medical career he had an opportunity to further his entrepreneurial spirit by becoming the first franchisee of the St. Louis Bread/Panera Bread Company in 1993 with his wife Sue, sister and brother-in-law, Gaynell and Jim Magers. Their franchise, Traditional Bakery, Inc. came to Tulsa in 1997.

In retirement he got to further pursue his other passions: gardening, reading, investing, and watching the St. Louis Baseball Cardinals. He was a life-long learner and enjoyed being a Master Gardener. "Dr. Tom," as he was known to the Panera family, was much loved and the employees knew he cared about both their professional and personal development. He also served on various boards in retirement: Big Brothers, Iron Gate, Tulsa Botanic Garden, Tulsa Garden Center, Osteopathic Foundario and as a deacon at Kirk of the Hills Presbyterian Church.

"Dr. Tom" was preceded in death by his parents, brother Charles and sister Karen Hall. He is survived by his wife, Sue; daughters Rebecca Stees of Alameda, CA, and Laura (Tommy) Alvidrez of Portland, OR., his sister Gaynell (Jim) Magers of Bend, OR, sisters-in-law Shirley Stees of Wichita, KS., Joan Thompson of Maple Grove, MN. Many nephews and nieces will miss him: Kevin Stees, Danielle Magers, Kerry White, Janan Fairman, Kim Pichler, Brian, Barry, and Bruce Thompson as well as their spouses and children and a myriad of life-long friends and colleagues. Thank you to his wonderful caregivers over the past six years.

In the spirit of continuing to train young physicians, Dr. Stees donated his body to the Body Donor Program at OSU-CHS. A Celebration of Life will be held at 11:00 a.m. on Saturday July 16, 2022, at Kirk of the Hills Presbyterian Church, 4102 E, 61st Street, Tulsa, OK. 74136.





*Fred H. Northrop, DO*, passed away on Thursday, June 16th, 2022 at the age of 87.

The son of Dr. Harson A. and Tessie (Oftedahl) Northrop was born September 26, 1934 in Owatonna, Minnesota. There he would spend all of his early years. He attended Owatonna schools, graduating as a member of the class of 1952. During his time there he enjoyed playing football, baseball, and golf. Wanting to continue his education, he enrolled at St. Olaf Collage in Northfield. There he would complete his undergrad studies. He then enrolled at KCOM (Kirksville College of Osteopathic Medicine). He would graduate from there with his Doctor of Osteopathy in 1957. It was also while in Kirksville, while visiting the local diner that

he would first lay eyes on Patty Curtis. Eventually the two would begin dating, and would marry on April 3, 1958. In 1959 the newly wed couple would make their way to Tulsa. There Dr. Northrop had taken an internship at the Oklahoma Osteopathic Hospital. After completing his internship, Dr. Northrop began his career in general practice and weight control in Tulsa, spending most of his practice at Doctors Family Clinic at 8523 E. 11th St., where he worked for over 50 years. In 2005 he was recognized as a life member of the Oklahoma Osteopathic Association.

In 1967, wanting to move to a more rural setting, Fred and Patty moved to Claremore. There they purchased a 60 acre ranch and began raising their two daughters. In the years to follow the ranch became known as the Sunny Oaks Ranch. There he would raise quarter horses. In fact, his girls became so heavily involved in showing horses that it led him to going all in as well. He served as president of the International Buckskin Horse Association, president and CEO of Will Rogers Jockey and Polo club, and representative of the Color Breed Horse Council.

In his spare time Fred had many hobbies and pastimes. He loved hunting; quail and pheasant were his favorite. There was a love for classic cars. His preference were old Cadillacs and Mustangs. He enjoyed bowling, and had a passion for golf, having a handicap of -8. He also held memberships at Shangri- La, and Cedar Ridge.

He is preceded in death by his parents, Harson and Tessie Northrop, infant daughter, Katherine Elaine Northrop; sister, Nina McGahan, and brothers, Cyrus Northrop and George "Sonny" Northrop.

Dr. Fred Northrop is survived by his wife Patty; daughters, Tayna Mank and husband Steve, Jan Seago and husband Jerry; grandsons, Justin Seago and wife Kim, and Jeremy Seago and wife Annie; great-grandchildren, Jaxon, Kade and Kora Seago; brothers, Richard Northrop and wife Kay, Greg Northrop and Fiance' Val, and Dexter Northrop and wife Lynn; sister, Jean "Toots" Stewart Northrop and many other extended family.

Obituary from MMS-Payne Funeral Home





Harold Zane DeLaughter, DO, 48, of McAlester, was born in Oklahoma City on November 27, 1973 to August Albert DeLaughter and Helen Ruth Owens. He passed away on June 4, 2022 at McAlester Regional Health Center. Zane grew up in Prague, Oklahoma. The summer before his junior year of high school, his family moved to Quinton. He graduated from Quinton High School in 1992. During his senior year, Zane joined the Oklahoma Army National Guard. He served two years before transferring to active duty.

In January of 1993, he began dating the love of his life, Janet; and they married on December 18, 1993. Nine days after their marriage, he was stationed at Ft. Campbell, Kentucky as a tactical air traffic controller. He was stationed there for two years before he was assigned to Camp Page, South Korea. After proudly serving, he was honorably discharged and went on to pursue his dream of becoming a doctor. Zane attended Carl Albert State College and received his Associate's

degree. He attended the University of Oklahoma for two years where he took all the prerequisite classes to get into medical school. He then took the MCAT and applied to medical schools without attaining a Bachelor's degree. He was accepted into the Oklahoma State College of Osteopathic Medicine, and was proud to be a D.O.

After graduating medical school, he went on to complete his internship in Durant. While there, his oldest daughter, Lindsay, was born. Zane completed a two year residency with the University of Oklahoma Family Medicine program in Tulsa, graduating in 2006. Two weeks before graduating, his twin daughters, Sarah and Rebecca, were born. After completing his residency, Zane and his family moved to Duncan where Zane began his private family practice clinic. His son, Andrew, was born during his eight years of practicing there. He then moved to Wagoner and worked in a family medicine clinic for a year.

His most recent place of employment was at McAlester Regional Health Center where he worked as a hospitalist for six and a half years. While at MRHC, he was the Hospitalist Medical Director for a short time and trained medical students, interns, and residents. He treated patients on the floor, in the ICU, the COVID unit, the rehab and mental health units, and was the pediatrician for newborn babies and admits. Zane loved his job. He enjoyed working with his fellow collogues and every employee at the hospital. He truly cared for every patient and spent countless hours praying for them every day before going to work. His patients were blessed to have him as their physician.

Zane left an impact on everyone he met. He was wise, a great counselor, and was one of the best people you could ever meet. Zane had many hobbies, and there wasn't anything he couldn't do or fix. He enjoyed woodworking, calligraphy, reading, learning new things, traveling, sailing, and fulfilling a lifelong dream of flying and owning an airplane. Zane loved his wife and children in a way that exemplified Christ. His love was deep, unfailing, and extraordinary. During his life on this Earth, Zane overcame many obstacles. He lost his father at the age of 12. He learned what hard work was at the age of 10 when he had to work on a dairy farm to help support his family. Zane was the first one in his family to graduate from high school and attend college. During his time on Earth, he achieved a lot. He received the Physician Rookie of the Year Award, was board certified in Family Medicine, served as president of the American Academy of Family Physicians for two years, was a member of the Oklahoma Osteopathic Association as well as the American Osteopathic Association, was appointed by the Governor of Oklahoma to serve on the Physician Manpower Training Commission board for ten

years, served on the Baptist General Convention Retirement Village Board for many years, was a Deacon at Immanuel Baptist Church in Duncan, a Deacon at the First Baptist Church in McAlester, a Freemason, served as Doctor of the Day at the state capital, and was the Southeast Hospice Medical Director.

He served five years in the military; and while in the Army, he received the Air Assault Badge, Army Achievement Badge, National Defense Service Medal, Army Service Ribbon, and Overseas Service Ribbon. Zane's biggest achievements in this life were his children and his missionary work for Christ. He had the opportunity to lead several people to Christ and baptize them. Zane loved others well and was loved well on this Earth. Words cannot express the depth of how much he will be missed.

Zane is survived by his wife: Janet; their children: Lindsay, Sarah, Rebecca, and Andrew, all of the home; brothers: Jeff DeLaughter and wife, Sandy of Decatur, Illinois, Dr. David Good and wife, Dr. Ana Good of Wagoner, Joe DeLaughter and wife, Keeley DeLaughter of Blanchard, Randy DeLaughter of Clinton, Louisiana, Enoch Good and wife, Steph Good of Warner, Justin Good of McAlester, Joel Good of Klamath Falls, Oregon, Michael Nixon of Prague; and sisters: Traci Lacek and husband, Richard Lacek of Edmond, Mary Ann and husband, Randy Stricklin of Prague, and Bonnie and husband, Gary Friend of Prague. Zane was preceded in death by his biological father: August DeLaughter; his adoptive father: Carl Good; his mother: Helen Good; sisters: Verla Spencer and Vicki Carpenter; and brothers: Michael DeLaughter, Terry DeLaughter, and Denny DeLaughter.

Obituary from Chaney Harkins Funeral Home



*Garry Travis Bull, DO*, was born June 9, 1978, in Albuquerque, New Mexico to Richard Lon and Janie (Chapman) Bull and passed away Tuesday, May 24, 2022, near Hinton, Oklahoma having reached the age of 43 years, 10 months and 15 days. Garry was raised and attended school in Tucumcari, New Mexico and graduated with

the Class of 1996. He enlisted in the U.S. Navy and was stationed at Tinker Air Base in Oklahoma City also serving in the U.S. Army and retired with 22 years of service with the Army National Guard. Upon his honorable discharge earned a Bachelor degree from SWOSU in 2006. While in college Garry met his future bride, Briana Parker and were married on July 31, 2004, in Oklahoma City. He attended OSU College of Osteopathic Medicine from 2006 to 2012. Garry did his

residency for 5 years at Enid. He moved his family to Weatherford in 2017. Garry worked at Integris Bass Baptist Health Center in Enid, Alliance Health Clinton in Clinton, VA Clinic in Clinton and was currently working at Mercy Clinic in Watonga. He enjoyed reading and studying history and theology. He was currently working on his Master degree in Divinity. Garry was the Grand Scribe for the Knights Templar of America.

Garry is survived by his wife of 17 years, Briana Bull of their home in Weatherford; his mothers, Janie Babcock of Artesia, New Mexico and Joni DiPatri of Knoxville, Tennessee; two daughters, Lorelai and Annelise Bull of the home in Weatherford; maternal grandmother, Jeanne Britton of Belen, New Mexico; one brother, Frank DiPatri and wife, Gabrielle of Chattanooga, Tennessee; and three sisters, Bethany Barrero of Plano, Texas, Rebekah Jimenez and husband, Eric of Artesia, New Mexico, and Christine Atchley of Knoxville, Tennessee. He was preceded in death by his father.

Obituary from Lockstone Funeral Home

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