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www.okosteo.org

OKLAHOMA D



6 EXECUTIVE DIRECTOR'S UPDATE
The CEO of the Oklahoma Osteopathic Association, Allison C.
LeBoeuf, JD, provides an update on the OOA and legislation the
OOA is tracking.



18 NOMINATE A DESERVING PHYSICIAN FOR AN OOA AWARD

These awards represent the highest honor the OOA can bestow in recognition of outstanding service and contribution to the osteopathic profession in Oklahoma. Award recipients will be honored during the 122nd Annual Convention.



23 122nd Annual Convention SAVE THE DATE

Join us at the 122nd Annual Convention in Oklahoma City, OK at the Sheraton Oklahoma City Downtown Hotel on April 28-May 1, 2022. Convention Chair Jonathan K. Bushman, DO, and Program Chair Rebecca D. Lewis, DO, FACOFP have put together an exciting program you won't want to miss.



25 Stethoscope Sponsorship Program

Donate a stethoscope to an incoming OSU-COM student to show that you are personally invested in their osteopathic success. Every \$150 donation provides one 3M Littmann Cardiology IV Stethoscope.

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Oklahoma D.O. | Winter 2022

Happy Holidays from the 00A Staff!

Maegan, Jacob, Allison, & Audrey

EXECUTIVE DIRECTOR'S REPORT



elcome to the Winter 2022 Edition of the Oklahoma DO Journal! The past year has been a busy one of resilient progress and exciting achievement for our Association.

Despite the continued challenges we faced during the current global pandemic, the Oklahoma Osteopathic Association enjoyed a year of renewed community and camaraderie with a successful 121st Annual Convention "A Whole New World" in April 2021 chaired by Jason L. Hill, DO, HPF. This event was well attended in an accessible and safe virtual format. We returned to in-person CME meetings with the Summer CME Seminar "Welcome Back, Y'all!" chaired by Justin S. Sparkes, DO, FACOI. This intimate reunion allowed OOA members to gather and catch up while earning excellent CME credit. With a focus on creating a fun experience for the whole family, games, live music, and involvement by the new "Friends of the OOA" (FOOA) support organization made this event a great success. If your friends or loved ones are interested in joining the FOOA, they may do so with the form on page 21. We welcome their involvement!

Many thanks to all of you who joined us for the OOA's Winter CME Seminar, "An Ounce of Prevention," in Catoosa on January 21 – 23, 2022. Teresa Hardesty, DO, Program Chair, packed this seminar with spectacular speakers!

If you could not join us at these events, we missed you and hope to see you in April at our 122nd Annual Convention "What's Next?" at the Sheraton Downtown Hotel in Oklahoma City on April 28 – May 1, 2022. Jonathan K. Bushman, DO (President-Elect), serving as Convention Chair, and Rebecca D. Lewis, DO, FACOFP (Vice

Allison C. LeBoeuf, JD CEO/Executive Director

President) serving as Program Chair, have an incredible schedule lined up!

2021 was an essential year in advocacy for the OOA. We participated in a successful lawsuit to halt the implementation of contracts to outsource the management of Oklahoma's Medicaid population to big, multi-state (in some cases multi-national) insurance companies, which would have put even more delays, denials, and red tape between patients and their doctors. We continue to monitor the actions taken on this front, delivering public comments on rules and feedback to policymakers on key issues.

The OOA also resolutely opposed many encroachments upon Physician Scope of Practice. Notably, Senate Bill (SB) 478 was stopped in the HHS Committee; this bill would have expanded prescriptive authority for advanced practice registered nurses and defined the term "Licensed Practitioner" under the Oklahoma Pharmacy Act. House Bill (HB) 2164, which would have added psychologists to the specified list of occupations which can call themselves "Physicians" was also defeated, failing to make it out of the House, along with HB 2595, which would have increased the period of time a physical therapist can treat a patient without a referral from 30 to 60 days. SB 56, which would have allowed physicians to supervise an unlimited number of Physician Assistants, died in conference. These are only a handful of the bills the OOA and our allies advocated against during this session.

As I write this letter to our membership in late December, our office is gearing up for the 2022 legislative session. Our OOA staff and excellent lobbyist will continue to fight these critical battles and work with our allies at the Capitol to protect your patients, practice, and profession this year.

Finally, I must express my gratitude to our dedicated volunteer leaders, especially Immediate Past President Richard W. Schafer, DO, FACOFP; President Jason L. Hill, DO, HPF; and all the outstanding Osteopathic Physician members throughout our state for their warm welcome and endless support. Coming on board as the new CEO/Executive Director for the OOA in January of 2021, it has been an honor and a wonderful experience to get to know the members of this Association. Attending the district meetings, residency program graduations, and OSU-COM events (at two campuses!) has instilled a great optimism for the vibrant future of the osteopathic profession within our state, and I am excited for the year to come!

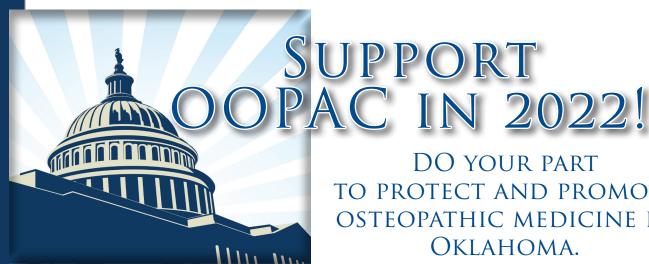


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You may also call the OOA office at 405-528-4848 and give over the phone



GET INVOLVED WITH THE OOA BY JOINING A BUREAU!

The Oklahoma Osteopathic Association has many ways for members to get involved and help guide the future of the association. One of the best ways you can make a difference is by participating in one of our bureaus.

If you are interested in joining one or more of these bureaus, check the boxes that apply and mail this form back to us.

Name: Cell Phone:	
Email:	
☐ Bureau on Legislation: This bureau keeps members updated on the latest legislative news that will impact your practice and patients. The participants also help guide the OOA's stance on legislative issues.	- -
☐ Bureau on Residents and New Physicians: This bureau is open to residents and physicians who have been in practice for less than 10 years. They focus on how the OOA can better serve new physicians at the beginning of their careers.	
☐ Bureau on Membership: This bureau is open to any active member of the OOA and focuses on expanding our membership and bringing new benefits to members.	g
☐ Bureau on Postgraduate Education: This bureau primarily focuses on organizing the annual Research Poster Symposium. The symposium provides students and residents with an opportunity to showcase the research and win prize money.	
☐ Bureau on Continuing Medical Education: This bureau focuses on the Winter and Summer CME Seminars to help determine the program and overall purpose of each seminar.	
☐ Ad Hoc Bureau on Marketing: This bureau will focus on how to better communicate the OOA's message to our members and the public.	

Please send completed forms to:

Mail: 4848 N. Lincoln Blvd., Oklahoma City, OK 73105 Fax: 405-528-6102 Email: Maegan@okosteo.org

OEFOM Endowed Scholarship

Applications due February 28, 2022

Criteria

"Assisting Students in Achieving Their Dream of Becoming Osteopathic Physicians



1. A completed application form and a typed letter detailing qualifications for the scholarship award.

Submission Requirements

- 2. A typed letter indicating any specific financial criteria or factors that you believe will impede your commitment to osteopathic education without scholarship support, along with your anticipated postgraduate practice plans.
- 3. Letters of support from one osteopathic medical college faculty member, one osteopathic physician and one community leader. These letters will assist the selection committee in affirming standing with the college, professional demeanor, character, and ability and willingness to participate in community activities.
- A transcript indicating cumulative GPA and class ranking.

Scholarship applicants must be lawful residents of the United States and meet one of the following requirements:

Eligibility Criteria

- 1. **Non-independent students** must have at least one parent, step parent or court-appointed guardian who is an Oklahoma resident and who has claimed the applicant as a dependent on his/her federal income tax return for the previous year.
- 2. *Independent students* must have lived in Oklahoma in some capacity other than as a full-time student at a post-secondary institution for a period of at least 12 consecutive months prior to matriculation to medical school.

Candidates must be able to demonstrate good standing at their college regarding academics, finances and conduct.

Other Considerations

- 1. Preference will be shown to applicants who have completed two years of osteopathic medical education and who indicate a desire to practice in Oklahoma.
- 2. Class standing and cumulative grade point averages will be a major determining factor in granting scholarship awards.

Finalists may be interviewed by a designated Scholarship Committee comprised of members of the OEFOM and/or their designees.

Scholarship awards will be deposited with the Office of the Bursar of the College and credited for tuition, books, fees and other applicable educational expenses. Funds will not be payable directly to the student.

Other Information Scholarship awards may be "stacked" with other scholarship awards or financial aid. However, the total of these awards, excluding loans, may not exceed the educational costs for the scholarship year.

OEFOM will make available the minimum amount of scholarship funds allocated by September 1, annually.

Applications are due by February 28, 2022, and awards will be announced at the OOA's 122nd Annual Convention.

Certain "named" scholarship funds may place additional restrictions on awards.

Candidates will be formally informed of amount and source of awarded scholarships.

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☐ Three Letters of Support

due February 28, 2022

□ Transcript

☐ Send to OEFOM

OEFOM Endowed Scholarship Application

Name: Permanent Address:					
				Zi	p:
Present Address:					
				Zi	p:
Phone Number:			Email:		
Date of Birth:	nth day yea		Hometown:		
Marital Status:	Married	" Single	Divorced	Widowed	(circle one)
Parent's Name:					
Parent's Address:					
City:			State:	Zi	p:
How long have you liv	ed in Oklahoma?:				
High School, Commun	nity, Year of Gradua	ition:			
Pre-Med College(s):					
				Dates of attendance	Degree
				Dates of attendance	Degree
Name of Osteopathic	Medical College: _	CDA and alass ran	4		
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(Attach transcript indi			OI	MS-III	
(Attach transcript indi	OMS-I	OMS-II	0		
(Attach transcript indi Classification: ers of Support				CHECK	
(Attach transcript indi					LIST

Please send applications to:

4848 North Lincoln Boulevard Oklahoma City, OK 73105-3335

or email: audrey@okosteo.org

For more information:

(405) 528-4848

(800) 522-8379 toll free (405) 528-6102 fax email: audrey@okosteo.org

Name (osteopathic physician)

Name (community leader)

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We Need Your Help!

Funds contributed to the OEFOM are used for student scholarships, educational activities, and to maintain the Oklahoma Osteopathic Educational Center (OOA Central Office). Please consider a tax-deductible contribution of \$25, \$50, \$100, \$250, \$500 or a \$1,000 or more to the OEFOM General Fund, Student Scholarship Fund, or the Building Maintenance Fund.

Tax-deductible gifts can be easily made to the OEFOM in the following ways:

- Make a secure donation online at https://www.okosteo.org/donate-to-oefom
- Mail this form with your check or credit card information to 4848 N. Lincoln Blvd., OKC, OK 73105.
- Fax your form to the OOA's central office at (405) 528-6102.

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Signature _____ Gift amount: \$_____

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RESEARCH 13th ANNUAL POSTER SYMPOSIUM

We are proud to share with you the winners of the 13th Annual Poster Symposium. This competition is just one of the many ways that the Oklahoma Osteopathic Association supports osteopathic students and residents. The mission of the Research Poster Symposium is to showcase current osteopathic research and stimulate interest in future research projects. This is accomplished through the exchange of ideas and information between participants of the symposium and attendees of the OOA Winter CME Seminar.

First Place (\$2,500): Savannah Nicks, OMS-IV: "Examination of Homologies Between COVID-19 Vaccines and Common Allergens: The Potential for T Cell-Mediated Responses for Allergic Rhinitis and Asthma" (This award was sponsored by the Oklahoma Osteopathic Association)

Second Place (\$2,000): Sadie Schiffacher, BS, OMS-I: "Asthma Medications in Schools: A Cross-Sectional Analysis of the Asthma Call Back Survey 2017-2018" (This award was sponsored by the Osteopathic Foundation)

Third Place (\$1,500): Allon Gillispie, DO, PGY-II: "The Use of Osteopathic Maniputative Therapies for the Reduction of Prescribed Opiate Morphine Milligram Equivalents in Patients Receiving Treatment for Chronic Pain: A Retrospective Study"

(This award was sponsored by the Oklahoma Educational Foundation for Osteopathic Medicine)

Congratulation to these up-and-coming osteopathic physicians. The future of osteopathic medicine is bright with you leading the way.

Below, you can read the abstracts submitted by our winners.

1st Place | Savannah Nicks, OMS-IV

"Examination of Homologies Between COVID-9 Vaccines and Common Allergens: The Potential for T Cell-Mediated Responses for Allergic Rhinitis and Asthma"

Savannah Nicks, OMS-IV, Micah Hartwell, PhD, Benjamin Greiner, DO, MPH, PGY-II

Introduction:

Current evidence suggests SARS-CoV-2 virus shares protein sequences with common allergens like grass pollens, dust mites, and molds. Thus post-infection, COVID-19 sensitized T-cells may provide a mediated immune response to these allergens. Similarly, vaccination against COVID-19 may play a role in protection against T-cell-mediated chronic inflammation in allergic disease.

Methods:

Our objective was to explore the potential overlap between the COVID-19 vaccines from Pfizer and Moderna and common allergens indexed through two known and reputable databases. We reported allergens with 35% (or greater) similarity over segments of 80 amino acids (Criteria A) and those with short (8 or more amino acids) identical matches (Criteria B).

Results:

For the Pfizer vaccine, we identified 1 allergen that met Criteria A, from pine nuts, and 6 that met Criterion B - notably, Tufted Grass and Alternaria alternata, the most common fungal allergen associated with asthma. For the Moderna vaccine, we found 7 allergens meeting Criteria A and 12 that met Criteria B.

Discussion:

Considering our findings of overlap between known allergens and the Pfizer and Moderna vaccines, an altered T-cell mediated immune response may be observed in persons with allergic asthma and allergic rhinitis after vaccination, with Pfizer or Moderna mRNA vaccines, against COVID-19. These results suggest that vaccination with the Pfizer-BioNtech and Moderna COVID-19 vaccines may contribute to T-cell cross-reactivity with allergens that may positively impact allergic asthma and allergic rhinitis.

2ND PLACE | SADIE SCHIFFMACHER, BS, OMS-I

"Asthma Medications in Schools: A Cross-Sectional Analysis of the Asthma Call Back Survey 2017-2018"

Sadie Schiffmacher, BS, OMS-I; Rachel Wilkins, MS, OMS-I; Ashton Gatewood, MPH, OMS-II; Savannah Nicks, OMS-IV; Benjamin Greiner, DO, MPH; Micah Hartwell, PhD

Purpose of Research:

Asthma is the most common chronic disease affecting children in the United States.1,5 Goals for asthma management include symptom control, ability to maintain a normal activity level, and minimizing adverse events.

Research Ouestion:

Our objective is to analyze the amount of children with asthma that are permitted to carry medications at school and without an asthma action plan.

Methods:

In this study we analyzed the Center for Disease Control and Prevention's Asthma Call Back Survey to assess the prevalence of children in school allowed to carry medication and with asthma action plans. Using sampling weights provided, we estimated population prevalence by age group and urbanicity.

Results:

Results showed that, overall, 34.8% of students reported that they were not allowed to carry asthma medications in school. Specifically, nearly 51% of children ages 5 - 9 and 33% of children ages 10-14 were reported not to be allowed to carry medications at school (Figure 2). Further, 58.2% of children did not have a written asthma action plan. Reported urbanity was not significantly associated with access to medication at school (P=.46) or having an asthma action plan (P=.57).

Conclusions:

In our study, more than one-third of students were not permitted to carry asthma medications and nearly three-fifths did not have a written asthma action plan. Osteopathic Principles and Practices should guide asthma management. Therefore, we recommend partnerships between schools, healthcare students, and physicians to increase access to asthma action plans and medication in schools.

3rd Place | Allon Gillispie, DO, PGY-II

"The Use of Osteopathic Manipulative Therapies for the Reduction of Prescribed Opiate Morphine Milligram Equivalents in Patients Receiving Treatment for Chronic Pain: A Retrospective Study"

Allon Gillispie, DO, PGY-II; Charles Perez, DO, PGY-III; Gretchen Stroud, DO

Study Objective:

The objective of this study was to show that the use of Osteopathic Manipulative Therapies (OMT) would lead to overall reduction in required Morphine Milligram Equivalents (MMEs) for the management of chronic pain.

Methods:

The study was retrospective study of patients within an outpatient primary care setting whose chronic pain regimens did or did not include the use of OMT. The assessed outcome was the total average MMEs the two patient populations required on a monthly basis. Consideration was placed on confounding variables such as the average age of the patients in both groups and the average length of time in years patients had been receiving opiates. The source of pain was considered with the exclusion of patients with the associated diagnoses of cancer, neoplasm, or malignancy related pain.

Results:

210 patients with a diagnosis of chronic pain were included in the analysis. 30 were actively receiving OMT; 180 were not. There was significant difference in average MMEs (p=0.007) with the average MMEs of those receiving OMT was 7.2 ± 14.4 . Compared to those not receiving OMT, 23.1 (± 32.2). There was significant difference in the average age (p=0.001) with the average age of those receiving OMT of 49.47 (± 17.05) and those without OMT 59.21 (± 14.89).

Conclusions:

Augmenting chronic pain regimens with OMT appears to lead to fewer required MMEs. This makes OMT a viable component in a multimodal approach to pain management. Further prospective study of the addition of OMT to patients' pain management regimens is warranted.

MED STUDENT ONE OF ONLY FIVE TO RECEIVE NATIONAL MINORITY SCHOLARSHIP

BY SARA PLUMMER

Recognizing the achievements and passion of student doctors, the American Association of Colleges of Osteopathic Medicine announced the recipients of the 2021 Sherry R. Arnstein Minority Scholarship on Monday.

Limayre Mendoza, a second-year student at the Oklahoma State University College of Osteopathic Medicine, was one of just five students selected from across the country. "As a first-generation student, strong support has been pivotal to my success as an osteopathic medical student. Through scholarships like the Sherry R. Arnstein Minority Scholarship, AACOM shows its commitment to diversifying medicine by helping mitigate the financial strain that can often prevent students like me from pursuing careers in medicine," Mendoza said. "As a future Hispanic physician, I understand the dire need for physicians who understand a patient's linguistic and cultural background. I am committed to bridging the gap for my future patients and underserved populations."

Dr. Dennis Blankenship, dean of the OSU College of Osteopathic Medicine, said he is grateful that Mendoza has chosen to be part of the OSU-COM family. "I'm incredibly proud of Ms. Mendoza for receiving this tremendous honor. She embodies the traits we want in our students — smart and driven, but also community-focused and committed to helping others," Blankenship said. "OSU-COM has made diversity, equity and inclusion a priority across our institution, and one of our students being recognized with the Sherry R. Arnstein Minor-

ing recognized with the Sherry R. Arnstein Minority Scholarship is an example that those efforts are working as we aim to bring different perspectives and voices to campus."

Or and voices to campus."

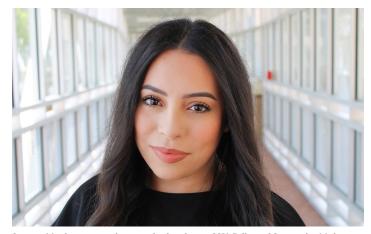
The Sherry R. Arnstein Minority Student Scholarship was established in honor of her life's dedication to public service and social equity and justice. After the initial endowment, AACOM continued funding for the program, which has grown steading. ly since its inaugural grants were awarded; each

year receiving more applications and awarding more scholarships.

"These students represent the future of osteopathic medicine and the future of America's health care network," said Dr. Robert A. Cain, AACOM president and CEO. "Our country is in desperate need of highly trained and skilled physicians ... particularly doctors of color and those dedicated to practicing in underserved and rural areas. Each of these recipients has demonstrated the ability to overcome challenges and is committed to bringing osteopathic medical treatment to those most in need. There is no better way to honor the legacy of Sherry Arnstein."

A former executive director of AACOM, Arnstein spent more than 30 years in public service, first in her native California and then in Washington, D.C. While serving in the Kennedy Administration in the U.S. Department of Housing and Urban Development, Arnstein led the team developing the federal strategy to desegregate all hospitals in the United States. The segregation of hospitals was causing immense harm to minority patients and leading to poor access to healthcare and a poor quality of life; especially in rural areas and urban centers where health care options were minimal.

Arnstein's career is a testament to fighting for social justice and health equity.



Limavre Mendoza, a second-year medical student at OSU College of Osteopathic Medicine, is one of only five students across the country to receive the Sherry R. Arnstein Minority Scholarship from the American Association of Colleges of Osteopathic Medicine.



From left, Dr. Natasha Bray, interim dean OSU-COM at Cherokee Nation; Sonja Settle, medical librarian OSU-COM at CN; Chuck Smith, Cherokee Nation Outpatient Health Clinic administrator; Ashton Glover-Gatewood, Caitlin Cosby, and Mackenzee Hester, OSU-COM at CN students; Kent Smith, associate dean Office of American Indians in Medicine and Science; and Dr. Doug Nolan, associate dean of Tribal Affairs OSU-COM at CN, with the new Dr. Pete's Book Nook at the Cherokee Nation Outpatient Health Clinic in Tahlequah.

Dr. Pete Book Nook inspired by med student's daughter

BY SARA PLUMMER

To celebrate Native American Heritage month in November, the students, faculty, and staff at OSU College of Osteopathic Medicine at the Cherokee Nation recently launched an exciting new outreach program — Dr. Pete's Book Nook.

The book nook is a community book-sharing initiative that will serve all patients visiting the Cherokee Nation Outpatient Health Center on the same campus as the medical school in Tahlequah.

Dr. Pete's Book Nook will make it convenient for CNOHC patients to read to their children, or for the children to read to themselves, while they wait to see their health care providers. Patients can keep a book and take it home with them, as well as be encouraged to share books with others by donating them to the Cherokee Nation community through the book nook.

Ashton Glover-Gatewood, a second-year student at OSU-COM at Cherokee Nation, was inspired to establish the book nook after her 4-year-old daughter, Joanna, noticed a book depository sitting empty between the Cherokee Nation W.W. Hastings Hospital and the medical school.

"Before attending OSU-COM at the Cherokee Nation, I served as an Indian Health Services public health nurse. There I learned the importance of literacy to the overall health and well-being of a tribal community," said Glover-Gatewood, American Indians in Medicine and Science (AIMS)

ambassador and Native American Students of Osteopathic Medicine President. "I am honored to be part of a project inspired by my own daughter, a descendent of the Choctaw and Chickasaw Nations, and to foster collaborative community-building through a creative literary approach."

Working with Dr. Natasha Bray, OSU-COM at the Cherokee Nation interim dean, and Ashlei Ashmore, director of operations, the decision was made to refresh the book depository with a coat of orange and black paint.

Rebranded as Dr. Pete's Book Nook, with its new home inside the CNOHC building, it will be highly visible and accessible to all Cherokee Nation citizens who walk through the clinic doors.

Students, faculty, and staff will serve as the project's stewards, ensuring that Dr. Pete's Book Nook is always filled with books for children and adults to read and enjoy.

"Health and wellness are intricately tied to all the individual choices we make each day. Dr. Pete's Book Nook is an opportunity to engage with patients and families outside the clinical exam room," Bray said. "By ensuring access to free books at CNOHC, we not only promote literacy, which is linked to improved health outcomes, but we also have an opportunity to inspire future healthcare providers who will care for us."



AWARD NOMINATION FORM

The Oklahoma Osteopathic Association's Bureau on Awards will meet Thursday, March 3, 2022, to determine award recipients to be honored during the OOA's 122nd Annual Convention. Only OOA members can submit nominations, and this form must be received in the OOA Central Office by February 25, 2022, for consideration by the OOA's Bureau on Awards. Please provide the bureau with the most information on your nomination so they can make an informed decision. These awards represent the highest honor the OOA can bestow in recognition of outstanding service and contribution to the osteopathic profession in Oklahoma.

Nominator Name:	Date:				
Phone:	Email:				
☐ DOCTOR OF THE YEAR	☐ AWARD OF APPRECIATION				
☐ A.T. STILL AWARD	☐ ROOKIE OF THE YEAR AWARD				
□ outstanding &	& DISTINGUISHED SERVICE AWARD				
Nominee Name:					
detailed and specific examples for each.	ir community, association, and osteopathic profession? Please list				

Visit OKOSTEO.ORG >> MEMBERS >> AWARD NOMINATIONS to submit your nominations online. Nominations may be submitted to Audrey Hendricks by email at audrey@oksteo.org or fax at 405-528-6102.

DOCTOR OF THE YEAR AWARD

The OOA Doctor of the Year Award is the most prestigious honor within the OOA. Nominees must:

- Have been in practice for at least 10 years
- Provides his/her community with compassionate and comprehensive medical service on a continuing basis
- Directly and effectively involved in community affairs
- Supports his/her state and professional associations along with humanitarian programs

AWARD OF APPRECIATION

This award honors an OOA Member, or friend of the osteopathic profession, in Oklahoma who has donated his/her time and efforts to improve the lives of our citizens.

A.T. STILL AWARD OF EXCELLENCE

This award honors a physician who has contributed significantly to the advancement of osteopathic medical education in Oklahoma.

ROOKIE PHYSICIAN OF THE YEAR AWARD

This award honors a physician in his/her second year of practice who has exemplified significant contributions and service to his/her school, community, and association and impacted osteopathic medical education in and outside of Oklahoma.

OUTSTANDING & DISTINGUISHED SERVICE AWARD

This award honors a physician who has significantly contributed to improving community and impacted osteopathic medicine in and outside of Oklahoma.



You put patients first — and so do we.

The Oklahoma Tobacco Helpline offers FREE individualized support to guit tobacco.

FREE services include:

- At least a two-week supply of patches, gum or lozenges
- Coaching calls that provide advice and support
- Web coaching that puts patients in touch with a positive online community and more



A Program of TSET

Connect with us!

With everything vying for your attention, we know how hard it is to keep up with the latest osteopathic news. Follow these simple steps to make sure you don't miss a thing!





What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.

BECOME A MEMBER TODAY!

FOOA regular member dues are \$50 annually (November 1 – October 31). Membership for the spouses of medical students and residents is FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both OOA & FOOA dues if you'd prefer).

			Amount Enclosed
FOOA Member N	(\$50 for each FOOA membership;		
Mobile Phone:	Home Phone:	Spouses of Medical Students & Residents is FREE)	
Email:			o
☐ OOA Member Sp	\$		
☐ Resident Spouse	■ Medical Student Spouse		
Payment: 🗖 Ch	neck Enclosed (Please make check payable to th	ne Oklahoma Osteopathic Ass	ociation.)
	VISA	☐ AMERICAN EXPRESS	
Credit Card No.:		Card	l Exp. Date:
Signature:			
Name (please print a	s it appears on card):		
Billing Address:			
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Welcome to our new members!

The OOA Board of Trustees welcomes the following new members to the OOA family!

Ryan P. Conley, DOOphthalmology *Tulsa, OK*

Zane E. Uhland, DOOrthopedic Surgery *Oklahoma City, OK*

Gerry P. Holland, DOWound Care
Oklahoma City, OK

Stephanie P. Christner, DO Psychiatry Tulsa, OK

Kimberly Barron, DOFamily Medicine *Tulsa, OK*

Sarah Bradley, DO OB/GYN Tulsa, OK Lauren Chinnery, DO OB/GYN Tulsa, OK

Christine Clary, DO
Pediatrics
Tulsa. OK

Christel Dixon, DO
Pediatrics
Tulsa. OK

Gary Fennema, DO Emergency Medicine *Tulsa, OK*

Garren Gebhardt, DO Family Medicine/OMT *Tulsa, OK*

Andrew Hale, DO Internal Medicine Tulsa, OK Melissa Haught, DO Emergency Medicine *Tulsa, OK*

Megan Johanning, DO Emergency Medicine Tulsa. OK

Jannell Largent, DO Family Medicine Tulsa, OK

Jason Moore, DO Emergency Medicine *Tulsa, OK*

Terri O. Reed, DO
Pediatrics
Tulsa, OK

E. Ben Rossavik, DO
Pediatrics
Tulsa, OK

Misti K. Crawley, DO
Pediatrics
McAlester, OK

Stephen P. Zrenda, DOFamily Medicine *Oklahoma City, OK*

A.Cole Nilson, DO OB/GYN Tulsa, OK

William Anthony, DO Family Medicine Stillwater, OK

Gregory B. Vanzant, DOInternal Medicine *Oklahoma City, OK*

Would you like to become a member of the Oklahoma Osteopathic Association?

Join Today by visiting www.okosteo.org or send an email to jacob@okosteo.org.



APRIL 28 - MAY 1, 2022 Sheraton Oklahoma City Downtown Hotel



LET'S PULL TOGETHER

for the future of Osteopathic Medicine

Leave a legacy to sustain the osteopathic profession in Oklahoma.

Make your tax-deductable donation today: 800-522-8379 • www.okosteo.org



The Oklahoma Osteopathic Association is sponsoring the Doctor of the Day Program during the month of March at the Oklahoma State Capitol. The Doctor of the Day program provides a great opportunity to serve our state's leaders and learn about the legislative process at the same time.

Physicians are needed to serve in March on Mondays, Tuesdays and Wednesdays from 8:30 a.m. - 4:30 p.m., and Thursdays from 8:30 a.m. - noon. Each doctor can expect to see a handful of patients, be introduced in both the House and Senate chambers, and meet with their legislators. The OOA will provide talking points so you'll know the most pressing issues affecting you and your patients.

If you're interested in serving, please contact Maegan Dunn at maegan@okosteo.org or 405-528-4848 to sign up. Thank you for your willingness to serve our great state!

Oklahoma D.O. | **Winter 202**2

MARCH 2022

Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

available dates are highlighted in blue





Thank you for your contributions

OEFOM BUILDING Preservation Initiatve

Bret S. Langerman, DO
J. David Ogle, JD
Ronald Fried, DO
OOA - South Central District



Patrick P. Lo, DO in Memory of Joel W. Corn, DO Thomas J. Carlile, DO in Memory of Mrs. Mary Ann Hamm David F. Hitzeman, DO in Memory of Thomas F. Russell, DO David F. Hitzeman, DO in Memory of Jerry L. Gibbons, DO

In Memory Of...

Honor a deceased physician by making a memorial contribution to the Oklahoma Educational Foundation for Osteopathic Medicine.

An acknowledgment of your gift is sent to the family.

No amounts are mentioned.

Call 405.528.4848
Visit www.okosteo.org
Mail a check to
OEFOM
4848 N. Lincoln Blvd.
Oklahoma City, OK 73105





Arnold Carson Todd, DO, passed away on June 29, 2021, after a lengthy battle with Alzheimer's disease. He was 86. Carson was born on Sept. 13, 1934, in Dayton, Ohio to Mary Virginia Carson and Wilbur Eugene Todd. While a child, his family moved to Dallas, Texas.

He was an accomplished pianist, wood worker and physician.

He practiced in Tulsa as an internist and cardiologist for 28 years then joined the Department of Veteran's Affairs, where he practiced for 22 years before retiring.

He made his home in Tulsa and Claremore.

Carson loved working on the land, working on home projects, building furniture and turning gorgeous bowls.

He knew the names of every tree, plant, bird, and any kind of wildlife. While living in the country, he befriended local wildlife including a deer, "2 puck", who came to eat every evening at dusk.

He was a graduate of Baylor University, Kansas City University of Medicine and Biosciences. He completed Residency at Oklahoma Osteopathic Hospital and fellowship at University of Oklahoma Health Science Center.

He is survived by wife, Kay Todd; sons, Robert Todd and partner Rick Hoyt, and Richard Todd and wife, Kristie; daughters, Polly Willard, and Mary Seals and husband, Justin; six grandchildren and seven great grandchildren.



Jerry Leon Gibbons, DO, was born on April 9, 1937 and died on September 30, 2021. He was a resident of Grove, Oklahoma but in the process of moving to the Kansas City metro area to be near family. Jerry was born and raised in Southwest City, Missouri and graduated from Southwest City High School. He was one of three children of the late Jerome and Marguerette Gibbons.

Jerry was a Navy veteran (1956-1960) who served as a Navy Corpsman with the 3rd Marine Division at Twenty-Nine Palms Marine Corps Base and later at Parris Island, South Carolina. Following his discharge, he obtained his degree in Pharmacy from Southwestern State University in Weatherford, Oklahoma. He was employed at several pharmacies in the Tulsa area while attending the University of Tulsa for Pre-Med. He entered the Kansas City College of Osteopathic Medicine (now Kansas City University of Medicine and Biosciences) in 1966 and graduated with a Doctor of Osteopathic Medicine degree in 1970. After two years of family practice and a three-year residency in Anesthesia, he became a staff Anesthesiologist at Enid Memorial Hospital until 1978, before going to Tulsa Regional Hospital, where he remained until 1988. He then became Chief of Anesthesia at Deaconess West Hospital in St. Louis, Missouri. He semi-retired in 2000, joining the staff of Freeman Hospital in Joplin, Missouri to finish out his career in medicine.

When he fully "retired" in 2006 to his home on Grand Lake in Oklahoma, he and his friends, Pete Norwood and Dr. Barry Miller, purchased and ran Honey Creek Landing Marina in Grove, Oklahoma until July 2021.

Jerry's accomplishments throughout his long and prosperous life were many, but his family, friends, faith and patriotism were what made him an honorable man we will all miss.

Jerry is survived by his wife Pamela Gibbons of Grove, Oklahoma; three children, Jack Lee Gibbons of Alameda, California, Danielle Gibbons of Prairie Village, Kansas, and Jason Gibbons of Dardenne Prairie, Missouri; four grandchildren, Jake and Joe Gibbons, Laura Gibbons, and Colin Babb; and a sister, Mary Kay Kelley of Gravette, Arkansas. He is preceded in death by his brother, Jack Williams. Above all, he wanted to be remembered for his legacy as a loving father and grandfather. And he accomplished that in spades.



Beloved Oklahoma City physician, Joel William Corn, DO, passed away July 14, 2021. Born June 12, 1923, Dr. Corn's passion for becoming a physician started at an early age. He grew up in New York until the age of 16 and then moved to Georgia, where he attended Georgia Southwestern College with Jimmy Carter. Dr. Corn then attended Kansas City College of Osteopathic Surgery and graduated in 1945.

After graduation, Corn opened a family practice in rural Oklahoma and later opened one in Oklahoma City. For 51 years, he operated a full-time practice and later worked part-time for four years in Enid, OK. Dr. Corn was ahead of his time, being one of the first physicians to have a "first come, first served, walk-in clinic." Dr. Corn never turned a patient away.

His kindness, humanity, humility, and devotion to his patients will never be forgotten.

He will be sorely missed.





Abbey Grace Renner, OMS-II, was born into this world August 5, 1997. As a newborn baby, and throughout the first year of her life, Abbey made herself known to those around her. She screamed and cried non-stop, twenty-four hours a day, seven days a week. While the human side of reasoning would attribute a cause/effect to this, perspective has shown that she was speaking to us. She collected the attention of those around her as if to say (without the ability to speak any words), watch me, listen to me, hear me, hold me, focus and keep from distraction, for my life will profess the Kingdom of God.

Abbey lived her life with intention; God-lead intentionality. What she accomplished in 24 years was not humanly possible. She lived more in her spirit and the likeness of God than of the world. This is how she lived her wonderful, wondrous life. This is how she was able to do so much. This is what we were privileged to witness.

Abbey grew up in Edmond, Oklahoma attending Deer Creek Schools. During her time there she was a three-time state basketball champion, valedictorian, Miss DCHS, senior class officer, national honor society president and Spanish club as a Girls State Delegate and the University of Oklahoma High School Leadership Conference as well as the Fellowship

president. She participated as a Girls State Delegate and the University of Oklahoma High School Leadership Conference as well as the Fellowship of Christian Athletes.

Abbey attended college at Oklahoma City University (OCU), graduating Magna Cum Laude, Cum Honoré with a Bachelor's of Biomedical Science and minors in Spanish and Chemistry. Abbey was a member of the OCU Women's basketball team for two years during which time the team won the Division One NAIA national championship. She was a two-time academic all-conference player and twice selected as the OCU student athlete of the year. She was a beloved member of Gamma Phi Beta sorority. She participated in many activities and clubs including Beta Beta Beta Biological Honor Society (President), Student Athletes Advisory Committee, Fellowship of Christian Athletes, Student Government Association, and OCU Leads Presidents Leadership Class. She was awarded the Petree College of Arts and Sciences Outstanding Sophomore as well as the Beta Beta Biology Honor Award for her research and presentation on "Bacteriophage: A Potential Replacement for Antibiotics". Abbey was also published for her work "The Lactase Enzyme and the Evolution of Lactase Persistence." Abbey participated in travel-learning opportunities through the university including Alaska, Yellowstone and Taiwan where the purpose was always about making a difference. During these travel experiences Abbey discovered a love for birds and all things aviary. As family, we believe her angel wings, ever present, found pleasure and peace in her kindred soaring spirits. We were also frequently "schooled" on dietary habits and aviary rituals!

Even as a college student, Abbey was always giving back to the community and volunteered as a Whiz Kids tutor, at the Good Shepherd Clinic and as a translator for the Salvation Army.

After graduating from OCU, Abbey worked as an emergency physician scribe at Mercy Hospital in Oklahoma City while preparing for medical school. In 2020, Abbey was accepted to Oklahoma State University College of Osteopathic Medicine.

Moving to Tulsa to start her new medical journey, Abbey also fell in love with Zane McElroy. Although their time together has been short, Zane and Abbey have shared many adventures. Zane brought love, laughter and food videos to her already full life. Abbey made a mean oven-baked chicken!

In pursuit of her medical dream, Abbey continued to give back to the community. She was selected as an Albert Schweitzer Fellow for her study and teaching of diabetes management and education to Spanish-speaking members of the community at Xavier Clinic. She was recently awarded the Mona Whitmier Scholarship through the Tulsa Medical Society. She continued to participate in student government, was a student ambassador and a member of the VASSAR research team. Among other organizations and memberships, she was president of the Student Osteopathic Internal Medicine Association and Vice-President American College of Osteopathic Emergency Physicians. Her next educational trip was scheduled for December 2021 to Veracruz, Mexico for a global health externship. Her publications while in medical school include "Sickle Cell Disease and Quality of Life: An Evaluation of Reporting of Patient Reported Outcomes in Randomized Controlled Trials", "Esophageal Motility Disorders: A Cross-sectional Analysis of Randomized Controlled Trials", and "An Analysis of the Evidence Supporting Hepatology Clinical Practice Guidelines: Evaluating Reporting Completeness of Patient-Reported Outcomes in Liver Disease". She was recently nominated for the 2022 Student Doctor of Osteopathic Medicine of the year. She participated in any opportunity to further her medical education and dream to become a servant-centered physician helping those in need.

Abbey is survived by her parents, Dana and Dustin Renner and her brother Ethan Renner of Stillwater, Oklahoma; Zane McElroy of Collinsville, Oklahoma; her Aunt Deborah Dage (Elliott and Noah Hoss) of Tulsa, Oklahoma; her Uncle Don Dage (wife Stephanie, Jacob, Lauren and Samantha) of Edmond, Oklahoma; her Uncle Jeff Renner (wife Darcy, Megan Perez, Logan, Allie and Millie Renner) of Oklahoma City, Oklahoma; maternal grandmother Susan Dage (Edmond, Oklahoma) and paternal grandparents Robert and Rose Renner (Oklahoma City, Oklahoma). She is preceded in death by her maternal grandfather Gary Dage "Papagary" (2001).

Throughout her life, Abbey was a present and active member of the United Methodist Church of the Servant in Oklahoma City.



Craig C. Cooper, PhD, DO October 30, 1943 August 11, 2021



Stephen W. Baldwin, DO (Col. Ret., USAF) May 23, 1940 August 11, 2021



Thomas F. Russell, DO November 13, 1939 November 6, 2021



	1	Andrew S. Crawford, DO	2	Harold L. Battenfield, DO David W. Morris, DO Brian Albert Allee, DO Monty Grugan, DO LaToya T. Smith, DO	3	David F Grider, DO Derrick V. Freeman, DO Jason W. Beaman, DO	4	James S. Walker, Joseph A. Braden, Bradley T. Anderson, DO	5	Robert Ellis Baker, DO John C. Jackson, DO William W. Davito, DO R. Nicole Blankenship, DO
	6	Daniel M. Studdard, DO Ernest Randal Williams, DO	7	Richard S. Harris, DO Christel Dixon, DO Arlen R. Foulks, DO	8	Richard W. Schafer, DO Kenneth E. Phillips, DO James Phillip Allen, DO	9	Rachel B. Ray, DO Elizabeth A. Brewer, DO	10	Guy W. Sneed, DO Elizabeth K. Dolin, DO
	11	Richard L. Myers, DO Melissa Barnes Myers, DO Thomas J. Whalen, DO John W. Goulart, DO Jayna Shepherd, DO	12	Hal H. Robbins, DO	13	Bennett Troxler Gardner, DO Kacey L. Wallace, DO Best Chen, DO Stephanie N. Aldret, DO James Mau Le, DO	14	Terrell R. Phillips, DO	15	
	16	Sean C. Ludlow, DO Kayci D. Lewis, DO	17	Laurie A. Kukas, DO	18	Andrew Joseph Hale, DO	19	Tenia L. Skinner, DO Jason C. Emerson, DO	20	Edward D. Glinski, DO Valerie B. Manning, DO James E. Forrestal, DO Michael S. Reed, Jr., DO Kyle V. McGivern, DO
	21	John P. Harris, DO John C. Ogle, DO Stanley E. Grogg, DO J. Martin Beal, DO	22	Ronnie B. Martin, DO Thomas A. Schooley, DO Jay P. Reynolds, DO Timothy D. Bushyhead, DO	23	Angela D. Christy-Owens, DO Jennifer C. Scoufos, DO Lana D. Stout-Myers, DO	24	Aaron S. Sizelove, DO Leslie A. Williams, DO	25	Charles R. Mettry, DO Richard C. Melin, DO
- 170	26	Arthur D. Beacham, III, DO	27	Robert L. Goodmon, DO Gayle D. Bounds, DO Larry D. McKenzie, DO Lesley V. Vines, DO	28	Paul M. Reed, DO Clell W. Pond, DO Temitayo B. Oyekan, DO	29	Larry H. Lane, DO		
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1		2		3	Brian Lee, DO	4	J. Cheree Fisher, DO Gary T. Dykstra, DO Tiffany D. Dupree, DO	5	M. Denise Speed, DO Laura L. Kilkenny, DO	
6	Stacey D. Knapp, DO Justin D. Chronister, DO	7	Stanley K. Rogers, DO	8	Stephen M. Treadwell, DO	9	Robert T. McBratney, DO Michael W. Wilson, DO Natasha N. Bray, DO	10	F. Steven Sanders, DO Michael R. Stafford, DO Lori C. Miller, DO	
11	Russell D. Moneypenny, DO Sara M. Coffey, DO	12	Thomas R. Milligan, DO Robert L. Boyles, DO Jonathan B. Stone, DO David K. Hopkins, DO	13	John S. Vogel, DO Gary Wayne Cole, DO	14	Terence M. Williams, DO Richard J. Langerman, Jr., DO Tracy L. Thompson, DO Trisha L. Parks, DO Roy P. Ward, DO	15	Gary D. Fine, DO	
16	Douglas C. Nolan, DO	17	Patricia A. Allen, DO	18	C. Thomas Woolard, DO Bob R. Abernathy, DO Charles C. Glendenning, DO Wendy D. McConnell, DO John R. Miller, III, DO	19	Joseph C. Buendia, DO	20	William Nechtow, DO Blake D. Christensen, DO	OKI
21	C. Neal McCollum, DO Shawna R. Duncan, DO Zane E. Uhland, DO	22	Amanda T. Troutman, DO	23	Terry R. Gerard, DO Ronald L. Kantola, DO	24	Kerby W. Lamb, DO L. Brent Scott, DO Carrie A. Gilstrap, DO	25		прина п
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Michell A. Cohn, DO Jonathan K. Bushman, DO

SAMember News



ASSOCIATE DEAN OF TRIBAL HEALTH AFFAIRS

Douglas C. Nolan, DO has been named Associate Dean of Tribal Health Affairs for the OSU College of Osteopathic Medicine at the Cherokee Nation.

Dr. Nolan will focus on medical student recruitment and retention, resident program development for tribal nations, and advocatingh for the advancement of tribal health care.

Do you have good news to share?

We would love to include it in our next edition of *Okahoma D.O.!* Contact Audrey Hendricks at 405-528-4848 or audrey@okosteo.org to submit your news today.

CONGRATULATIONS OSU-CHS for receiving the 2021 INSIGHT Into Diversity HEED Award!

The INSIGHT Into Diversity Health Professions Higher Education Excellence in Diversity (HEED) Award recognizes colleges prioritizing diversity, equity, and inclusion (DEI) and going above and beyond for their students, faculty, staff, and communities. This year, 51 schools proved their commitment to this work and were honored with the 2021 Health Professions HEED Award.

This award evaluates each institutions' dedication to DEI across their entire campus. Their programs and strategies encompass all aspects of diversity, including racial and ethnic background, veteran status, disability, nation of origin, gender, religion, sexual orientation, gender identity, age, first-generation, life circumstances and experiences, and socioeconomic status.

Congratulations Oklahoma State University Center for Health Sciences!



Oklahoma D.O. | PAGE 31

Calendar of Events

January 1, 2022

HAPPY NEW YEAR!!!

(OOA Office Closed, December 31)

January 4, 2022

Bureau on Membership (6 pm)

Held via Zoom

January 6, 2022

OOA Bureaus & Board of Trustees Meetings

Oklahoma City, OK

January 21, 2022

Bureau on Legislation (7 pm)

Catoosa, OK

January 21-23, 2022

2022 Winter CME Seminar "An Ounce of Prevention"

Hard Rock Hotel & Casino

Catoosa, OK

January 25, 2022

Bureau on CME (6 pm)

Held via Zoom

February 1, 2022

Bureau on Membership (6 pm)

Held via Zoom

February 2, 2022

Bureau on Legislation (6 pm Dinner / 7 pm Meeting)

Oklahoma City, OK

February 3, 2022

OOA Bureaus & Board of Trustees Meetings

OSU-COM Advisory Council Meeting

Oklahoma City, OK

February 11, 2022

OSU-COM Med-X Tandy Building

Tulsa, OK

February 25, 2022

OSU-COM Med-X

Cherokee Nation

Tahlequah, OK

March 1, 2022

Bureau on Membership (6 pm)

Held via Zoom

March 2, 2022

Bureau on Legislation

(6 pm Dinner / 7 pm Meeting)

Oklahoma City, OK

March 3, 2022

OOA Bureaus & Board of Trustees Meetings OSU-COM Advisory Council Meeting

Oklahoma City, OK

March 23, 2022

Osteopathic Medicine Day at the Capitol

(12 pm Lunch / 2 pm Capitol)

Oklahoma City, OK

April 5, 2022

Bureau on Membership (6 pm)

Held via Zoom

April 6, 2022

Bureau on Legislation (6 pm Dinner / 7 pm Meeting)

Oklahoma City, OK

April 7, 2022

OOA Bureaus & Board of Trustees Meetings

OSU-COM Advisory Council Meeting

Oklahoma City, OK

April 28 - May 1, 2022

122nd Annual Convention

"What's Next?"

Sheraton Oklahoma City Downtown Hotel

Oklahoma City, OK

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