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www.okosteo.org

OKLAHOMA DO



6 PRESIDENTIAL TRIBUTE
The OOA pays tribute to OOA Board
President, Jason L. Hill, DO, HPF, for his year
of dedicated service.



8 OSU COLLEGE OF OSTEOPATHIC MEDICINE CELEBRATES 50TH ANNIVERSARY

The Oklahoma College of Osteopathic Medicine and Surgery opened their doors for future osteopathic physicians in 1972.





11 OOA HYBRID 122ND ANNUAL CONVENTION

The 122nd Annual Convention of the Oklahoma Osteopathic Association is intended to address the ever-present changes we are experiencing in healthcare. Lectures will focus on expected changes in clinical research, treatment, technology, and advanced payment models physicians will face in the coming years.



15 MEMBER SPOTLIGHT: SHEILA G. SIMPSON, DO

Get to know your fellow osteopathic physicians with the OOA's inaugural Member Spotlight featuring your 100th President, Sheila G. Simpson, DO.

SPRING 2022

Audrey K. Hendricks, Chief Editor



20 BUREAU NEWS: PROPOSED BYLAWS AMENDMENTS

Recommendations were made by the Bureau on Constitution & Bylaws for the 2022 annual business meeting, which will be held on Thursday, April 28, 2022.

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In the face of an ongoing pandemic and significant legislative challenges, Dr. Hill led with foresight, directing the Board of Trustees to develop a strategic plan for future generations of osteopathic physicians.

He voiced strong opposition when physicians were removed from crucial health agencies and led the push to have osteopathic thought leaders at the table. Advocating for unity and strength, Dr. Hill showed that the voices of this community cannot be ignored when osteopathic physicians speak as one body.

Dr. Hill resolutely addressed the challenges facing the osteopathic profession, making key decisions for the future and good of Oklahoma's physicians and patients in what has been an important and pivotal year.



THANK YOU FOR YOUR SUPPORT! YOUR MEMBERSHIP PROVIDES A STRONG VOICE AT THE CAPITOL



FIND OUT MORE AT WWW.OKOSTEO.ORG

OSU COLLEGE OF OSTEOPATHIC MEDICINE TO CELEBRATE 50th anniversary



Original rendering from 1976 of the Oklahoma College of Osteopathic Medicine and Surgery that would later become OSU College of Osteopathic Medicine.

Fifty years ago, Oklahoma was dealing with a physician shortage so state leaders came together to create and pass Oklahoma Bill 461 that established the Oklahoma College of Osteopathic Medicine and Surgery in Tulsa, which later became the OSU College of Osteopathic Medicine.

It was the first free-standing, state-supported osteopathic medical school in the country and its mission was to train doctors to meet the health care needs of rural and underserved Oklahomans. The dream became realized with the dedication of the campus in April 1977.

"In March 1972, with dwindling numbers of primary care physicians in rural Oklahoma, the Oklahoma College of Osteopathic Medicine and Surgery was established to educate and train osteopathic medicine physicians. Fifty years later, we are still fulfilling that mission," said OSU-CHS President Johnny Stephens.

OSU Center for Health Sciences will celebrate the anniversary with a birthday party on March 10 for faculty, staff, students and alumni.

A larger celebration will take place on July 28 and coincide with the opening of North Hall, the newest building on the OSU-CHS campus in Tulsa that includes new anatomy and neuroanatomy labs, the new Tulsa County Medical Examiners Office, additional meeting and conference rooms, offices spaces and new administrative offices.

People are also invited to leave their mark on the campus through the 50th Anniversary Leave Your Legacy brick campaign. There are four different brick and paver sizes to choose from that will be placed on the OSU-CHS campus.

And throughout 2022, there will be 50th Anniversary social media campaigns highlighting current and former students, as well as special features written about the history, culture and accomplishments of the institution and its leaders.

"Today, OSU-COM educates tomorrow's physicians in a wide range of specialties to serve both rural and urban areas of our state," Dr. Stephens said. "Now with our College of Osteopathic Medicine at the Cherokee Nation in Tahlequah, our impact is even greater."

To learn more about the history of the institution, see photos from the past five decades at the school and learn how you can support OSU College of Osteopathic Medicine, go to medicine.okstate.edu/anniversary.



CENTER FOR HEALTH SCIENCES

OSU-COM AT CHEROKEE NATION STUDENT RUNNER-UP FOR NATIONAL STUDENT D.O. DOCTOR OF THE YEAR

BY SARA PLUMMER



OSU-COM at the Cherokee Nation 2nd-year medical student Aston Glover Gatewood was selected as the OSU-COM Student Doctor of the Year and then runner-up for the National Student D.O. Doctor of the Year

or second-year medical student Ashton Glover Gatewood, normal hasn't been something she has experienced much of during her time in medical school.

In fact, neither have her fellow classmates who are a part of the OSU College of Osteopathic Medicine at the Cherokee Nation inaugural class.

They wore masks to their white coat ceremony and their families could not attend. The COVID-19 pandemic had started just five months earlier so most of their classes were held virtually. The OSU-COM at the Cherokee Nation building was still under construction — stunted by pandemic-related construction delays — when classes started so they met for labs in community rooms at the Cherokee Nation Outpatient Health Center.

When students finally could attend classes in the new building, masks were required and have been ever since.

"I love being a member of the inaugural class. We've been through a lot as a class, not just because everything is new, but with the COVID-19 pandemic everything is constantly changing. I think we've had a unique set of challenges; we've really grown together, we uplift each other, and we help each other," Gatewood said. "It's a very supportive class, we celebrate each other's successes inside and outside the classroom."

In January, Gatewood was selected as the OSU-COM Student Doctor of the Year and then just recently as runner-up for National Student D.O. Doctor of the Year.

"I was incredibly surprised. I had to re-read the email several times just to understand what it was saying," she said.

Dr. Natasha Bray, interim dean of OSU-COM at the Cherokee Nation, said 'driven' is a great word to describe Gatewood.

"She is ambitious, persistent and wants to have a purpose-driven career and life. She is not afraid or hesitant to reach for her dreams and aspirations. She sets out each day to attain them with unwavering drive and determination," Bray said. "I'm so proud of her. She represents our campus well and is deserving of this recognition. She exudes what our profession stands for with her commitment to the overall well-being of people. Her compassion for public health creates a hopeful outlook for our future."

Gatewood — a member of the Choctaw Nation and a descendant of Cherokee and Chickasaw ancestors — worked as a nurse and health care administrator at an Indian Health Services clinic in Oklahoma City for about five years before enrolling in medical school.

"My background as a nurse in IHS has been absolutely invaluable to my success here as far as my ability to do well academically and to feel like I belong and I'm an important part of the community," she said.

Once she graduates, she hopes to go back and practice as a physician at the IHS clinic she worked at in Oklahoma City.

"I wanted to become a doctor because I really enjoy helping people working as a team. I also like challenging, scientific problems," she said. "Medicine was a way I could work with people and be continuously challenged. It brought together all my interests and passions in one career."

Gatewood said she chose to attend OSU-COM at the Cherokee Nation specifically because of its tribal affiliation.

"I felt I could continue the work I was already doing at IHS without leaving my community and I could further my career and develop additional skills that could help people even more on a broader scale," she said.

Receiving student doctor of the year recognition both nationally and by OSU gives her a sense of accountability and pride, Gatewood said.

"I feel a responsibility to represent this campus, OSU-COM at the Cherokee Nation. Our faculty, staff and facilities make this a premier medical school, especially for students interested in primary care, rural health and tribal health," she said. "And I also feel a responsibility to represent my tribe. I hope that my story can inspire others to continue pursuing their dreams, especially Native students and women who may not have many mentors in their communities."

Gatewood said she's overcome challenges to get to where she is, but she didn't do it alone.

"I couldn't be as successful academically without my study group and without the faculty that support us here. I couldn't continue personal well-being and wellness without my family and friends' help, like taking care of my daughter or running errands. It's the effort of a whole village," she said. "I have had my own failures, setbacks and obstacles in reaching this point in my medical career.

"I believe the past and current sacrifices will be worth the future joy of practicing medicine and serving my community."



Presidential Dinner Sponsor

CONVENTION GIFT SPONSOR



Oklahoma State Society



American College of O s t e o p a t h i c Family Physicians

Out-Patient Medicine Sponsor



Lanyard Sponsor



122ND ANNUAL CONVENTION



WHAT IS NEXT?

"It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change." – Charles Darwin

Diseases, medicine, treatments, technology, and healthcare as a whole, are constantly changing. "What's Next?" will address these ever-present changes we are experiencing in healthcare. Further, we will place emphasis on the expected changes that clinical research, treatment, technology, and advanced payment models will have in the coming years and prepare the physician for the future and what's next.

After physicians depart from this program, they will have a better understanding of what's next with the emerging technologies in medicine as well as a gained knowledge of appropriately prescribing controlled substances and various subspecialties' medical updates.

THE OOA

The mission of the Oklahoma Osteopathic Association is to promote the health of all Oklahomans through education and advocacy for the osteopathic profession.

EXHIBITORS

We welcome these exhibitors. Be sure to visit them during the convention!

Biohaven Pharmaceuticals OSU-CHS Medical Library OSU Medicine Rich & Cartmill Saint Francis Valley Hope

APRIL 28 - MAY 1, 2022 IN-PERSON OR LIVE-STREAMING

SHERATON OKLAHOMA CITY DOWNTOWN HOTEL 1 NORTH BROADWAY AVE., OKLAHOMA CITY, OK 73102

JONATHAN K. BUSHMAN, DO, CONVENTION CHAIR REBECCA D. LEWIS, DO, FACOFP, PROGRAM CHAIR

ACCREDITATION

The OOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOA designates this program for an anticipated maximum of 27.5 AOA Category 1-A credits and AAFP credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This program is accredited for both osteopathic and allopathic specialties.

HOW TO LIVESTREAM

The annual convention will also be streamed via the Zoom platform. If you decide to register for virtual attendance, be sure to provide us with a valid email address. Instructions on how to access the livestream will be sent to your email.

IMPORTANT CONVENTION INFORMATION



CANCELLATIONS

The OOA must receive requests for refunds before April 14, 2022 in order to be granted. A \$30 service fee will be charged. Registrations fees are not refundable after April 14, 2022. Extenuating circumstances will be reviewed on an individual basis.

MEMBERSHIP

Membership dues must be current at the time of registration to qualify for member rates. If you would like to join or renew your membership, please mark your registration form accordingly or contact Jacob Young at 405.528.4848 or jacob@okosteo.org.

HOTEL & PARKING INFORMATION

Reserve your standard suite at the Sheraton Oklahoma City Downtown Hotel for the special group rate of \$125 per night by April 11, 2020. The Sheraton is just steps away from Bricktown. Rooms come with luxury bedding, flat-screen TVs, mini refrigerators and ergonomic work-spaces.

Call 405-235-2780 or reserve your room online: at https://www.marriott.com/hotels/travel/okcsi-sheraton-oklahomacity-downtown-hotel/. Don't forget to mention you are with the Group Code OO2OO2F!

*The OOA has validated parking at the Century Center Parking Garage next to the Sheraton Oklahoma City Downtown Hotel.

Bring your parking voucher to the OOA Registration Booth for a validated ticket. Limit ONE per day.*

QUESTIONS? Audrey Hendricks, Director of CME Programs | Phone: 405.528.4848 | Fax: 405.528.6102 | Email: audrey@okosteo.org

6 PM

PROGRAM SCHEDULE



THURSDAY				
	CI II	IDCD	V	
			\ Y	

THUKSDAY	
9 - 10 AM	Project ECHO Update
10 - 11 AM	Physician Contract Negotiations
11 AM - 12 PM	Before & After Disciplinary Actions
12 - 1 PM	Lunch Break with Exhibitors
1 PM - 1:30 PM	OSU-COM Alumni Meeting
1:30 - 2:30 PM	Legalities of Supervision / Best Practices
2:30 PM	Pearl's Popcorn Pick-Me-Up
2:40 - 3 PM	EXHIBITOR CONNECTION
3 - 3:45 PM	OOA Business Meeting (No CME Credit awarded)
3:45 PM	ACOFP Update
4:45 PM	AAO Update
5:45 PM	Legislative Update / Bureau on Legislation Meeting
FRIDAY	

8 - 9:30 AM	OMT Hands-On
9:30 - 10 AM	The Healer Within
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 - 11:15 AM	Elation Health & Panel Discussion
11:15 AM - 12:15 PM	Informed Consent
12:15 - 1:15 PM	Lunch Break with Exhibitors
1:15 - 2:15 PM	AOA Update must sign in to receive credit!
2:15 - 3:15 PM	Proper Prescribing
3:15 - 3:30 PM	EXHIBITOR CONNECTION
3:30 - 5:30 PM	Risk Management

Family Fun Night

SATURDAY

Out-Patient Medicine* Sponsored by the ACOFP-OK

8 - 10 AM	Out-Patient Medicine Session
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 AM - 12:15 PM	Out-Patient Medicine Session
12:15 - 1:15 PM	Luncheon / Awards Ceremony
1:15 - 3:15 PM	Out-Patient Medicine Session
3:15 - 3:30	COFFEE BREAK
3:30 - 5:30 PM	Out-Patient Medicine Session

In-Patient Medicine^

8 - 10 AM	In-Patient Medicine Session
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 AM - 12:15 PM	In-Patient Medicine Session
12:15 - 1:15 PM	Luncheon / Awards Ceremony
1:15 - 3:15 PM	In-Patient Medicine Session
3:15 - 3:30 PM	COFFEE BREAK
3:30 - 5:30 PM	In-Patient Medicine Session
6:15 - 7 PM	Reception
7 PM	Presidential Dinner Inaugurating Jonathan K. Bushman, DO as the 2022 - 2023 OOA President

SUNDAY	
8 - 9 AM	Vaccine Hesitancies / Misinformation
9 - 10 AM	COVID-19 Longhaul
10 AM - 12 PM	Billing / Coding

nust sign in to receive credit!

Schedule is subject to change. Updated schedule & session information will be available online (www.okosteo.org/upcoming-cmes-events) & on the OOA Convention YAPP as it is confirmed.

^{*} Separate Zoom link to view Out-Patient (Sponsored by the ACOFP-OK Chapter) will be provided & posted throughout announcements, online (www. okosteo.org/upcoming-cmes-events) & on the OOA Convention YAPP.

[^] Separate Zoom link to view In-Patient Medicine will be provided & posted throughout announcements, online (www.okosteo.org/upcoming-cmesevents) & on the OOA Convention YAPP.

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122ND ANNUAL CONVENTION

REGISTRATION FORM

Degree



Preferred First Name for Badge

Name

APRIL 28 - May 1, 2022 | In-Person or Live-Streaming SHERATON OKLAHOMA CITY DOWNTOWN HOTEL | 1 NORTH BROADWAY AVE., OKLAHOMA CITY, OK 73102 JONATHAN K. BUSHMAN, DO, CONVENTION CHAIR | REBECCA D. LEWIS, DO, FACOFP, PROGRAM CHAIR

For hotel reservations, call the Sheraton at 405-235-2780 and mention "OO2OO2F." If you have questions about hotel reservations, email <u>audrey@okosteo.org</u>.

City of Practice	Phone	_	Valid E	mail Address			
Special Needs or Dietary Requests*							
Must be submitted before April 14, 2022 REGISTRATION FEES DO & MD Member Registration DO & MD Member Proper Prescribing & Risk Manage Retired DO & MD Member Registrati DO & MD Non-Member Registrati DO & MD Non-Member Proper Prescribing & Risk Manage Allied Health Provider Registration Allied Health Provider Proper Prescribing & Risk Manage Student Intern Resident Fellow Saturday Only DO & MD Member Saturday Only DO & MD Non-mel Saturday Only DO & MD Non-mel Saturday Only Allied Health Provider Registration includes name badge(s), registration gift, an 'Includes AOA Update, Proper Prescribing Course, Risk	ration on ement Only Registration ement Only Registration* v Registration Registration* mber Registration* der Registration* der Registration* d all meals and social events, including th	IN-PERSON REGISTRATION e President		AFTER 04.14.22 \$ 699 \$ 299 \$ 449 \$ 1199 \$ 799 \$ 799 \$ 399 free \$ 345 \$ 845 \$ 445 \$ otherwise noted.	VIRTUAL REGISTRATION	\$ 04.14.22 \$ 699 \$ 299 \$ 449 \$ 1199 \$ 799 \$ 799 \$ 399 free \$ 345 \$ 845 \$ 445	**AFTER 04.14.22
Nine and half hours of AOA Category 1-A credit and Sat \$ Registration + \$ GUEST REGISTRATION □ Spouse/Guest Registration	Membership Fee	TER 1.22 245	*if applicable	o dues must be nce to qualify fo April 14, 2022,	current a or member and a \$3	er rates. Reques 30 service fee wi	istration and at the ts for refunds must I be charged. No
ADDITIONAL GUEST TICKETS ☐ Thursday Lunch Ticket ☐ Friday Lunch Ticket ☐ Friday Family Fun Night Ticket ☐ Saturday Lunch Ticket ☐ Saturday President Dinner Ticket	ADULT CHIL x \$ 30	20 20 25 20	PAYMENT INFOR □ Check enclose representing □ Credit Card Interpreted below for you	sed (check mu payment for i	tems chelow (all	ecked.) information mu	
MEMBERSHIP FEES ☐ 4 or more years in practice ☐ 3rd Year of Practice ☐ 2nd Year of Practice ☐ 1st Year of Practice ☐ Military ☐ Out-of-state	\$ 500 \$ 400 \$ 300 \$ 200 \$ 100 \$ 100		Name on Ca Credit Card Exp. Date	nrd No.		OVER AME	RICAN EXPRESS
TO COMPLETE YOUR REGISTRATION Mail this form to 4848 N. Lincoln Blv Fax this form to 405.528.6102 Register online at www.okosteo.org	/upcoming-cmes-events		Billing Addre	ess		ST & ZIP	
IMPORTANT PARKING INFORMATION	N						

Guest(s)

The OOA has reserved parking spaces in the Cox Convention Center Parking Garage. Upon completion of your registration, you will receive a confirmation email that will serve as your parking pass. Please provide a valid email address in the information above to receive your parking pass. In addition to the free parking at the Cox Conventoin Center Parking Garage, a discounted self-parking rate of \$7 per day is available at the Century Parking Garage at the Sheraton Oklahoma City Downtown Hotel.

DOWNLOAD INSTRUCTIONS

OOA 122ND ANNUAL CONVENTION APP

STEP 1 Open your app store on your mobile device & search for "Yapp".

STEP 2 Open the app and click the button in the top right-hand corner (it's a circle with a plus sign inside). Type in the code '00A122' into the Add a Yapp space.

STEP 3 The OOA's Convention app should appear in your library automatically. Click the photo.

Oklahoma D.O. | PAGE 14

STEP 4 Enjoy the app! Explore all of the information located inside by clicking the different menu items. Create a profile to connect with other attendees in the Social Feed.

YOPP





122ND ANNUAL CONVENTION

Welcome to the OOA 122nd

Annual Convention appl

Convention Chair: Jonathan K. Bushman, DO

Convention Program Chair: Rebecca D. Lewis,

The OOA's 122nd Annual Convention Will be held The OOA'S 122Nd Annual Convention Will be held to the Ooklahoma Cinv Oklahoma April 28 - May 1, 2022 at the Sheraton Oklahoma City, Ok

ACCREDITATION







SHEILA G. SIMPSON, DO OOA PAST PRESIDENT 2000-2001



- 1. What is your specialty?
 - **Board Certified Family Practice**
- 2. How many years have you been in practice? **35 years**
- 3. What College of Osteopathic Medical School did you attend?

OCOM, Tulsa, OK

- 4. What year did you graduate? 1986
- 5. What do you do when you are not practicing medicine? (favorite hobby)

Collecting animals, hiking, painting

6. What is something you have always wanted to try, but never did?

Sky Diving

7. Who was your childhood hero? What did they do that inspired you?

My Dad, Cecil Reeder. He was always honest, hardworking, and would give anything to those in need.

8. What is your favorite holiday? And why?

Christmas, I can put the fake poo in families' stockings, lol! Because family is all together.

9. What is your all-time favorite song? **Hallelujah**

- 10. What is your all-time favorite movie? **Secondhand Lions (2003)**
- 11. Where is the best location spot?

 Scuba diving in the ocean, it's wonderful.
- 12. What is the best piece of advice that was given to you?

Listen to the patient.

13. What advise do you have for the younger generation?

Never stop learning

- 14. Do you know someone famous?
 - I've met many famous people, but don't know any. We had a meal with President Ronald Reagan.
- 15. What is the most important thing about the work that you do?

Educating the patient on their quality of life, affecting longevity, and helping instill that in their life.

- 16. What was a highlight of this last year?

 Seeing people regaining a degree of normality after COVID
- 17. Do you have a favorite sports team?

 Mustang High School Soccer. My oldest grandson is goalie and is awesome!
- 18. What is the sweet treat that you would break a diet for?

Chocolate Volcano Cake

Check out Dr. Simpson's YouTube channel, *Dr. Sheila's Funny Farm*, where she shares the quirkiest miniature donkeys, peacocks, goats, geese, horses, and chickens on the internet!



Connect with us!

With everything vying for your attention, we know how hard it is to keep up with the latest osteopathic news. Follow these simple steps to make sure you don't miss a thing!





What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.

BECOME A MEMBER TODAY!

FOOA regular member dues are \$50 annually (November 1 – October 31). Membership for the spouses of medical students and residents is FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both OOA & FOOA dues if you'd prefer).

(you may write one officer for both oor tall oor tadeon you a profer).	
FOOA Member Name:	Amount Enclosed
Mobile Phone: Home Phone:	(\$50 for each FOOA membership; Spouses of Medical Students & Residents is FREE)
Email:	¢
☐ OOA Member Spouse, Parent or Other Loved One	\$
□ Resident Spouse □ Medical Student Spouse	
Payment:	sociation.)
Credit Card No.: Card	d Exp. Date:
Signature: CV	V:
Name (please print as it appears on card):	
Billing Address:	

Stethoscope Sponsorship Program Name on Card: Card Number: Exp. Date: 3 digit CVC: Billing Address: Degree: Signature: Signature:

The Oklahoma Osteopathic Association and Oklahoma Educational Foundation for Osteoapthic Medicine partner annually to provide incoming first-year medical students Cardiology-IV stethoscopes. We are offering osteopathic physicians the opportunity to sponsor a stethoscope to future osteopathic physicians.

AOA CATEGORY 1-A CREDITS WHENEVER • WHEREVER

The CME Center, a collaboration with other state associations, is a hub for ondemand programs, webinars, and live educational opportunities addressing a broad spectrum of topics covering practice management, healthcare regulation and relevant clinical issues.

Visit www.thecmecenter.org, create an account & access over 150+ CMEs instantly!
With more constantly being added,
DO CME is the place to get the latest on-demand lectures.



To watch OOA sponsored lectures on The CME Center, scan the QR Code or visit www.thecmecenter.org/topicarea/ooa-oklahoma





We Need Your Help!

Funds contributed to the OEFOM are used for student scholarships, educational activities, and to maintain the Oklahoma Osteopathic Educational Center (OOA Central Office). Please consider a tax-deductible contribution of \$25, \$50, \$100, \$250, \$500 or a \$1,000 or more to the OEFOM General Fund, Student Scholarship Fund, or the Building Maintenance Fund.

Tax-deductible gifts can be easily made to the OEFOM in the following ways:

- Make a secure donation online at https://www.okosteo.org/donate-to-oefom
- Mail this form with your check or credit card information to 4848 N. Lincoln Blvd., OKC, OK 73105.
- Fax your form to the OOA's central office at (405) 528-6102.

 Please use my contribution where it's needed the most

 Contribute to a specified account:
 (General Fund, Scholarship Fund, Building Maintenance Fund)

 Make checks payable to OEFOM.

 Credit Card Information:

 Credit Card Type: American Express __ Visa __ MasterCard __ Discover __ Card No. __ Card Exp. Date __ Card CID# (three digits on back of card) __ Zip code: __ Name on Card __ Signature

 Gift amount: \$



The following are proposed amendments to the Oklahoma Osteopathic Association's Constitution & Bylaws.

Recommendations were made by the Bureau on Constitution & Bylaws for the 2022 annual business meeting, which will be held on Thursday, April 28, 2022 during the 122nd OOA Annual Convention.

Proposed Amendment A: OOAConstitution Article VII. Meetings & Convention (page 2)

Section 2.

Special meetings of this Association may be called by the President at his/her discretion or upon written request of at least seven (7) members of the Board of Trustees. A notice of such special meeting including the purpose for which the meeting is called must be mailed or electronically communicated to all regular members of the Association no less than ten (10) days nor more than sixty (60) days before such meeting. No business other than that for which the meeting was called may be transacted at the special meeting.

Proposed Amendment B: OOA Constitution Article IX. Amendments (page 2)

This Constitution may be amended by this Association at any annual session by a two-thirds vote of the accredited voting members in attendance at such session, provided that any proposed amendment must be approved for publication either by a district society or shall have been presented to the Board of Trustees and filed with the Executive Director and that the Executive Director shall have them published and mailed or

electronically communicated to each member of the Association not less than two months nor more than four months prior to the session at which they are to be acted upon. Any amendment must receive written approval of the Board of Trustees of the American Osteopathic Association before it shall become effective.

Proposed Amendment C: OOA Bylaws Article IX. Amendments (page 7)

These Bylaws may be amended by this Association at any annual session by a two-thirds vote of the accredited voting members in attendance at such session, provided that any proposed amendment must be approved for publication either by a district society or by the Board of Trustees of the Oklahoma Osteopathic Association and that such amendments shall have been presented to the Board of Trustees and filed with the Executive Director and that the Executive Director shall have them published and mailed or electronically communicated to each member of the Association not less than (2) months nor more than four (4) months prior to the session at which they are to be acted upon. Any amendment must receive written approval of the Board of Trustees of the American Osteopathic Association before it shall become effective.

Proposed Recommendations for consideration by the Bureau on Membership of the Oklahoma Osteopathic Association:

2022-2023 vacancies to be filled:

Immediate Past President: Jason L. Hill, DO

President: Jonathan K. Bushman, DO

President-Elect (Becomes President): Rebecca D. Lewis, DO Vice President (One-Year Term): Jonathan B. Stone, DO Trustee (Three-Year Term ending 2025): Amanda Foster, DO Trustee (Three-Year Term ending 2025): Mark Keuchel, DO Trustee (One-Year Term ending 2023): Ashton Clayborn, DO Trustee (One-Year Term ending 2023): Mark Callery, DO Resident Trustee (One-Year Term ending 2023): VACANT

2022 AOA House of Delegates-Oklahoma Delegates to be Elected:

Oklahoma Delegation		Oklahoma Alternate Delegation		
1.	Jonathan K. Bushman, DO	1.	Ronnie B. Martin, DO	
2.	David F. Hitzeman, DO	2.	Bret S. Langerman, DO	
3.	C. Michael Ogle, DO	3.	Richard W. Schafer, DO	
4.	Justin S. Sparkes, DO	4.	Mark A. Keuchel, DO	
5.	Dennis E. Blankenship, DO	5.	Amanda G. Foster, DO	
6.	LeRoy E. Young, DO	6.	Joseph R. Schlect, DO	
7.	Trudy J. Milner, DO	7.	Douglas C. Nolan, DO	
8.	Jonathan B. Stone, DO	8.	Duane G. Koehler, DO	
9.	Rebecca D. Lewis, DO	9.	Natasha N. Bray, DO	
10.	Jason L. Hill, DO	10.	Emily Grewe-Nelson, DO	
11.	Kayse M. Shrum, DO	11.	Gabriel M. Pitman, DO	
12.	Christopher C. Thurman, DO	12.	Bob Aran, DO	
13.	Teresa Hardesty, DO	13.	Thomas J. Carlile, DO	
14.	Timothy J. Moser, DO	14.	Ashton B. Clayborn, DO	
15.	Dennis J. Carter, DO	15.	Mark D. Callery, DO	
16.	Layne E. Subera, DO	16.		
17.	Student Delegate*	17.	Student Delegate*	

^{*} Determined by OSU-COM student body during 2022 spring semester



Welcome to our new members!

The OOA Board of Trustees welcomes the following new members to the OOA family!

Daniel M. Studdard, DOFamily Practice

Tulsa, OK

Amanda R. Cain, DO

Emergency Medicine *Tulsa, OK*

Tracy Wilkerson, DO OBGYN

Lawton, OK

Kevin Carter, DO

Anesthesiology *Glendale*. *AZ*

William Hoskinson, DO

Internal Medicine *Gillette*, *WY*

Rodger Mattson, DO

Family Practice/Retired Portland. OR

Rebekah Kriegsman, DO

Family Medicine/OMT *Muskogee, OK*

Conner E. Johnson, DO, MS

Pediatrics Oklahoma City, OK

Brandon M. Green, DO

Physical Medicine & Rehabilitation *Tulsa. OK*

Matthew Kulick, DO

Family Practice *Pontiac*, *MI*

Stanford Varnado, DO

Family Practice *Longview, TX*

Robert Bornstein, DO

Internal Medicine *Tucson*. AZ

Richard Black, DO

Nuclear Medicine Chagrin Falls, OH

Rodger Mattson, DO

Family Practice *Riner, VA*

Amanda Cain, DO

Emergency Medicine *Tulsa*, *OK*

Brandon Green, DO

Administration *Tulsa*, *OK*

Thomas Britt, DO

Emergency Medicine Bartlesville, OK

Brandon M. Bailey, DO

Internal Medicine Broken Arrow, OK

Want to join the Bureau on Membership? Bureau on Membership meets once every month on Tuesday at 7 pm.

Please contact Allison LeBoeuf, JD at allison@oksteo.org or 405-528-4848 for more details.



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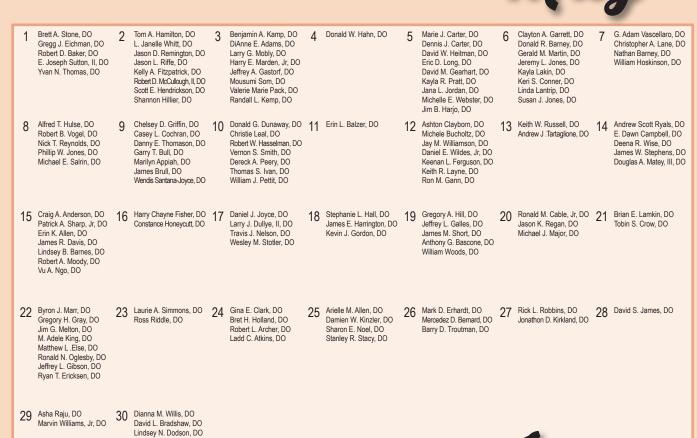
You may also call the OOA office at 405-528-4848 and give over the phone

Laurie C. Clark, DO David W. Campbell, Jr., DO



William F. Beringer, DO Trey D. Thomason, DO Erick C. DeRocher, DO James N. Cornwell, DO James W. Hogin, DO Marc D. Knudsen, DO Michael E. Maddox, DO Douglas C. Foster, DO Yana Jarman, DO John E. Fell, DO Kathryn D. Parks, DO Jaron Marriott, DO 2 3 4 5 6 John L. Owens, DO Jerry Patton, DO Sharon M. Darrow, DO Paul L. Preslar, DO Zachary T. Beam, DO R. Troy Lehman, DO Joseph C. Lee, DO John Phillip Agent, DO Ronald R. Hopkins, DO Kimberly A. Ashlock, DO Michael D. David, DO 14 J. Brian Williams, DO Courtney B. Atchley, DO 9 11 Terry M. Gile, DO Kimberly R. Lemons, DO 10 Andrea J. Miller, DO 12 Chesca N. Craig-Goodell, DO 13 Gary L Slick, DO Brenda G. Floyd, DO Louis E. Mulkey, DO Alyssa Penick, DO R. John Charboneau, DO Matthew Lee Haney, DO Thomas Reeder, II, DO Thomas J. Stees, DO Melvin J. Van Boven, DO Eric Blackwell, DO Michael Williams, DO Donna Hand, DO Gerald L. Dickman, DO Chadwick B. Ross, DO Tiffany L. Elliott, DO Susan S. Staudt, DO Joseph R. Johnson, DO Michelle S. Wells, DO Terry J. Hill, DO Olen L. Jestis, II. DO 15 L. Kyle Hrdlicka, DO 16 James I. Graham, DO 20 Jefferson C. Loyd, DO Larry L. Ellis, Jr., DO 18 Kara M. Beair Butler, DO 19 Brad A. White, DO 21 Kathy L. Stubbs, DO 17 Bradley J. Reddick, DO Beau C. Jennings, DO Robert W. Dean, Jr., DO Jeffrey L. Anderson, DO Jennifer L. Berends, DO Joe M .Anderson, DO David M. Keuchel, DO Julia M. Kwon, DO Joey M. Manduano, DO Tess N. Hanner, DO Michael Opong-Kusi, DO Monte D. Veal, DO Shirley L. Chesnut, DO TaRvnn Freeman, DO Theodore W. Pollock, DO 25 Lora D. Cotton, DO 22 William R. Holcomb, DO 23 William L. Buchanan, DO 24 Daniel G Morris, DO 26 Rebecca A. Biorato, DO 27 Jacinda M. Leadford, DO 28 Gary L. Steinbrook, DO David M. King, DO R. Kelly McMurry, DO John C. Hill, DO Dale C. Askins, DO Robin M. Carson, DO Angelo A. D'Alessandro, DO Erin R. Kratz, DO Justin S. Sparkes, DO Joel A. Adkisson, DO Christian S. Hanson, DO Kenneth E. Hamilton, DO Justin K. Parschauer, DO Kevin C. Hoos, DO Amanda R. Green, DO Sarah M. Hall, DO Terry K. Badzinski, DO Mark A. Cascairo, DO Christian L. Koopman, DO Ryan D. Wilson, DO Phyllis C. Nolan-Watkins, DO Regina M. Lewis, DO Sheila G. Simpson, DO Robert L. Lovell, Jr., DO Sabrina L. Schrader, DO Sarah E. Land, DO Zackary P. Spradlin, DO 29 Bret S. Langerman, DO Courtney Wylie, DO 30 Thomas L. Costner, DO Carl M. Fisher, DO Cynthia M. Berry, DO Kyle T. Jones, DO Aaron Q. Lane, DO

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15	Andrew P. Crow, DO C. Lon Smith, DO Dustin R. Beck, DO Perry W. Evans, Jr, DO Shanna E. Hampton, DO Shanay Herring, DO	16	Sheila J. Smith, DO Emily Grewe-Nelson, DO	17	Margaret A. Stripling, DO Heather J. Weber, DO Jonathan R. Clark, DO	18	Tracy L. Asher, DO Ashley N. Shelley, DO Anthony L. Cruse, DO Kash K. Biddle, DO Justin W. Fairless, DO John T. Maple, DO Nicole M. Willis, DO	19	Stephanie E. Kelly, DO	20	B. Frank Shaw, Jr, DO Cary L. Lacefield, DO Dustin W. Cupp, DO Mark H. Thai, DO Parker K. Truong, DO Ronald S. Stevens, DO	21	Ashley Muckala, DO William A. Anthony, DO Kenneth R. Trinidad, DO Paulette P. Bennett, DO Gary E. Johnston, DO Robert J. Gunderson, DO Stacia B. Shipman, DO
22	Robert J. Wiebe, DO Royce L. Bargas, DO Roy N. Skousen, DO Gail R. Marchant, DO Leslie J. Ollar-Shoemake, DO Mark D. Gage, DO	23	Denny R. Parton, DO Jon R. Mills, Jr, DO Joel D. Huddleston, DO Mary K. Mills, DO	24	Robert W. Worden, DO Raymond W. Deiter, DO Donald L. Sutmiller, DO Leah G. Baxter, DO Matthew Bentley, DO	25	Joseph R. Schlecht, DO John B. Marlar, DO	26	Britt D. Morris, DO J. Dewayne Geren, DO Kellii H. Dyer, DO Joseph M. Nicholson, III, DO Kathryn B. Hughes, DO Michael P. McLaughlin, DO Paula A. Deupree, DO Roberto Gonzalez, Jr, DO Hilda Rodriguez, DO	27	Atul A. Walia, DO James P. McClay, DO Mark D. Callery, DO Steven J. Finley, DO	28	James R. Turrentine, DO Laurel E. Stacy, DO Larry D. Cherry, DO Richard Jack Helton, DO
29	Billy D. Schumpert, Jr, DO	30	R. Jeffrey Cotner, DO Lauren A. Mitchell, DO Cyrus D. Motazedi, DO	31	Christian M. Ellis, DO						Ma	7	





Michael J. Irvin. DO

Michael A. Whinery, DO

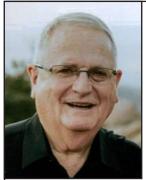




Thomas R. Pickard, DO, entered his heavenly home Thursday, February 24, 2022 surrounded by his loving family and friends. Thomas was born June 6, 1945 to Raymond and Loraine Pickard (Pruitt) in New Orleans, Louisiana.

Thomas was an Osteopathic Doctor, President of their association on many occasions, had his own practice, taught and trained many doctors at OSU Medical Center, served on the Oklahoma Board of Examiners and many other things. He was a long time member of the Barbershop Harmony Society, the Tulsa Founders Chorus and sang in the Tulsa Tones Quartet. He was a man of God who served him well. He was a great father, papa, uncle, brother and friend. He touched the lives of so many people with his gentle, loving and kind spirit. He will be greatly missed by all those who knew and loved him.

He is survived by his wife, children, grand-children, great-grandchildren and a host of other family members.



Harry Jensen Whetstone, DO, died Monday, January 24, 2022 at his residence in Lawton, Oklahoma at the age of 74. He was born to Deward Osburn Whetstone and Fleda Almeda Whetstone on September 3, 1947 in Enid, Oklahoma. He spent his younger years attending high school in Canton, Oklahoma graduating in 1965. He attended Southwestern State College at Weatherford, Oklahoma and graduated with a Bachelor of Science degree in 1968. He worked as a chemist at Sun Oil Company in Tulsa, Oklahoma for approximately 4 ½ years before moving to Independence, Missouri and later graduated from Kansas City University College of Osteopathic Medicine in 1976 with a D.O. degree. He has attended the Tulsa University and William Jewell College. He worked as a physician in Albuquerque, New Mexico, Cordell, Oklahoma and Stover, Missouri, later returning to the Oklahoma Veterans Center in Clinton, Oklahoma until 2008 and retired from the Department of Veterans Affairs at Fort Sill in 2017.

He is survived by his wife, Claudia J. Whetstone, who he married in 1977, as well as his five children, Laurie Whetstone Ford, Elizabeth Whetstone Echternach, Charles B. Whetstone, Kevin D. Whetstone and Tracy Whetstone Nickell and eight great grandchildren.



Regan Ganoung Nichols, DO, was taken to God's side on February 25, 2022. She was born on May 26, 1960 in Anaheim, CA, while her Veterinarian father was working as a meat inspector for the military. She moved to Indiana then Hoisington, Kansas at the age of 2.

Regan graduated from Hoisington High School and Cornell College, Mt Vernon, Iowa before attending The University of Osteopathic Medicine and Health Sciences in Des Moines, Iowa.

On receiving her DO Degree, Regan did her internship in Wichita, KS and Residency in Family Practice in Salina, KS. Upon finishing her medical training, she married Quaife Nichols. The couple moved to Garden City, Kansas, where Regan practiced at Garden Medical Clinic while her husband taught science, math and history.

In 1996, the couple went to Mongolia to do Medical Education work with Mongolian Enterprises International, living in insulated tents much of the time before returning to Garden City in the year 2000. In 2002, they moved to Midwest City, OK where Regan practiced at DuBois Medical Clinic before starting her own practice.

Regan will be remembered as a Caregiver, Mother, Sister and Friend, who exhibited those qualities to those around her because that was whom she was.

Regan is survived by her Husband of 30 years, her Son, Alex, her siblings, Kevin, Joyce and Kris and their families and numerous Aunts Uncles and Cousins. She was preceded in death by her father, Raymond Ganoung and mother, Karen Ganoung.





Deborah Jeane (McWhirter) Bruce, JD, was embraced by heaven on January 21st, 2022 while resting comfortably in her Del City home. "Debbie" as she was affectionately called, was born on May 16th, 1945 in Sentinel to Verlin and Jeane McWhirter.

The eldest of two children, she grew up in OKC. Her best childhood memories were spending time playing at the park with friends and visiting her grandmother each summer to help sell fireworks at her candy store in Billings.

In junior high, a teacher suggested she might be good at speech and debate and she quickly developed a passion for it, winning multiple state champion titles and a scholarship to Central State University in Edmond (now UCO). She graduated from Classen High School in 1963 and

continued debate through college and life, earning several national awards and a bachelor's degree in communication. She was highly involved with her sorority and other leadership activities.

While at college, she met the love of her life, Bill J. Bruce, who was then campus police chief. He proposed to her beneath the "Old North" clock tower and the couple married on August 11, 1967. They raised their children, daughter Deena, and son Cory in OKC and attended the 12th and Drexel, Northwest and Del City Churches of Christ. Their marriage spanned 53 years until Bill's death in May 2021.

In 2008, she became the Executive Director of the Oklahoma Osteopathic Board of Examiners where she served until her retirement in 2019. She oversaw the licensure, training and discipline of all osteopathic physicians in Oklahoma and developed a case review process that has been nationally recognized and replicated. She was added to the national group, Administrators in Medicine, where she created an orientation and training program used by medical boards to train executives across the nation.

Debbie was preceded in death by her parents and her husband, Bill Bruce. She is survived by daughter Deena and John Warner of Newalla; son Cory and Amy Bruce of Choctaw; son Brandon and Leslie Hughes of Salina, KS; and daughter Rebecca and Dave Mills of Kansas City, MO; and brother Jim and Lisa McWhirter of Choctaw. Her greatest blessings called her "Bebe": her grandchildren, Sheena Sumpter, Kelsee & Mitchell Roberson, Clancy, Addison and Camden Bruce, Ethan and Paden Hughes, Kate and Josh Mills; and her great-grandchildren: Caelyn Sumpter, Carter Reid, Ender Roberson, and Emery Mills.



W.W. (Wilbert Wilson) Stoever, DO, MACOI, died peacefully at his home on Wednesday, February 9, 2022.

Dr. Stoever was a 1961 graduate of the Kirksville College of Osteopathy and Surgery. Following graduation, he found his way to Tulsa to complete a rotating internship at Oklahoma Osteopathic Hospital before entering general practice at Moots Hospital in Pryor, Oklahoma. After just two years he returned to OOH to serve a residency in internal medicine practice in Albuquerque where he developed his lifelong love of southwestern art.

In 1972 Dr. Stoever was accepted in the National Institutes of Health Clinical Fellowship in Cardiology at the University of Missouri. Returning to Tulsa and OOH after completion, he became a member of the original faculty at OCOMS while simultaneously opening his private cardi-

ology practice. He continued to train students, residents, and fellows throughout his decades long career.

His awards and recognitions are too numerous to mention but it was with particular pride that he became a member of the Gillum Society of Master Fellows in 1998. The Osteopathic Founders Foundation was privileged to recognize him with their Outstanding Physician Award in 2015 and the OSU Medical Center Department of Internal Medicine presented him with the Richard C. Staab, DO Legacy Award in that same year.

Member News

OSU-CHS Clinical Professors Received 2022 Albert Bandura Influencer Award for Research



Crucial Learning, a learning company with courses in communication, performance and leadership, awarded the 2022 Albert Bandura Influencer Award to Oklahoma State University Center for Health Sciences.

Named for Bandura — world-renowned psychologist — the award recognizes organizations, leaders, and scholars who have advanced both scholarship and practice in enabling self-directed human change. The award was founded under the premise that human behavior is a direct cause behind the world's most

pervasive and significant challenges. As a result, the health, peace and prosperity of humanity hinges on organizations and individuals learning the science behind influencing human behavior.

OSU Center for Health Sciences trained its faculty, students and residents in Crucial Learning's Crucial Conversations course. In a formal analysis after implementing Crucial Conversations, OSU faculty found improvements in the areas of teamwork climate, safety climate, job satisfaction, stress recognition, perceptions of management and working conditions.

"We are honored to receive the Albert Bandura Influencer Award," said Dr. Jason Beaman, a clinical assistant professor and the department chair of psychiatry and behavioral sciences at OSU-CHS. "Communication in the health care industry is more vital than ever, and our leadership and faculty are committed to helping Oklahoma State students and residents shine as examples of professionalism and expertise in the field." Dr. Beaman also said this award is a celebration of the efforts of everyone at OSU as we strive to offer top-tier patient care that saves lives.

Dr. Mo Som, professor of internal medicine at OSU-CHS, said she recognized that Crucial Conversations could revolutionize how interpersonal communications and professionalism is taught in an academic setting.

"To improve health care, it has to start with communication. We at OSU Center for Health Sciences and OSU Medicine are proving that every single day and I think Crucial Conversations has a big role to play because we know how to have difficult conversations. We know how to focus on the things that are important, which at the end of the day, is the individual's health care," Som said.

Since 2010, Crucial Learning has recognized outstanding influencers, including Dr. Mimi Silbert, the founder of the Delancey Street Institute who has changed the lives of 18,000 hardened criminals; David Levin, cofounder of KIPP, the Knowledge is Power Program that has helped 20,000 at-risk youth graduate high school; and The Carter Center, which eradicated guinea worm disease.

"Oklahoma State University Center for Health Sciences is a bright example of an organization changing lives for the better," said Joseph Grenny, cofounder of Crucial Learning. "We are thrilled to recognize Oklahoma State and their efforts to positively influence their students, residents and the patients they serve."

Do you have good news to share?

We would love to include it in our next edition of *Okahoma D.O.!* Contact Jacob Young at 405-528-4848 or jacob@okosteo.org to submit your news today.

Oklahoma D.O. PAGE 29

Calendar of Events

April 4, 2022

Osteopathic Medicine Day at the Capitol Legislative Reception (5:30 pm) Oklahoma City, OK

April 5, 2022

Bureau on Membership (7 pm) *Held via Zoom*

April 6, 2022

Bureau on Legislation (6 pm Dinner / 7 pm Meeting) Oklahoma City, OK

April 7, 2022

OOA Bureaus & Board of Trustees Meetings OSU-COM Advisory Council Meeting Oklahoma City, OK

April 23 - 27, 2022

DO Day at the US Capitol Washington, DC

April 28 - May 1, 2022

122nd Annual Convention "What's Next?" Sheraton Oklahoma City Downtown Hotel Oklahoma City, OK

May 2, 2022

OOA Office Closed

May 31, 2022

Bureau on Membership (7 pm) Held via Zoom

June 2, 2022

OOA Bureaus & Board of Trustees Meetings OOA House of Delegates Meeting OSU-COM Advisory Council Meeting OEFOM Board of Trustees Meeting Oklahoma City, OK

Please join us at the
Oklahoma Osteopathic Association's

Legislative Reception

Monday, April 4, 2022

5:30 - 7 p.m.

4848 N. Lincoln Blvd.

Oklahoma City, OK 73105

At this come-and-go reception, you will have the ortunity to speak with legislators, give your feedba

opportunity to speak with legislators, give your feedback on current legislation, and share your appreciation for their service to our great state.

If you are available to attend, please RSVP to maegan@okosteo.org by March 30th.



GET INVOLVED WITH THE OOA BY JOINING A BUREAU!

The Oklahoma Osteopathic Association has many ways for members to get involved and help guide the future of the association. One of the best ways you can make a difference is by participating in one of our bureaus.

If you are interested in joining one or more of these bureaus, check the boxes that apply and mail this form back to us.

Name:	Cell Phone:
Email:	
C	reps members updated on the latest legislative news that will impact ipants also help guide the OOA's stance on legislative issues.
•	ians: This bureau is open to residents and physicians who have been in ocus on how the OOA can better serve new physicians at the beginning
☐ Member Services: This bureau is open benefits to our membership.	n to any active member of the OOA and focuses on bringing new
· ·	his bureau primarily focuses on organizing the annual Research Poster s students and residents with an opportunity to showcase their research
☐ Bureau on Continuing Medical Educato help determine the program chair a	ation: This bureau focuses on the Winter and Summer CME Seminars and overall purpose of each seminar.

Please mail completed forms to:

4848 N. Lincoln Blvd., Oklahoma City, OK 73105





Tom E. Denton, DO
Bradley J. Reddick, DO
Bret S. Langerman, DO
J. David Ogle, JD
Cary L. Lacefield, DO
OOA - South Central District



David F. Hitzeman, DO in Memory of W. W. Stoever, DO
Terry L. Nickels, DO in Memory of W. W. Stoever, DO
Terry L. Nickels, DO in Memory of Deborah J. Bruce, DO
Terry L. Nickels, DO in Memory of Joel W. Corn, DO
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Matthew R. Warren, DO

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