OKLAHOMA D.O.

WINTER | VOL. 83, NO. 4

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6 EXECUTIVE DIRECTOR'S UPDATE

The CEO of the Oklahoma Osteopathic Association, Lany G. Ivy, MBA, CFRE, provides an update on the OOA and legislation the OOA is tracking.

20 PROPOSED UPDATES TO OOA CONSTITUTION & BYLAWS

See the proposed amendments to the Oklahoma Osteopathic Association's Constitution & Bylaws. Recommendations were made by the Bureau on Constitution & Bylaws for the 2020 Annual Business meeting, which will be held on Friday, April 24, 2020.

22 120th Annual Convention

Join us at the 2020 Annual Convention in Oklahoma City, OK at the Sheraton Oklahoma City Downtown Hotel on April 23-26, 2020. Convention Chair Richard W. Schafer, DO, FACOFP and Program Chair Jason L. Hill, DO, FACOFP have put together an exciting program you won't want to miss.

WINTER 2020

Tyler Lenz, Editor-in-Chief



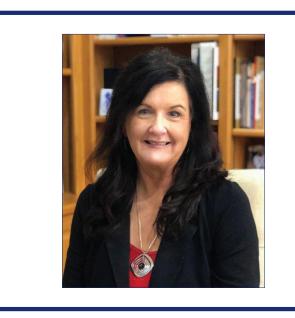
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Thank you to all those who have given to OEFOM.

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elcome to our winter issue of the Oklahoma DO magazine! Thanks to all of you that joined us for the OOA's Winter CME Seminar in Catoosa January 17-19, 2020. If you were unable to attend, we missed you and hope that you will join us in April at the 120th Annual Convention at our new location, the Sheraton Downtown Hotel in Oklahoma City, on April 23-26. The theme of this year's convention is "Is the Grass Greener on the Other Side?" with Richard W. Schafer, DO, FACOFP (President-Elect), serving as Convention Chair, and Jason L. Hill, DO, FACOFP (Vice-President) serving as Program Chair. Look for the registration form on page 23.

Proper Prescribing

SB1446 requires DO physicians to have one hour of education in opioid use or addiction or one hour of education in pain management prior to renewal of licensure. The Oklahoma State Board of Osteopathic Examiners requires that this course be taken in person at an approved course (no online course will be accepted). For these reasons, the OOA will be offering Proper Prescribing each quarter to give our members more opportunities to receive credit prior to licensure renewal. Watch the OOA Report and our website for course dates.

Legislation

As I write this report, we are a few days away from hearing the 2020 State of the State Address from Governor Kevin Stitt on February 3rd and the start of the second regular session of the 57th Legislature. There have been 2,243 new bills and joint resolutions filed this year and the OOA's Bureau on Legislation and lobbyists are currently sorting through all the healthcare related bills. At this time, we know that three APRN bills (SB1391, SB1751, SB1917) one CRNA bill (SB1848) and one PA bill (SB1915) have been filed, all asking for an increase in scope of practice.

EXECUTIVE DIRECTOR'S REPORT

Lana Ivy, MBA, CFRE CEO/Executive Director

On January 30th, Governor Stitt announced his administration's healthcare plan for Oklahoma, called SoonerCare 2.0. in Washington, D.C., where he was participating in the Trump administration's release of the Healthy Adult Opportunity (HAO) initiative to give unprecedented flexibility to states to innovate and develop Medicaid plans for the adult population where federal funding is optional.

While the OOA has not seen the full details of Governor Stitt's Medicaid proposal, we are eager to meet with him and his administration and give our feedback from the physicians that are on the front line every day taking care of Oklahoma's most vulnerable. The OOA reached out to Governor Stitt along with other health-care providers in the state, to offer input. While we have yet to meet with Governor Stitt, we did meet with OHCA Director Kevin Corbett and Secretary Jerome Loughridge to voice our opinions and offer input prior to this announcement. As we learn more about details of his proposal, we will need your input and prompt reply about how this will impact your patients across the state.

Additional legislation we will be watching and working on include immunizations, tobacco bills, parity laws for mental health treatment, surprise billing, and PMTC legislation.

Protecting your scope of practice will continue to be a central focus for us this session. We must continue to educate our legislators about healthcare and why we know what is best for physicians and patients. Please watch for Action Alerts as session progresses! It is your VOICE that legislators want to hear from on healthcare bills. I encourage you to stay engaged. Our Bureau on Legislation is open to all members and now meets remotely in the evening through a Zoom platform. Call or email our office if you would like to be added to this Bureau.

I hope you are enjoying the new year. I am honored to serve as your CEO/Executive Director. Please feel free to reach out to me at any time. My email address is lana@okosteo.org or I can be reached at the office at 405-528-4848.



DO YOUR PART TO PROTECT AND PROMOTE OSTEOPATHIC MEDICINE IN OKLAHOMA.

N 2020!

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OEFOM Endowed Scholarship

Applications due March 2, 2020

Criteria

"Assisting Students in Achieving Their Dream of Becoming Osteopathic Physicians



- 1. A completed application form and a typed letter detailing qualifications for the scholarship award.
- Submission Requirements
- 2. A typed letter indicating any specific financial criteria or factors that you believe will impede your commitment to osteopathic education without scholarship support, along with your anticipated postgraduate practice plans.
- 3. Letters of support from one osteopathic medical college faculty member, one osteopathic physician and one community leader. These letters will assist the selection committee in affirming standing with the college, professional demeanor, character, and ability and willingness to participate in community activities.
- 4. A transcript indicating cumulative GPA and class ranking.

Scholarship applicants must be lawful residents of the United States and meet one of the following requirements:

Eligibility Criteria

- 1. **Non-independent students** must have at least one parent, step parent or court-appointed guardian who is an Oklahoma resident and who has claimed the applicant as a dependent on his/her federal income tax return for the previous year.
- 2. *Independent students* must have lived in Oklahoma in some capacity other than as a full-time student at a post-secondary institution for a period of at least 12 consecutive months prior to matriculation to medical school.

Candidates must be able to demonstrate good standing at their college regarding academics, finances and conduct.

Other Considerations

- 1. Preference will be shown to applicants who have completed two years of osteopathic medical education and who indicate a desire to practice in Oklahoma.
- 2. Class standing and cumulative grade point averages will be a major determining factor in granting scholarship awards.

Finalists may be interviewed by a designated Scholarship Committee comprised of members of the OEFOM and/or their designees.

Scholarship awards will be deposited with the Office of the Bursar of the College and credited for tuition, books, fees and other applicable educational expenses. Funds will not be payable directly to the student.

Other Information Scholarship awards may be "stacked" with other scholarship awards or financial aid. However, the total of these awards, excluding loans, may not exceed the educational costs for the scholarship year.

OEFOM will make available the minimum amount of scholarship funds allocated by September 1, annually.

Applications are due by March 20, 2020, and awards will be announced at the OOA's 120th Annual Convention.

Certain "named" scholarship funds may place additional restrictions on awards.

Candidates will be formally informed of amount and source of awarded scholarships.

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OEFOM Endowed Scholarship

Application

Please Complete the Following:

Name:					
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Permanent Address: Citv:			State:	Zi	p:
Present Address:			State	Zi	n:
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Phone Number:			Email:		
Date of Birth: month			Hometown: _		
Marital Status:	Married	Single	Divorced	Widowed	(circle one)
Parent's Name:					
Parent's Address:					
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How long have you lived	l in Oklahoma?:				
High School, Community	y, Year of Gradua	tion:			
Pre-Med College(s):				Dates of attendance	Degree
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		Please send a	pplications to:		

OEFOM 4848 North Lincoln Boulevard Oklahoma City, OK 73105-3335

or email: audrey@okosteo.org

For more information:

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We Need Your Help!

The OOA building is now 34 years old and we are proud of the visibility it provides to the OOA profession. It is used by OOA members, board members, legislators, partner groups, community organizations on a weekly basis and it is home to the staff of the OOA staff and the Oklahoma State Board of Osteopathic Examiners.

Because funds of the OEFOM are used primarily for student scholarships and educational matters, we would like to ask you for your consideration of a tax-deductible contribution of \$100, \$250, \$500 or a \$1,000 or more to the OEFOM Building Maintenance Fund.

We know that continuing maintenance will be necessary to keep our building in a condition which will maintain its usefulness and our pride in its ownership. Our next greatest need is replacing one air conditioner unit and making needed repairs to the roof.

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- Make a secure donation online at www.okosteo.org (» Foundation Tab at top of page » Donate to OEFOM Give to the OEFOM Building Maintenance Fund.
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- Fax your form to the OOA's central office at (405) 528-6102.
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11th Annual Research Poster Symposium

We are proud to share with you the winners of the 11th Annual Poster Symposium. This competition is just one of the many ways that the Oklahoma Osteopathic Association supports osteopathic students and residents. The mission of the Research Poster Symposium is to showcase current osteopathic research and stimulate interest in future research projects. This is accomplished through the exchange of ideas and information between participants of the symposium and attendees of the OOA Winter CME Seminar.

First Place (\$2,500): Nikki Eagle Road, DO, PGY1: "Overcoming Barriers to Promote Advance Care Planning Discussions in the Outpatient Setting: Is There a Better Way?" (This award was sponsored by the Oklahoma Osteopathic Association)

Second Place (\$2000): Tomi Adewumi, OMS-II: "CHSI/VA Collaborative Development of an Asynchronous Digital Solution/Platform to Increase Veteran Access to Smoking Cessation Medications." (This award was sponsored by the Osteopathic Founder's Foundation)

Third Place (\$1,500): Jacquelyn Boyd, DO, PGY4: "Inappropriate Prophylactic Use of Antibiotics in Gynecologic Surgeries in an Inner City Hospital." (This award was sponsored by the Oklahoma Educational Foundation for Osteopathic Medicine)

Congratulation to these up-and-coming osteopathic physicians. The future of osteopathic medicine is bright with you leading the way.

Below, you can read the abstracts submitted by our winners.



Overcoming Barriers to Promote Advance Care Planning Discussions in the Outpatient Setting: Is There a Better Way?

Nikki Eagle Road, DO, PGY1, Mitchell Sanford, D.O., PGY2, Robert King, MD, Ashton Clayborn, DO

Choctaw Nation Family Medicine Residency, Talihina, OK

Primary care physicians play a vital role in patients' advanced care planning, but studies consistently show these important conversations are happening too infrequently. Many barriers have been identified in attempting to overcome this state. This quality improvement project was undertaken with the goal of increasing advanced care planning discussions between physicians and their adult patients over age 50 years in our rural, tribally-affiliated outpatient family medicine residency clinic. Patients were randomized by our appointment scheduler based on appointment time only. The intervention group was asked to watch a 6-minute informational video (found at: https://youtu.be/skzAGEf9bv8) on advance care planning while waiting for their doctor. The control group was not offered the video. Resident physicians were asked to document CPT code 99497 in the electronic health record for any advance care planning discussions. Electronic records were then queried for this code and data compared between study groups to determine the efficacy of the intervention. It was hypothesized that implementation of the video would result in increased discussions documented in the intervention group when compared with the control group. Data analysis revealed among 100 patients who watched the video, 52 discussions of advance care planning were documented. 2 discussions were documented in the control group of 369. The video intervention led to a nearly 100-fold increase (0.54% in the control group vs. 52% in the intervention group, p<0.00001) in advance care planning discussions between patients and their physician and may continue to serve as a mechanism for fostering these discussions in the future.



CHSI/VA Collaborative Development of an Asynchronous Digital Solution/Platform to Increase Veteran Access to Smoking Cessation Medictions.

Mopileola Tomi Adewumi (MS; MHA; OMS I) 1, Ipe Paramel (MHA)2, Marjorie Erdmann (MS)2, William Paiva (Ph.D.)2

- Oklahoma State University, College of Osteopathic Medicine
 - Oklahoma State University, Center for Health Systems Innovation

Introduction:

Smoking is a major modifiable health risk factor in the United States especially for veterans. Approximately, 10 million adults search online for assistance in quitting smoking each year. These signify a need for decreased barriers to smoking cessation medications, especially for smokers with a desire to quit.

Research Question or Hypothesis:

The objective of this quality improvement study is to develop and test the efficiency of a digital solution aimed at increasing veteran access to smoking cessation medications.

Methods:

Our quality improvement goal was to develop a digital platform, targeted towards established patients who would otherwise need to schedule an appointment with their provider to access smoking cessation medications. We ensured the involvement of a multi disciplinary team, including health, legal, administrative, computer software and academic professionals. We also used the Stanford design thinking process guide which involves several stages of idea development: Empathize, Define, Ideate, Prototype and Test.

Results:

We successfully developed an asynchronous online platform that allows the following: (1) secure invitation from a physician; (2) a quick consultation in form of a questionnaire filled out by the patient; (3) review of patient profile by physician; (4) prescription of medication and (5) continuous evaluation of patients as they progress through the program.

Conclusions:

This platform was successfully developed and is in the process of being tested for effectiveness at the VA Hospital in Muskogee, Oklahoma.

Inappropriate Prophylactic Use of Antibiotics in Gynecologic Surgeries in an Inner-City Hospital

Jacquelyn Boyd, DO, PGY-4, SSM Health- Saint Anthony Hospital Kristin Kniech, DO, PGY-1, SSM Health- Saint Anthony Hospital

As antibiotic resistance is an increasing healthcare issue, promotion of antibiotic stewardship within hospitals has led to research into their proper use. The American College of Obstetricians and Gynecologists (ACOG) has specific recommendations for antimicrobial prophylaxis prior to gynecologic procedures. We hypothesized that patients in an innercity hospital in Oklahoma City, Oklahoma undergoing gynecologic procedures were receiving prophylactic anti-As antibiotic resistance is an increasing healthcare issue, promotion of antibiotic steward-

biotics that were not necessarily indicated for their surgery. A retrospective chart review was performed from July, 2017 to June, 2018. 314 surgeries were performed in this time and 169 cases met inclusion criteria as gynecologic procedures with no indication for antimicrobial prophylaxis. Of the 169 included cases, 98 (57.99%) revealed antibiotics were inappropriately given, which was statistically significant (p<0.5). The most common procedure in procedures with no indication for antimicrobial prophylaxis. Of the 169 included cases, 98 (57.99%) revealed anwhich misuse was noted were laparoscopic procedures without entry into the bowel or vagina, composing 61.2% of cases. Cefazolin was the most frequently used and was given in 84.7% of the cases. These results reflect the overuse of antibiotics for surgical prophylaxis, which contributes to increasing antibiotic resistance in women undergoing elective gynecologic procedures. Overall, this is hindering the progressive movement towards promotion of antibiotic stewardship. We hope that these study results will limit the misuse of antibiotics in a hospital setting, and specifically in surgical specialties.

SoonerCare 2.0

News From the Office of Governor Kevin Stitt

~ Media Contact: Baylee Lakey, baylee.lakey@gov.ok.gov

n January 30th, Governor Kevin Stitt announced his administration's healthcare plan, called SoonerCare 2.0, in Washington, D.C. where he was participating in the Trump administration's release of the Healthy Adult Opportunity (HAO) initiative to give unprecedented flexibility to States to innovate and develop Medicaid plans for the adult population where federal funding is optional.

"I have sought Oklahomans' input over the past several months in crafting my administration's healthcare plan, and they have told me they want more access to care in rural Oklahoma, they want accountability and better outcomes in the current Medicaid system, and they want us to reclaim our tax dollars from Washington, D.C," said Gov. Stitt. "With SoonerCare 2.0, we will achieve what Oklahomans are asking for, and we will fund it through efficiencies and accountability reforms, protecting Oklahomans from new taxes."

"With SoonerCare 2.0, we will pursue comprehensive reform of Medicaid delivery, made possible due to the unprecedented flexibility and innovation being granted by the Trump administration's Healthy Adult Opportunity initiative. SoonerCare 2.0 will deliver strong personal-responsibility mechanisms for new enrollees, will target dollars on rural healthcare delivery and substance abuse programs, and transform services to be focused on outcomes and health advancements instead of excessive billing practices. In all things, we will pursue Top Ten status, and with SoonerCare 2.0 we will be taking a next step in pulling Oklahoma out of bottom ten healthcare rankings that our State has battled for generations."

As part of SoonerCare 2.0, the Stitt administration will be pursuing the following:

Capture total federal funds available under Medicaid: In the coming few weeks, the State will submit a State Plan Amendment to the Centers for Medicare and Medicaid Services (CMS) coupled with applications for the new Healthy Adult Opportunity waivers to achieve maximum flexibility for use of more than \$1.1 billion in additional federal Medicaid funds.

The State will need no new state taxpayer dollars to pay for its roughly \$150 million share. The Stitt administration will seek partnership with the Legislature to support the State's share by:

- Recognizing cost savings in Department of Corrections and Department of Mental Health and Substance Abuse, where millions of dollars currently being paid 100% by the State will be replaced with federal funding once SoonerCare 2.0 is fully implemented.
- Leveraging the full Supplemental Hospital Offset Payment Program (SHOPP) fee of 4% currently in state statue, a rate in Oklahoma that will remain below the national standard of 6%.
- Requesting Oklahomans to reform TSET, protecting the corpus and leveraging future funds to directly deliver stronger, more accessible healthcare services to rural Oklahoma as part of SoonerCare 2.0.

Pursue maximum flexibility under the Trump administration's Healthy Adult Opportunity to deliver personal responsibility: For Oklahomans that will become eligible for Medicaid under SoonerCare 2.0, the insurance program will be set up to create a true trampoline and prepare the individual to transition to employment and the responsibility of maintaining private insurance coverage. The Stitt administration will pursue HAO flexibility to implement modest premiums and establish work requirements that encourage individuals to be engaged in activity that advances their personal potential, such as education, certification, or employment.

Innovate the delivery of rural health care as well as specialized substance abuse programs with flexibility granted under the Trump administration's Healthy Adult Opportunity: With HAO flexibility, Sooner-Care 2.0 will innovate to improve access to care in rural Oklahoma. The Stitt administration will work with health care providers, communities and payers to act on new federal opportunities that will allow the State to enhance provider reimbursement, authorize telehealth services, manage non-emergency medical transportation, and redefine "hospitals" to expand care options in areas with limited populations. With HAO flexibility, SoonerCare 2.0 will also seek to expand targeted treatment for opioid addiction and substance abuse.

Deliver system reform across the full Medicaid pro-

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gram: To increase the effectiveness of Oklahoma's Medicaid program and achieve better outcomes, the state will implement a full-risk managed care program with a strong quality component. Most states have abandoned years ago the government-run, fee-for-service program currently in place in Oklahoma. The Oklahoma Health Care Authority will go through a series of public bids and public comment periods to procure the right cost containment plan for Oklahoma. The new Medicaid enrollees under SoonerCare 2.0 will be the first population under the reformed delivery system.

"The Oklahoma Health Care Authority is thrilled to be a part of Governor Stitt's health plan, SoonerCare 2.0,"said Kevin Corbett, Director of the Oklahoma Health Care Authority. "Our agency, along with our partner agencies, stakeholders and in collaboration with the public, will pursue a rigorous and thorough process towards bringing this outcome based approach to managing our state's health care needs and reaching the administration's Top Ten goals."

The agency will pursue the following priorities in obtaining and implementing this major reform initiative:

- Transform primary care from a system that reacts after someone get sick to a system that keeps people as healthy as possible.
- Pay for what works to improve and maintain health and convert volume-based fee-for-service payments into value-based payments that reward better health outcomes.
- Prevent chronic disease whenever possible, and when it occurs, coordinate care to improve the quality of life and help minimize chronic care costs.

Speaker McCall, Chairman McEntire Comment on Governor's Health Care Plan

House Speaker Charles McCall, R-Atoka, issued the following statement today on Governor Kevin Stitt's SoonerCare 2.0 announcement:

"This is a far better plan than putting Obamacare in the Constitution with no flexibility. Our Caucus appreciates Governor Stitt's strong leadership working with the Trump administration to bring federal dollars back to Oklahoma. We will promptly discuss the governor's plan as a Caucus and seek input from the entire Legislature upon session convening next week.

When states can work with the federal administration, outcomes for citizens are always better. This opportunity to work hand in hand with the federal administration on a plan it has endorsed will make our citizens healthier. The governor's plan gives Oklahoma the flexibility to put our citizens' health first, while the state question puts stringent federal Obamacare requirements first, to

the detriment of innovation and health outcomes.

At first glance, the governor's plan swiftly brings our federal dollars home to help Oklahomans in a far more responsible fashion than the state question. It also has responsible funding mechanisms, which the state question does not. The state question forces the Obamacare federal model upon states, and the Trump-Stitt plan puts states in charge of their own healthcare and health outcomes. We will discuss more details in the coming days, but it is a highly promising plan."

Rep. Marcus McEntire, R-Duncan, co-chair of the legislative Healthcare Working Group and chair of the House Appropriations & Budget Subcommittee on Health, issued the following statement:

"At first blush of seeing this plan, I'm optimistic. It does increase access to care and captures our tax dollars and brings them back home. It also gives the state unprecedented flexibility in designing and administering Medicaid without raising taxes on Oklahoma citizens or raiding dollars from other core areas of service."

OOA's Statements on the Governor's HealthCare Plan

Oklahoma's osteopathic physicians continue to provide excellent healthcare to Oklahoma's Medicaid patients in all 77 counties. While we have not seen the full details of Gov. Stitt's Medicaid proposal, we are eager to meet with him and his administration and give our feedback from the physicians that are on the front line every day taking care of Oklahoma's most vulnerable.

The OOA reached out to Governor Stitt, along with other healthcare providers in the state, to offer input. While we have yet to meet with Governor Stitt, we did meet with OHCA Director Kevin Corbett and Secretary Jerome Loughridge to voice our opinions and offer input.

As we learn more about the details of his proposal, we will definitely need your input and prompt reply about how this will impact your patients across the state.





Welcome to our new members!

The OOA Board of Trustees welcomes the following new members to the OOA family!

Kenneth Argo, DO

Emergency Medicine *Miami*, *OK*

Lori Arney, DO

Internal Medicine *Tahlequah*, *OK*

Leah Bailey, DO

Family Medicine *Pryor, OK*

Yakiji Bailey, DO

Emergency Medicine *Tulsa*, *OK*

Rachel Blankenship, DO

Physical Medicine *Bethany, OK*

Katherine Boyd, DO

OBGYN

Desoto, TX

Cass Cherry, DO

Emergency Medicine *Tulsa, OK*

Micah Derby, DO

Internal Medicine *Collinsville*, *OK*

Matthew Else, DO

Family Medicine *Tulsa*, *OK*

Tyler Evilsizer, DO

Emergency Medicine *Tulsa*, *OK*

Joseph Lee, DO

Emergency Medicine Oklahoma City, OK

Thomas Milligan, DO

Anesthesiology *Tulsa*, *OK*

Kayla Pratt, DO

Family Medicine *Mustang, OK*

Hilda Rodriguez, DO

Family Medicine Oklahoma City, OK

Brianne Roepke, DO

Emergency Medicine *Tulsa, OK*

Would you like to become a member of the Oklahoma Osteopathic Association?

Join Today by visiting www.okosteo.org or send an email to tyler@okosteo.org.

120th Annual Convention four days of CME

five education tracks Saturday

OOA Annual Business Meeting CO*RE REMS AOA UPDATE ACOFP UPDATE

Reconnect @ Alumni Meetings **Welcome Special Guests**



Family Fun Night

Honor Doctor Year



at the Presidential Dinner & Party

leaturing the Presidential Inauguration of Richard W. Schafer, DO, FACOFP

Oklahoma Osteopathic Association's

> 120th Annual Convention

April 23-26, 2020

Sheraton Oklahoma City Downtown Hotel Oklahoma City, OK

PROPOSED AMENDMENTS:

The OOA Constitution & Bylaws

The following is a proposed amendment to the Oklahoma Osteopathic Association's Constitution & Bylaws. Recommendations were made by the Bureau on Constitution & Bylaws for the 2020 annual business meeting, which will be held on Thursday, April 23, 2020 during the OOA Annual Convention.

Proposed Amendment A: Dues Rates and Assessments, Article II, Section II

Section 2. Dues Rates

(a) Regular members: The first year in practice the dues shall be \$300. The second year in practice the dues shall be \$400. The third and subsequent years the dues shall be \$600 per year. All membership classes shall pay annual dues, with the exception of life members whose membership is free, as set by the Executive Committee and approved by the Board of Trustees on an annual basis, after membership comment at the annual business meeting.

2020-2021 Board Members

Proposed Officers:

Past President: Timothy J. Moser, DO, FACOFP President: Richard W. Schafer, DO, FACOFP President-Elect (Becomes President): Jason L. Hill, DO, FACOFP Vice President (One-Year Term): Jonathan K. Bushman, DO Trustee (Three-Year Term ending 2021): Teresa Hardesty, DO Trustee (Three-Year Term ending 2022): Christopher C. Thurman, DO Trustee (One-Year Term ending 2021): Thomas B. Leahey, DO Trustee (One-Year Term ending 2021): Amanda G. Foster, DO Trustee (Three-Year Term ending 2023): Douglas C. Nolan, DO Trustee (Three-Year Term ending 2023): Justin S. Sparkes, DO Resident Trustee (One-Year Term ending 2021): Vacant

2020 House of Delegates

Proposed Delegates:

Oklahoma Delegation

1. Richard W. Schafer, DO

2. David F. Hitzeman, DO

3. Trudy J. Milner, DO

4. Timothy J. Moser, DO

5. Kayse M. Shrum, DO

6. LeRoy E. Young, DO

7. C. Michael Ogle, DO

8. Jonathan B. Stone, DO

9. Rebecca D. Lewis, DO

10. Jonathan K. Bushman, DO 10. Clayton H. Royder, DO

11. Justin S. Sparkes, DO

12. Layne E. Subera, DO

13. Gabriel M. Pitman, DO

14. Phillip A. Nokes, DO

15. Joseph R. Schlecht, DO

16. Student Delegate*

Alternates

1. Christopher C. Thurman, DO

2. Teresa Hardesty, DO

3. Christopher A. Shearer, DO

4. Ronnie B. Martin, DO

5. Bret S. Langerman, DO

6. Duane G. Koehler, DO

7. Amanda G. Foster, DO

8. Dennis J. Carter, DO

9. Arlen R. Foulks, DO

11. Natasha Bray, DO

12. Thomas J. Carlile, DO

13. William M. Silverman, DO

14. Cheryl B. Kroeker, DO

15. Alt. Student Delegate*

^{*}Student Delegate has not yet been determined.

Oklahoma D.O. | PAGE 2

ADVOCACY

We Need Your Active Involvement!

Serve as Doctor of the Day at the Oklahoma State Capitol

The OOA is sponsoring the Doctor of the Day program during the month of March at the Oklahoma State Capitol. This program provides a great opportunity to serve our state's leaders and learn more about the legislative process at the same time.

Physicians are needed to serve in March on Mondays, Tuesdays and Wednesdays from 8:30 a.m. - 4:30 p.m. and Thursdays from 8:30 a.m.-noon.

Each doctor can expect to see a handful of patients, be introduced in both the House and Senate chambers, and meet with their legislators. The OOA will provide talking points so you'll know the most pressing issues affecting you and your patients.

If you're interested in serving or have any questions, contact Maegan Dunn at maegan@okosteo.org or 405-528-4848. Thank you for your willingness to serve our great state!

Join Us at the Oklahoma State Capitol

Your presence and voice can make a difference when you participate in the state's ultimate osteopathic advocacy day - Osteopathic Medicine Day 2020.

Coming up on March 25, join us at the Oklahoma Capitol for a day that includes visits with legislative leaders, meetings with your state senator and state representative, and lunch—not to mention the opportunity to have a lasting impact on health care in Oklahoma. This is a great way to get involved in advocacy and open to all students, residents and full-practicing physicians. Don't forget to wear your white coat!

Don't wait, register today for Osteopathic Medicine Day at www.okosteo.org, under the 'Legislation' tab. We need your information to set up appointments with your legislators. The deadline to register is Monday, March 16. For questions, please contact Maegan Dunn at maegan@okosteo.org or 405-528-4848.



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OKLAHOMA OSTEOPATHIC ASSOCIATION 120TH ANNUAL CONVENTION

IS THE GRASS GREENER?

"And I'd like to give my love to everybody and let them know that the grass may look greener on the other side, but believe me, it's just as hard to cut." – Little Richard

As a DO, great responsibly is placed on our osteopathic outlook to embrace the whole person. Evolving scientific research and technology take us one way, while a plant-based approach may take us another.

This CME features a variety of topics to allow time to immerse in the new and savor the old. After attending, participants will feel rejuvenated and have a better understanding of medicine as seen on both sides of the fence.

SPONSORS

- Chickashaw Nation, Signature Sponsor
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- Northwest Oklahoma Osteopathic Foundation, Presidential Dinner Sponsor
- Choctaw Nation Health Services Authority, Convention Gift Sponsor
- Cherokee Nation Health Services, Lanyard Sponsor
- ACOFP-OK, Family Medicine Specialty Track Sponsor
- OSU Medical Authority, AV Sponsor

IMPORTANT HOTEL AND PARKING INFORMATION

Reserve your standard suite at the Sheraton Oklahoma City Downtown Hotel for the special group rate of \$125 per night by April 11, 2020. The Sheraton is just steps away from Bricktown. Their rooms come with luxury bedding, flat-screen TVs, mini refrigerators and ergonomic work-spaces.

Call 405-235-2780 or reserve your room online: https://www.marriott.com/hotels/travel/okcsi-sheraton-oklahoma-city-downtown-hotel/. Don't forget to mention you are with the OOA!

The OOA has reserved parking at the Cox Convention Center Parking Garage. When you register for the annual convention, you will receive a confirmation email that will serve as your parking pass. It is very important that you print this email out and set it on your car's dashboard. There is an underground tunnel allowing easy access from the Cox Convention Center Parking Garage into the Sheraton Oklahoma City Downtown Hotel. A discounted self-parking rate of \$7 per day is also available at the Century Parking Garage next to the Sheraton Oklahoma City Downtown Hotel.

ACCREDITATION

The OOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOA designates this program for a maximum of 27.5 AOA Category 1-A credits. AAFP accreditation is pending. Physicians should only claim credit commensurate with the extent of their participation in the activity. This program is accredited for both osteopathic and allopathic specialties.

THE OOA

The mission of the Oklahoma Osteopathic Association is to advocate for the osteopathic profession and promote the health and well-being of all Oklahomans. The OOA is the voice for all Oklahoma DO's. No matter what your specialty, no matter where you work or who you work for.

IMPORTANT CONFERENCE INFORMATION



CANCELLATIONS

The OOA must receive requests for refunds before April 11, 2020 in order to be granted. A \$30 service fee will be charged. Registrations fees are not refundable after April 11, 2020. Extenuating circumstances will be reviewed on an individual basis.

MEMBERSHIP

Membership dues must be current at the time of registration to qualify for member rates. If you would like to join or renew your membership, please mark your registration form accordingly or contact Tyler Lenz at 405.528.4848 or tyler@okosteo.org.

SPECIAL ACCOMODATIONS

Please notify OOA staff if you have any special accommodation requirements by April 11, 2020.

QUESTIONS

Audrey Hendricks

Phone: 405.528.4848 | Fax: 405.528.6102

Email: audrey@okosteo.org

Oklahoma D.O.

REGISTRATION FORM

120th Annual Convention | April 23-26, 2020 Sheraton Oklahoma City Downtown Hotel 1 North Broadway Ave., Oklahoma City, OK 73102

For hotel reservations, call the Sheraton at 405-235-2780 and mention "OOA 2020." If you have questions about hotel reservations, email audrey@okosteo.org.

OKLAHOMA OSTEOPATHIC ASSOCIATION'S 120TH ANNUAL CONVENTION

Richard W. Schafer, DO, FACOFP Convention Chair Jason L. Hill, DO, FACOFP Program Chair

27.5 AOA Category 1-A credits!



Preferred First Name for Badge			Gı	uest(s)			
City of Practice	Phone				Valid E	mail Address	
Special Needs or Dietary Requests*							
*Must be submitted before April 11, 2020							
REGISTRATION FEES			BEFORE		AFTER		
□ DO Member Registration (including CO*RI	E REMS)		34.11.19 \$ 630		11.19 660	\$	REGISTRATION TOTAL
DO Member Proper Prescribing & Risk Ma	nagement Only R	egistration*	\$ 230	\$	260		
☐ Retired DO Member Registration (including	CO*RE REMS)		\$ 405	\$	435	s	MEMBERSHIP FEE TOTAL*
□ DO NonMember Registration (including Company)	O*RE REMS)	;	\$1,230	\$1	,260	Ľ	
DO NonMember Proper Prescribing & Risk	Mgmt. Only Regi	stration*	\$ 830	\$	860	ړ	GUEST REGISTRATION TOTAL*
	,		\$ 730	\$	760	\$	OUEST REDISTRATION TOTAL
■ MD/Non-Physician Proper Prescribing & R		egistration*		\$	300		
Student Intern Resident Fellow Registr	ation		free		free	\$	GUEST TICKET TOTAL*
□ Saturday Only DO Member Registration*			\$ 315		345		
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unless otherwise noted. *Includes Proper Prescribing Course, Risk Management Cou *Nine and half hours of AOA Category 1-A credit and Saturda GUEST REGISTRATION		on & Friday exh AFTER 04.11.19 \$245	ibit hall sı	NOTE: Mand at	the time o	of the conferer unds must be	*if applicable e current at the time of registration ice to qualify for member rates. received before April 11, 2020, and a
☐ Spouse/Guest/Exhibitor Registration	\$220	\$24 5				will be charged will not be ava	d. No refunds after April 11, 2020. A
GUEST TICKETS	ADULT	CHIL	.D		T INFORMAT		illable.
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IMPORTANT PARKING INFORMATION

The OOA has reserved parking spaces in the Cox Convention Center Parking Garage. Upon completion of your registration, you will receive a confirmation email that will serve as your parking pass. **Please provide a valid email address in the information above to receive your parking pass.** In addition to the free parking at the Cox Conventoin Center Parking Garage, a discounted self-parking rate of \$7 per day is available at the Century Parking Garage at the Sheraton Oklahoma City Downtown Hotel.



DOWNLOAD INSTRUCTIONS

OOA 120th Annual Convention "Is the Grass Greener on the Other Side?"



PROGRAM SCHEDULE

THURSDAY

8 AM - 6 PM Registration Open

9 AM - Noon General CME Sessions

Noon - 1:30 PM Lunch in Exhibit Hall

1:30 - 2:30 PM General CME Sessions

2:30 - 3:30 PM Legislative Update

4 - 5 PM OOA Business Meeting

(No CME Credit)

5 - 6 PM ACOFP Update

6 - 7 PM Bureau on Legislation

FRIDAY

7 AM - 6 PM Registration Open

8 AM - 12:15 PM General CME Sessions

12:15 - 1:15 PM Lunch in Exhibit Hall

1:15 - 1:45 PM OSU-COM Alumni

Meeting

1:45 - 2:45 PM General Session

2:45 - 3:45 PM Proper Prescribing
Sign-in required to receive credit

3:45 PM Break With Exhibitors

4 - 5 PM Risk Management Sign-in required to receive credit

7 - 11 PM Family Fun Night at the

Sheraton Hotel

SATURDAY

7 AM - 5 PM Registration Open

8 AM - Noon Speciality Track

CME Sessions

12:15 PM Exhibitor Drawing

12:30 - 2:00 PM AOA Update &

Awards Luncheon

SATURDAY (CONT.)

2 - 5 PM Speciality Track CME Sessions

6 - 7 PM Cocktail Reception

7 - 10 PM Presidential Dinner &

Party

SUNDAY

7 AM - Noon Registration Open

8 - 10 AM CO*RE AOA Proper

Prescribing

10 AM - Noon General CME Session

Updated schedule and session information will be available online (www.okosteo.org/upcoming-cmes-events) and on the OOA Convention App as it is confirmed.

THANK YOU TO OUR SPONSORS

AS OF FEBRUARY 14, 2020





















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Start them on the path to a healthier life. Learn more and order materials at **OKhelpline.com**.









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for the future of Osteopathic Medicine

Leave a legacy to sustain the osteopathic profession in Oklahoma.

Make your tax-deductable donation today: 800-522-8379 • www.okosteo.org

Thank you to these generous donors who gave to OEFOM!

OEFOM CONTRIBUTIONS

October 1- January 31, 2020

OEFOM Memorials

October 1- January 31, 2020

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Student Activity Fund

Laura Jane Holey, DO
Amanda Troutman, DO
William H. Chesser, DO
Dianna M. Willis, DO
Stephanie N. Aldret, DO
Robert A. Wieck, DO
Melinda R. Allen, DO
Phillip Nokes, DO
Susanne Thompson, DO
Jana L. King
Barclay Sappington, DO
Margaret A. Stripling, DO
Thomas H. Conklin, DO

General Fund

Rick L. Robbins, DO John C. Stepanek, DO Thomas H. Osborn, Jr., DO Jeffrey L. Shipman, DO Stacia B. Shipman, DO Kenneth E. Calabrese, DO Christopher C. Thurman, DO Robert S. Lawson, DO Harold L. Battenfield, DO R. Brian Hightower, DO Donald M. Dushay, DO John F. Rice, DO Harvey A. Drapkin Barney E. Blue, DO Brian Lee, DO Anne Winsjansen, DO Bradley J. Reddick, DO Robin R. Dyer, DO Gary W. Cannon, DO Bret S. Langerman, DO Robert A. Wieck, DO

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Terry M. Nickels, DO Gary T. Dykstra, DO Roger L. Hobgood Thomas J. Carlile, DO John B. Hill, DO

Memorials

Barney E. Blue, DO Terry L. Nickels, DO Terry L. Nickels, DO Thomas J. Carlile, DO

In Memory Of...

Mr. Terrance "Tiger" McDermott, DO Mr. Paul Benien, III Mrs. Martha "Sue" Shumsky Mr. Ronald Roberts Mrs. Viola Jean Dahl Ms. Mary A. Cerda Ms. Mary Grace Tate Ms. Sandra Dolan

A Special Thanks to Our Silent Auction Donors...

Oklahoma Osteopathic Association Audrey Hendricks Lana G. Ivy, MBA, CFRE James S. Walker, DO & Esther E. B. Walker, DO Cheryl Homen Timothy J. Moser, DO, FACOFP Christopher A. Shearer, DO, FACOI Leslie A. Williams, DO Hard Rock Hotel & Casino Visit Tulsa



In Memorial



Christopher B. Slater, DO, known to many as "Dr. Chris," passed away on December 12, 2019. Dr. Chris was born in 1960 to Dr. Wesley and Nancy Slater. He graduated from OSU-COM in 1988 and interned at the Tulsa Regional Medical Center. He then started Slater Medical Arts Clinic in Guymon with his wife, but considered his greatest accomplishment to be his daughters.

Patricia Jane Allison, DO, passed away December 8, 2019. She was born in 1953 in Indianaplis, Indiana. She recieved her degree from Kansas City University of Medicine and Biosciences, and was selected as Chief Resident for the Department of Psychiatry at the University of Oklahoma. She is survived by her husband of 43 years, Martin, and daughter, Ashley Allison.





Help us wish these OOA members a Happy Birthday!

	-								
1	Richard R. Polk, DO James D. Ford, DO Roger Hobgood, DO Brad W. Stahlheber, DO Holly Jean Dean Dawson, DO	2	Steven C. Buck, DO Franklin J. Evans, DO Derek L. West, DO D. Matt Wilkett, DO Ray E. Bishop, DO	3	Anne Williams, DO	4	Max Robert Cieminski, DO W. Todd Swearingen, DO	5	William F. Sturdevant, DO Brian H. Rodgers, DO Terry M. Lee, DO Charles H. Mitchell, DO Justin B. Plaxico, DO Nathaniel D. Stetson, DO Robert L. Skelton, DO
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11	William B. Parsons, DO Deborah D. Archer, DO Sheryl E. Ghan, DO	12	David C. Crosswhite, DO Jerry C. Crain, DO Wm. Joseph Harrison, DO	13	Leon J. Yoder, DO	14	Bobby N. Daniel, DO C. Patrick Sullivan, DO Charles D. Black, DO	15	Nghia T. Phan, DO Brian G. Ogg, DO Jay K. Johnson, DO Paul B. Rock, DO Ray E. Stowers, DO
16	Sean E. Neely, DO Julie M. White, DO JoAnn G. Ryan, DO	17	James David Campbell, DO Brian C. Diener, DO Daniel W. Langley, DO Melinda R. Allen, DO Tom W. Ewing, DO	18	Jana L. Wilkins, DO R. Brian Hightower, DO Shannon L. Reed, DO Robert C. Williams, DO Thomas H. Osborn, DO	19	Patricia A. Costner, DO	20	Earl U. Bachenberg, DO Donna L. Schneider, DO D. Rachelle Wilson, DO Semira Charboneau, DO
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26		27	Chriss B. Roberts, DO Jack R. Lamberson, DO	28	Colony S. Fugate, DO Ben G. Nguyen, DO E. Kim King, DO Steven D. Baker, DO Connie M. Wilson, DO	29	M. Chad Owens, DO Kristopher R. Avant, DO	30	Gregory M. Schmidt, DO Mark E. Blubaugh, DO
31	Joseph E. Wolf, DO Ronald Fried, DO Victoria E. Pardue, DO					D	ece	n	nber

1	Cornelia O. Mertz, DO Leonard U. Laccfield, DO Henry M. Allen, DO Jerry D. Cockerell, DO	2	David K. Eslicker, DO	3	James T. Cail, DO Jeffrey S. Halsell, DO M. Sean O'Brien, DO Paul D. Ott, DO Laura K. Taylor, DO	4		5	Brent D. Bell, DO Candy N. Ting, DO James S. Seebass, DO Kenneth E. Graham, DO Warren S. Silberman, DO John A. Saurino, DO
6	John K. Honeywell, DO	7	Arvin J. Pourtorkan, DO Dennis S. Blackstad, DO Kevin M. Penwell, DO James D. Harris, DO Steven E. Hebblethwaite, DO W. Stephen Eddy, DO	8	Gordon P. Laird, DO Curtis E. McElroy, DO	9	Lisa E. Hart, DO	10	Gary L. Hills, DO
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21	George J. Bovasso, DO Darci Decker Coffman, DO Amy Thorne, DO	22	R. Jeff Goodell, DO	23	Tracy A. Kidwell, DO Keith P. Sutton, DO Christopher A. Back, DO Julie D. Thomas-Pinkston, DO	24	Lonette A. Bebensee, DO Edward J. Sokolosky, DO T. Joe Morgan, DO Randall C. Raine, DO Timothy J. Moser, DO	25	Paul A. Whitham, DO
26	Mark O. Duncan, DO Gerard F. Shea, DO Gary L. McClure, DO Tom E. Denton, DO Nathan S. Roberts, DO	27	Melvin L. Robison, DO Heather D. Rector, DO Sidney E. Semrad, DO	28	Michael P. Carney, DO Donald James Curran, DO		ennifer E. Galbraith, DO R. Gregory Martens, DO	30	W. John Mallgren, DO
31	Britney M. Else, DO Daniel A. Brown, DO Patrice A. Aston, DO						Jan	l	uary

1	Andrew S. Crawford, DO Christine G. DiEnna, DO Matthew E. Brown, DO Sarah L. Shepherd, DO Timothy W. Teske, DO	2	Brian A. Allee, DO David W. Morris, DO Monty J. Grugan, DO Harold L. Battenfield, DO La Toya T. Smith, DO Richard Drake, DO	3	Gary W. Lambert, DO Jason W. Beaman, DO	4	Joseph A. Braden, DO James S. Walker, DO Tommy D. Foreman, DO	5	Robert Ellis Baker, DO John C. Jackson, DO William W. Davito, DO
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16	Kayci D. Lewis, DO S. Lynn Phillips, DO Sean C. Ludlow, DO	17	Paul F. Benien, Jr., DO Laurie A. Kukas, DO	18		19	Jason C. Emerson, DO	20	Michael S. Reed, DO Edward D. Glinski, DO Kyle V. McGivern, DO
21	J. Martin Beal, DO Michael J. Boger, DO John P. Harris, DO John C. Ogle, DO Stanley E. Grogg, DO	22	Jay P. Reynolds, DO Thomas A. Schooley, DO	23	Angela Christy-Owens, DO Robert A. Wieck, DO Jennifer C. Scoufos, DO	24	Aaron S. Sizelove, DO Gary A. Boyer, DO Leslie A. Williams, DO	25	David D Cook, DO Charles R. Mettry, DO Richard C. Melin, DO Robert A. Woodruff, DO
26	Deborah J. DeJarnett, DO J. Bryan Harris, DO Arthur Douglas Beacham, DO	27	Gayle D. Bounds, DO Joy A. Manning-Plain, DO Larry D. McKenzie, DO Robert L. Goodmon, DO	28	Beth L. Leader, DO Clell W. Pond, DO Robin R. Dyer, DO Paul M. Reed, DO	F	ebr	u	ary



ACROSS THE SEA

OOA member, Stephanie N. Aldret, DO, CAQSM, and her husband, Randy L. Aldret, EdD, ATC, LAT, CSCS, have been invited to attend the 2020 Paralympics in Tokyo, Japan this year. They will be part of the medical team and work directly with athletes on Team USA. This is their third time attending the paralympics. The Paralympics take place August 25 to September 6, 2020.



Do you have good news to share?

We would love to include it in our next edition of *Okahoma D.O.!* Contact Tyler Lenz at 405-528-4848 or tyler@okosteo.org to submit your news today.

Advocacy in Action

The OOA Executive Director, Lana Ivy, MBA, CRFE, and Director of Outreach and Administor of Legislative Affairs, Maegan Dunn, had the opportunity to address the OSU-COM SOMA and ACOFP student organizations. We always enjoy the opportunity to share the OOA with students and keep them updated on legislative efforts that we are undertaking. They are passionate about protecting their future careers and the profession, and we will continue to fight on their behalf.





Calendar of Events

March 1 - 31, 2020

DO Doctor of the Day at the State Capitol

March 4, 2020

Bureau on Legislation Dinner 6:30 p.m., Meeting 7 p.m

March 5, 2020

OOA Bureaus & Board of Trustees Meetings OSU-COM Advisory Council Meeting Oklahoma City, OK

March 25, 2020

Osteopathic Medicine Day at the State Capitol

April 1, 2020

Bureau on Legislation Dinner 6:30 p.m., Meeting 7 p.m

April 2, 2020

OOA Bureaus & Board of Trustees Meetings OSU-COM Advisory Council Meeting Oklahoma City, OK

April 23 - 26, 2020

120th Annual Convention Oklahoma City, OK

August 21 - 23, 2020

2020 Summer CME Seminar Edmond, OK

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